



Please join us for a special screening of

# RESILIENCE

## THE BIOLOGY OF STRESS & THE SCIENCE OF HOPE

Resilience, a new documentary by award winning filmmaker **James Redford** details how toxic stress triggers hormones that wreak havoc on the brains and bodies of children, putting them at greater risk for disease, homelessness, prison time and early death. The film, which debuted at the Sundance Film Festival this January, chronicles the birth of a new movement among pediatricians, therapists, educators and communities, who are using cutting-edge brain science to disrupt cycles of violence, addiction and disease. After the screening, join us for a follow-up discussion.

**NOVEMBER 1, 2017**

**SCREENING FOLLOWED BY DISCUSSION: 3:00 PM - 5:00 PM**

**LOCATION: SHELTON HIGH SCHOOL**

**3737 N SHELTON SPRING RD, SHELTON 98584**

**RSVP REQUIRED TO: [SHELLY@FAMILYESS.ORG](mailto:SHELLY@FAMILYESS.ORG)**

