**Sunday 23rd June 2019** at 11am

 All 10k entrants must be 16 years of age or over

Unfortunately due to the off road sections the route is unsuitable for wheelchair athletes.

Parental or guardian permission must be given to all runners under 18

Entry fee: Attached £11, unattached £13

Entries on the day accepted up to 10am (£2extra)

For safety reasons UK Athletics strongly advise you should not use iPod’s etc

Closing date for postal entries is 20th June 2019

……………………………………………………………………………….........ENTER ON LINE AT BookitZone.com – Preferred Method

Postal entries to Staveley Stampede, 7 Spellow Crescent, Staveley, North Yorkshire, HG5 9LJ

Cheques payable to Staveley and Copgrove Village Hall

Surname……………………………………….. First name………………………………………..

Address……………………………………………………………………………………………….

Post Code…………………Email………………………. Phone No……………………………...

Date of Birth…………………………….Age on Race Day………………………………………

Club (if applicable)…………………………………UKA Number……………………………

Declaration – Please enter me for the race as indicated above. I agree that the race organizers will in no way be held responsible for any injury or damage caused to me during the course of the race, and that I am fit and healthy to run.

Signature (by parent or guardian if under 18) ………………………………………………..

Children’s Fun Run\*\*\* Free Entry on the Village Green @ 11.05am

 Email staveleystampede@gmil.com with Full Name, gender and School Year Name: