

CREATIVE COACHING FOR GREATER POTENTIAL

الكويتشينج الإبداعي لتحقيق الإمكانيات

Dr. Heba Alghareeb





Sir John Whitmore

(16 October 1937 – 28 April 2017)

The Father of Performance Coaching

**“ Coaching Is Unlocking people’s
POTENTIAL, to maximize their
own Performance. ”**





Believe

In human POTENTIAL for GREATNESS



What Is Coaching ?

ICF defines Coaching as :

“ Partnering with clients in a thought-provoking and creative process that inspires them to maximize their personal and professional POTENTIAL.”



The relationship between Creative Coaching And reach greater POTENTIAL

Key Words from ICF definition for Coaching



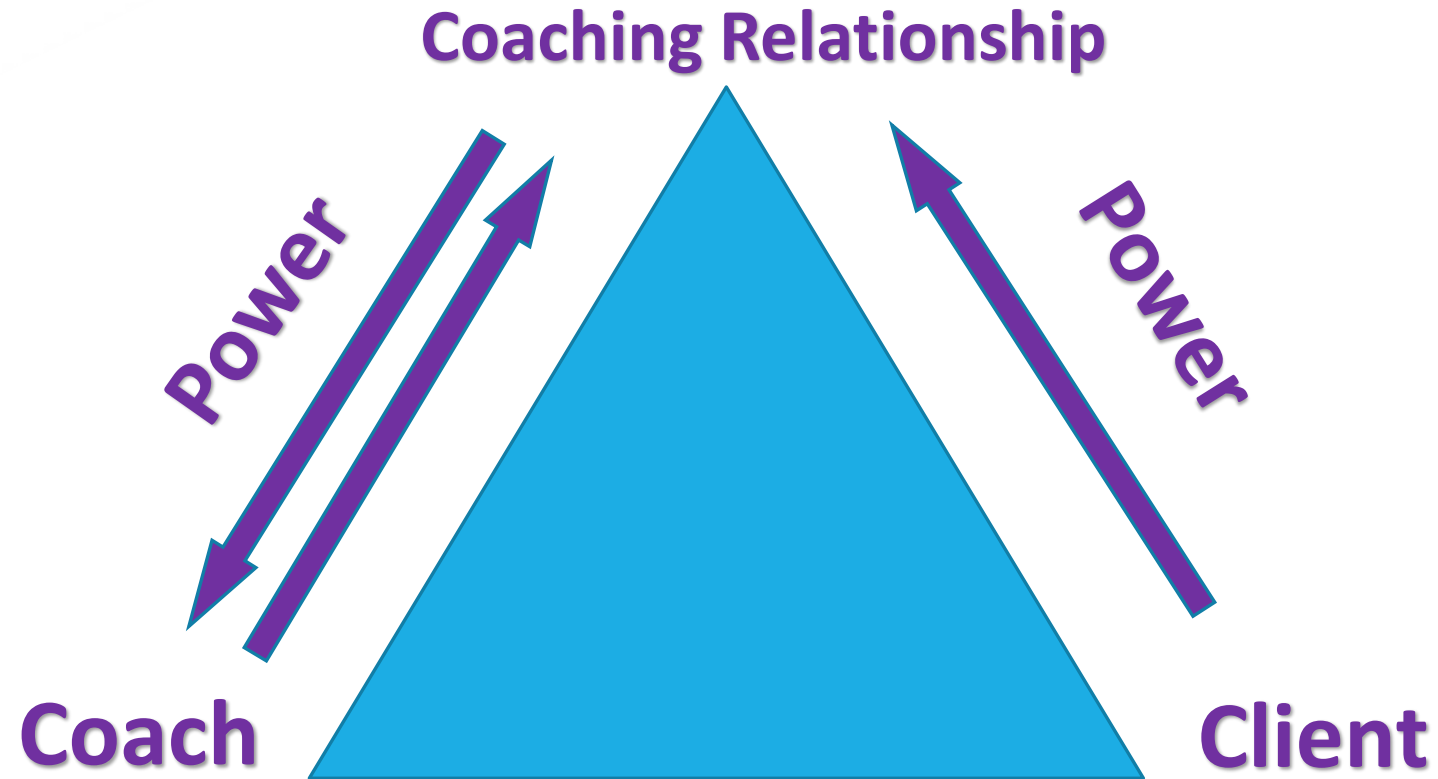
**The relationship between Creative Coaching
And reach greater potential**
Key Words from ICF definition for Coaching



Partnering with clients



Partnering with clients



The Coaching power Triangle

By: Co-active Coaching

The relationship between Creative Coaching And reach greater potential ?

Key Words from ICF definition for Coaching



...in a thought-provoking and creative process...

The relationship between Creative Coaching And reach greater POTENTIAL

Key Words from ICF definition for Coaching



**...in a thought-provoking
and creative process...**

Uniqueness

Client Agenda

Creativity
Depend on situation

**The relationship between Creative Coaching
And reach greater POTENTIAL**
Key Words from ICF definition for Coaching



... that inspires them ...

The relationship between Creative Coaching And reach greater POTENTIAL

Key Words from ICF definition for Coaching



... that inspires them ...



Objective
No judgment



Beyond
limitation



Explore
within

The relationship between Creative Coaching And reach greater potential ?

Key Words from ICF definition for Coaching



**... to maximize their
personal and professional
POTENTIAL ...**

The relationship between Creative Coaching And reach greater potential

Key Words from ICF definition for Coaching



... to maximize their personal and professional **POTENTIAL** ...



**It is Already
There within**



Awareness



Honor it

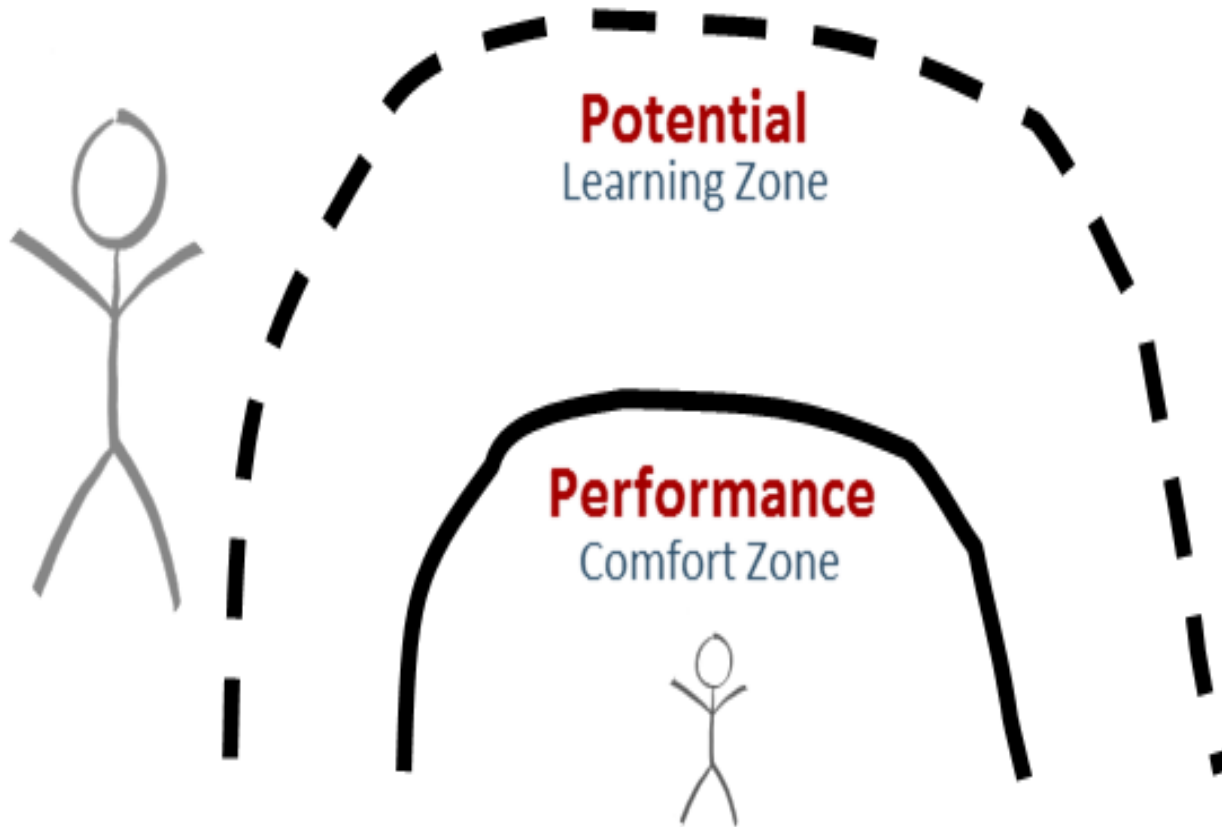


**Balance
Action & Being**

Core Coaching Characteristics



The Purpose of Coaching



Coaching for Performance—Level 1
© 2017 Performance Consultants International

**“ Think Of people in
terms of their
POTENTIAL, not their
Performance”**

Sir John Whitmore



Dr. Heba Alghareeb
Harmony International Coaching Co.
Heba@Harmony4coaching.com
+965 50882055