



Introducing Rev. Lyn Cox

UCH is pleased to welcome Rev. Lyn Cox as our Interim Minister for 2017-18. Lyn has just completed a two-year Interim ministry at the UU Congregation of York and will be with us through summer 2018.

Lyn is a native of Washington, D.C., and has a BA from the University of Maryland; an MDiv from Starr King School for the Ministry; and an MS in Pastoral Counseling from Loyola University. She began practicing earth-centered spirituality as an undergraduate and from there made her way to Unitarian Universalism.

At Starr King, she served a term as Student Body President and a term on the Student Affairs Committee. Part of her financial aid involved work-study with the Saint Lawrence Project, researching primary sources in the history of Universalism.

As a minister, Lyn has served in congregations ranging in size from 30 to 500 members. Her ministry also included two years of full-time service to our faith movement, one as the Joseph Priestly District (JPD) Director for Young Adult and Campus Ministry, and one as a Program Consultant co-employed by the UUA and the JPD.

Lyn says her sermons and homilies range in length, draw from a variety of the Sources of our UU Living Tradition, and balance the community's needs for comfort and challenge. Her overall goals with preaching include helping the community to remember that we are part of something larger than ourselves and inspiring and equipping people to live UU values in the world. UCH members can hear or read various sermons on her [website](#).

On a personal level, Lyn lives in Baltimore with her two partners and the trio's six-year-old twins. She reports that they are an interfaith household, with an emphasis on Judaism in the children's religious upbringing.



Rev. Lyn and her family

Worship Services

Sundays at 9:30 a.m. Market Street, 11:30 a.m. Clover Lane

Our summer worship theme is *Someone Who Has Inspired Me*, with all services led by members of the congregation. This month we welcome the following lay people to our pulpit:

July 2	Stephanie Kew
July 9	Casey Keene
July 16	Cordell Affeldt
July 23	Jeff Sigel
July 30	Kendra Trufahnestock

Please make it a point to attend!



July Share the Plate: Gather the Spirit

Each month, we share half of our Sunday plate with a local non-profit organization. This month's recipient is *Gather the Spirit*, which operates the Common Ground Café and the Common Ground Community Center at our Market Street campus.

Please note: Gather the Spirit will start serving one breakfast per month, beginning this month. Common Ground Café now takes place on the last Saturday. Please contact [Clay Lambert](#) or [John Abbot](#) to volunteer. The breakfast this month is July 29.



Message from the President

By Laura Shemick, President



I am exceedingly grateful to belong to a community where people are kind to one another, where we reach out to help those in need, where we offer hugs when words are simply not enough. In my heart I am perhaps more a Universalist than a Unitarian, insofar as original Universalist beliefs held that no person is born a sinner, condemned to hell, and that every person comes into

this world free of hatred, prejudice, and fear. No one is born a bigot.

None of us is infallible. No one always says the exact right thing on the fly: indeed, I often say things that cause me, when I reflect upon them, to wince.

One thing that has never caused me to wince is my statement that I am a member of this congregation, and this denomination. I am very proud of our values, as embodied in our Purposes and Principles. In my opinion, the Principles are the epitome of American values, when America is at its collective best.

The UUA Seven Principles were adopted in 1985, revising the Six Principles that dated to the 1961 merger of the American Unitarian Association and the Universalist Church of America. Today there is a movement to add an Eighth Principle:

We, the member congregations of the Unitarian Universalist Association, covenant to affirm and promote: journeying toward spiritual wholeness by working to build a diverse multicultural Beloved Community by our actions that accountably dismantle racism and other oppressions in ourselves and our institutions.

Our denomination's Commission on Appraisal's 2017 publication, *Class Action: The Struggle with Class in Unitarian Universalism*, touches on this proposed Eighth Principle by pointing out how many – if not most – members of UU congregations assume that fellow congregants are comfortably settled in the middle class of America's socio-economic spectrum. We assume members have cars. We assume they itemize deductions on their income tax. We assume the only government benefits they use are Medicare, Social Security retirement, and the mortgage interest tax deduction. We assume they can give cash gifts to support the work of the church.

We also assume when we are stopped by police for a malfunctioning brake-light, we will not end up spread face-down across the hood of our car and handcuffed. But that is a topic for another column, for another day.

Our current Principles address both matters of the individual spirit and matters of the world, while this proposed Principle looks more at our own internal affairs. Is our governance process, consciously or unconsciously, based on certain assumptions? Are our volunteer programs, consciously or unconsciously, designed for the convenience, abilities and needs of those inhabiting the middle-class? Does our annual stewardship drive, which focuses solely on cash needed to fund our congregation's programs and services, make UCH appear exclusionary to people with little or no disposable income?

Hugs are free, time is precious. Who among us has not had to make a choice between attending a child's birthday party or fulfilling a less interesting obligation? What should we do when our boss requires that we work overtime hours on a day when we have promised to set up for a church celebration, be an usher, or participate as a lay liturgist?

We do what we can, when we can do it. We are kind to one another and step up when needed. We devote as much of our time to our community as we can, in good conscience, and we forgive, freely and easily, when others who would like to do so cannot. We look into each other's shoes, even if we cannot walk a mile in them, to see how dedicated and loving we are, each and every one. We appreciate one another, and we are kind.

Thanks, once again, to all those who make things work at UCH: Bart Carpenter, our tireless and talented newsletter editor; Kel Kyle, Tavia Flanagan, Alicia O'Rorey, Sara Palmer, Amy Firestine, Ann Hossler, and Hannah Belser, our dedicated and derring-do staff members; our Pastoral Care Associates, our Worship Team, our RE and Finance Committee members, all our ushers, all our lay-led ministries, and Mike McCullough, Leta Beam, and the rotating members of the Coffee Crew. Thanks to those who made Rev. Mike's farewell lunch a great celebration! I have left many people off this list, since we have about a hundred things going on at church at any given time, so please don't be offended if you are not listed; you are known and appreciated.

And I also thank again Rev. Mike Walker, who is even now speeding down interstate highways to his new pulpit in California, for his calm candor and perennial patience with this creative, compassionate community. Allow me to thank, in advance, our new interim minister, the Rev. Lyn Cox, for all the good work I know she will do for our beloved UCH.

In your service, I remain

Yours in service,

Laura Shemick, Board President

Roll With Panache...

As we go to press, most "Panache" events have sold out. The following events have openings.

- ☺ **Brunch and Brain Games** (12:00 p.m. Saturday, 8/26)
Feed body and mind at this midday gathering. A meal of quiche, homemade bread, and salad will give you the brain energy to compete at Scrabble or team crossword challenges. Hosts: Laura Shemick and Rima Cameron
- ☺ **Just the Funny Parts** (7:00 p.m. Saturday, 09/02)
Saturday Night Live: some parts are so funny, and some make you wonder why you just didn't go to bed. Join Debbie Reihart and Marjy Hartman for an evening of SNL, culled of dead wood. Movie snacks and interesting cocktails will enhance your viewing pleasure. Hosts: Debbie Reihart and Marjy Hartman
- ☺ **Walk in the Woods A CULINARY REWARD** 10:00 a.m. Saturday 09/09
We'll meet at 10 am for coffee at the home of Dorothy Brown. After we bond, we'll carpool to a pleasant, not too demanding section of the Appalachian Trail. We'll hike about 2 hours on a slight incline running along a stream in deep woods. You may need ankle support because of rocks and roots. We'll return to Dorothy's house for a picnic lunch--poached salmon and Caesar salad, and maybe a celebratory glass of wine. Host: Dorothy Brown
- ☺ **Whet Your Whiskey** (6:30 p.m. Saturday, 9/30)
Some whiskeys have as much complexity and depth as a good wine, and some really are fire-water. Explore the field of Irish Whiskeys guided by Guy Danelly and James Henninger-Voss, with the guidance of a whiskey expert. Taste a variety of Irish Whiskeys, and experience paired foods along with them. Sit down for dinner and discussion afterwards. Hosts: Guy Danelly and James Henninger-Voss

Please go to the [Sign-up Genius page](#) and secure your place! Then you can mail a check to the Church (Attn: Ed Sykes) or put it in the offering plate; enter "Panache" on the memo line.

Your participation will be warmly appreciated!

– Submitted by Mary Henninger-Voss

Lay Pastoral Care Associates Report

We say good-bye and extend many, many thanks to Dennis Hursh, as he moves off the Pastoral Care Associates and onto the Board of Trustees, and hello/welcome back to Nan Cavanaugh as she completes her Board service and rejoins the team. Other associates are Jim Cavanaugh, Marj Forster (out of town in July and August), Ray Harris, Barbara Van Horn, Kathy Stewart, and Jessica Chuckalovcak.

As per Rev. Mike's recent note, "The Lay Pastoral Care Associates will continue to be led by [Jim Cavanaugh](#); if there is a serious pastoral matter that arises prior to Rev. Lyn's arrival, I can be reached by phone."



Who should contact Lay Pastoral Care Associates?

- ☺ People who are hospitalized
- ☺ People who are grieving a loss
- ☺ People who are separated or divorcing
- ☺ People who need long term care
- ☺ People who are terminally ill
- ☺ People experiencing job loss
- ☺ People experiencing financial struggle
- ☺ People in abusive situations
- ☺ People adjusting to difficult life changes
- ☺ People with a family member in prison
- ☺ Family members of all the above

–Submitted by Jim Cavanaugh

MakerSpace

To allow [MakerSpace](#) to happen this summer, we need Adult Guides to accompany our Makers on their journeys. No lesson plans, no prepping materials - just sign up, read the MakerSpace Guide I'll send, show up at 11:15am, and have a blast!

Please help out any three Sundays this Summer. Remember - the more Guides who sign up, the more Spaces we can offer each Sunday. Use the link to our MakerSpace Adult Guide [Sign-Up Page](#) or you can email [Sara Palmer](#) or call/text her at 717-579-2026.

— Submitted by Sara Palmer, Director of Religious Exploration

Youth Group Service Trip

UCH Youth Group experienced Shenandoah National Park June 23-25, including a service day on June 23. On the first day, Friday, the group drove to the park and had a ranger-led program that included peregrine falcons, a salamander, the Appalachian Trail, and a vernal pool. On Saturday, the day of service, participants cut out an invasive plant called oriental bittersweet for several hours and learned about hiking safety and “leave no trace” practices and ethics. On Sunday, everyone took a short hike to a beautiful waterfall called Dark Hollow Falls.



—Submitted by David Platt

Register for Fall Covenant Groups

“Small Group Ministry” has now become Covenant Groups, and we are encouraging all members and friends to sign up so we can schedule an appropriate number of groups. Please use the [internet link](#) to sign up; email the Covenant Group Ministry Team at Covenant@harrisburguu.org, or call Joyce Stoltzfus at 7170519-9322. You can also sign up children for RE classes at this same link, if desired.

The new Covenant Groups will begin meeting in September and continue on a monthly basis through May 2018. This past year, we had four groups that met monthly. Please check all the times that you have available so we can organize groups that suit the most people for this fall. **Deadline for sign-up is August 10.**

Covenant Groups are groups of 8-10 adults who make a 9-month commitment to meet monthly for a 2-hour session. Led by co-facilitators, Covenant Groups provide:

- 🌟 a place to belong
- 🌟 a place for spiritual exploration where each person’s journey is honored
- 🌟 a sacred space where the stories of our lives are heard
- 🌟 a safe place, strengthening the fabric of our beloved community
- 🌟 a place to listen better and care more

To facilitate group process, we encourage couples to sign up for separate groups. Any questions, please contact the Covenant Group Ministry Team at Covenant@harrisburguu.org.

—Submitted by Joyce Stoltzfus

Central Pennsylvania Cluster: Racial Justice Gathering

Sponsored by the Central East Region, UUA

New Date: July 22, 2017 9:30 am – 4:00 pm

Facilitator: Paula Cole Jones

Location: UCH, 1280 Clover Lane, Harrisburg, PA 17113

Registration: \$20 (includes lunch); scholarships available

We invite you to engage with UUs from the Central Pennsylvania Cluster as we explore UU multicultural ministries. We are being called to address White Supremacy and diversity in our movement. Together we will share the stories and photos from our own congregations' racial justice journeys and begin to strategize around skills and actions for growing our multicultural ministries and partnerships. We encourage you to make sure your congregation is represented for this event to help further our racial justice work in the Cluster.

Objectives:

- 🕒 Build on work that has recently been done in congregations and in the UUA relating to the Black Lives Matter Movement and racial justice.
- 🕒 Engage participants in documenting their recent congregational racial justice history regarding how they have related to and engaged in racial justice and the recent Black Lives Matter Movement.
- 🕒 Provide tools and concepts for understanding the complexity of UU institutions and the range of individual reactions to racial justice.
- 🕒 Increase and deepen the theological dialogue on how covenanting and accountability shapes the racial and social justice history of UU churches.
- 🕒 Engage participants in understanding multicultural competencies and to elicit their knowledge about how to better equip UU congregations to develop their skills.
- 🕒 Plant the seeds for organizing congregation-based racial dialogue groups (ADORE).

Agenda

- 9:30 Meet and Greet
- 10:00 Chalice Lighting and Centering
 - 🕒 Welcome
 - 🕒 Introductions
- 10:20 Where Do We Stand on Racial Justice & Inclusion?
- 10:50 History in the Making
 - 🕒 Recap of Recent Events
 - 🕒 Proposed 8th Principle
 - 🕒 Congregational Stories
- 12:00 Lunch
- 12:45 Music
- 1:00 Our Covenantal Faith
- 2:00 Moving Forward Together: Assessing Our Multicultural Competencies
- 2:20 Small Group Discussions: How Do We Move Congregations Forward?
- 2:50 Putting It All Together: Group Dialogue about the Day's Topics
- 3:45 Closing and Take Aways

About the Facilitator:



Paula Cole Jones is a life-long member of All Souls Church, Unitarian, in Washington, DC, and serves as the Racial & Social Justice Director for the Joseph Priestley District of the Unitarian Universalist Association (UUA). She also works as a management consultant and has over 20 years of experience in designing and facilitating workshops and dialogues for leaders and organizations. For the past decade, she has worked with ministers, congregations, boards, committees, districts and the staff of the UUA as an anti-racism and anti-oppression consultant. She is the founder of A Dialogue on Race & Ethnicity (ADORE); a former president of Diverse and Revolutionary Unitarian Universalist Multicultural Ministries (DRUUMM); and the editor of *Encounters: Poems about Race, Ethnicity and Identity* (Skinner Press: 2010).

– Submitted by Margaret Carrow

Grounds Committee Needs Two Hours of YoUUr time!

The Clover Lane campus covers several acres in front and back of the church, including 17 individual garden areas ranging in size from a few flower pots to 1,400 square feet. The Market Street campus contains two large garden spaces, each about 200 square feet. The lay-led Grounds Committee is 100% responsible for these 19 spaces, and we work with an all-volunteer task force of permanent and ad hoc UCH members. This could be yoUU!

We are asking yoUU to volunteer 2 hours of time this summer to "attack" one of our spaces. One-time commitment! We anticipate pairing up volunteers and deploying a "2x2" (two people, two hours) offensive strategy. Four person-hours of labor makes a big difference in the beauty of our church. We will work with you to define a doable garden space. We will also pair you up with another gardener, unless you prefer to work alone. And Ron Skrabut will offer assistance and orientation in identifying weeds vs garden plants. Please contact [Ron](#) (236-1876) or [Bart Carpenter](#) to sign up.

A special shout-out and thank you to Joyce Stoltzfus and Ralph Detrick for their work clearing the bed at the front entrance of Clover Lane! Please notice the difference their efforts have made.

—Submitted by Ron Skrabut

Journey to Justice

The First Tuesday Journey to Justice series will resume on Tuesday, September 5. The series is sponsored by UUPLAN and covers justice issues such as environment, economic justice, racial justice, immigration, and fair districts. Suggestions for future events are welcome. Contact [Anita Mentzer](#) or [Rachel Mark](#).

Membership News

Dan and Sharon Vaughn

Dan and Sharon Vaughn were married in 1978 and have one adult daughter, Natalie, living at home. After many decades of service, Dan retired from the Christian ministry, leaving two small churches north of Myerstown. The couple moved to Palmyra so that Sharon could be closer to her job at The Hershey Company; Dan is now a part-time actor at Hershey Chocolate World. After two years of not attending any church or faith community, Dan and Sharon began to feel the need to be a part of a community that shared their views on openness, the freedom to explore spiritually, and was more inclined toward social justice concerns.

Dan reports: "The Internet led us to UUCH on Oct. 7, 2016, and we have felt at home here practically since the beginning. We are excited about our opportunities to serve our world through this wonderful congregation and the rich heritage of the UU. Thank you so much for being so welcoming and accepting." Their Connection Coach is Guy Dannelly.



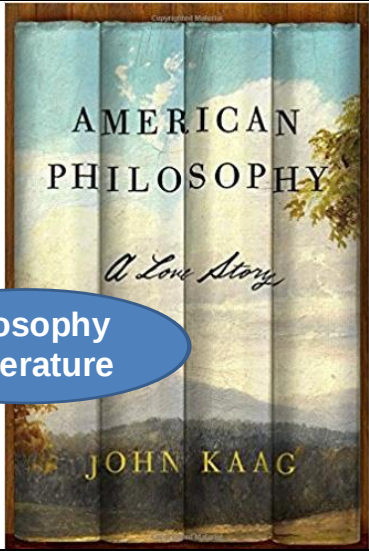
Simon Hoover (2001-2017)

Simon Hoover, son of UCH member Donna Hoover, died June 6, 2017. He was 16. Services were held on June 12 at the Trefz & Bowser Funeral Home, Hummelstown, the Rev. Leon Moll officiating.

Born April 1, 2001, Simon was the son of Donna Foster Hoover. He was a student at Hershey High School, where he was a member of the wrestling team and chess club. An avid athlete, Simon enjoyed trying new sports and was active in wrestling, football, soccer and lacrosse over the years. He had a great love for music, especially playing the piano, and was intrigued by plants. What Simon loved most in life was spending time with his friends.

In addition to his mother, Simon is survived by his brother, Justin Hoover of Harrisburg. In lieu of flowers, the family requests memorial contributions be made to the LGBT Center of Central PA, 1306 North 3rd Street, Harrisburg, PA 17102.



Date	Time	Group	Location
Mon 3	6:30	Amrit Yoga (Weekly)	Clover Lane
Amrit yoga is a form of hatha yoga developed by Yogi Amrit Desai. The entire process moves and stretches every part of your body for an energetic workout and includes a calming, meditative relaxation at the end. Repeats every Monday. Contact Ed Sykes. No experience necessary!			Amrit Yoga
Wed 5	6:00	Queen Spirit (Monthly)	Clover Lane
Queen Spirit is a co-created women's spirituality circle that meets on the first Wednesday of the month. This month, join QueenSpirit for Celestial Solstices! This month, QueenSpirit will be setting the mood for the Winter Solstice Celebration by making homemade ice cream. As we make the ice cream we will be brainstorming/creating a wonderful service for the Winter Solstice, which we will present Dec 16. Bring a favorite dish, dessert or beverage to share. Bring your place setting and serving spoons and plates. Potluck dinner at 6:00 p.m. Circle from 7:00 p.m.to 8:00 p.m. Contact Randa Todd for further information.			QueenSpirit "Winter" Solstice
Sun 9	7:00	Philosophy and Literature Group (Monthly)	Clover Lane
The Philosophy & Literature Group normally meets on the second Sunday of each month, usually at Clover Lane Our book this month is <i>American Philosophy: A Love Story</i>, by John Kaag. From the <i>New York Times Book Review</i>: Kaag's accounts are accurate, engaging and scrupulous. They show profound learning. They're also genuinely entertaining, recapturing lost details of thinkers' personal lives without sensationalism. The further you go on in the book, and the more of Kaag's skillful miniatures you take in, the deeper it becomes. You realize he is also making an unconventional argument for who was right, and who was wrong, in the classical tradition of American philosophy from about 1830 to 1930, in Transcendentalism and Pragmatism and Idealism and beyond. It is an argument strikingly suited to our time . . . American Philosophy succeeds, not as a textbook or survey, but a spirited lover's quarrel with the individualism and solipsism in our national thought. All are welcome. Please contact Don Brown for information.			 Philosophy & Literature
Tue 11	6:30	Women's Night Out (Monthly)	Off-site
Women's Night Out is a lay-led ministry that focuses on the friendship and support of its members and giving back to our local community. We normally meet on the second Tuesday of the month at a local restaurant, alternating locations between the East and West Shores. Each month at dinner, participants take a collection. Proceeds are divided between the Ecumenical Food Pantry and UCH. Our group meets Tuesday, July 11, at 6:30 p.m. at Isaac's Restaurant, Lemoyne Plaza. Please RSVP to Ann Sitrin (717-766-4767 or 717-439-6090) by the Sunday beforehand.			Women's Night Out
Tue 11	7:00	Mindfulness Meditation Group (Weekly)	Clover Lane
Mindfulness is an acquired skill, practiced while meditating but vital in our everyday lives. Mindfulness is helpful in reducing stress, managing pain, focusing attention, and overcoming habitual negative behavior. Mindfulness can also point the way to spiritual practice, calming the mind and developing awareness and insight. The ability to be mindful is strengthened through consistent practice. Mindfulness Meditation Group provides a space for us to practice together in support of one another. Contact Chuck Daley. Repeats every Tuesday.			Mindfulness Meditation

Date	Time	Group	Location
Tue 18	10:00	CroneSpirit (Monthly)	Clover Lane
The lay-led ministry CroneSpirit meets from 10 a.m. - noon in Fuller Chapel at the Clover Lane campus. Our topic this month is " Health Self Help 101." We are: ☺ A discussion group for women over 65, both UCH members and non-members ☺ Honoring a crone tradition of conscious female aging and self-power ☺ For personal enrichment, such as through intellect, knowledge, comfort or companionship, anticipating a maximum of 10 women ☺ Sharing, listening and learning, without gossip to or about each other We look forward to seeing you. For information, please contact Joan Hellmann.			
Wed 19	6:30	Clover Grove (Monthly)	Clover Lane
Clover Grove is a group of earth-centered and pagan spiritualists that meets on the third Wednesday. July's Clover Grove is all about Community. We will be hosting a Pagan Community Pot Luck and socialize with as many other Pagans. Our theme will be Hawaiian, as it was in the past, so wear your favorite grass skirts and leis!! We meet at 6:30 p.m. in the Common Room at Clover Lane. It's a covered dish affair! All are welcome. Please cContact Wayne Minich for further information.			
Tue 25	6:30	Auction Committee	Clover Lane
Time to put your thinking cap on! Watch for upcoming details on how you can join in to donating your time, talent or service for this year's annual fundraising auction. The Auction Planning Committee meets the 4th Tuesday of each month in the Priestley Room at Clover Lane. Come brainstorm ideas, themes and be a part of the fun, food, and fabulous Auction Committee. Your talent and help planning the 2017 All-Church Auction is always welcome. Watch for upcoming details on this year's theme: HATS OFF TO YOUU! A CELEBRATION OF DIVERSITY. Please contact Patti Hazell for additional information.			
Sun 23	10:45	UUCF Communion Service	Market
All UU Christians are invited to join us at the UU Christian Communion service on July 23d at 10:45 a.m. in the sanctuary at Market Street. The Rev. Richard Gordon will preside, and volunteers Chris Dutton and Marjy Hartman will organize the needed elements, music, and publicity, with mentoring by Yvonne Hursh who cannot be with us. If you'd like to pitch in, please contact Chris or Marjy.			
Sat 29	9:00	Common Ground Café (Monthly)	Market
Common Ground Café now occurs on the last Saturday of the month at our Market Street campus. The café opens at 9:00 a.m., and you can be a part of the action! No experience necessary, and drop-ins are always welcome. Please contact Clay Lambert or John Abbot to volunteer.			



A CALL TO ACTION – Taking A Stand For Immigrants

Mark your calendars for a unique multigenerational social action event on Sunday, Sept. 17, from 3:30-4:30. The UCH lay-led ministry, We March. We Act., is hosting the monthly interfaith vigil to support the immigrant women and children being held at the Berks Detention Center. We will be praying, chanting, showing signs of support to the families, as well as making a statement that we do not believe this is the way to treat immigrants. In addition, we have reserved a picnic pavilion at Blue Marsh Lake (a five minute drive from the center) so that our community can enjoy food and fellowship before and/or after the vigil. Look for signups to participate in the vigil, carpool, and bring food for the picnic.