

Integrated Security



STRESS RESPONSE **TRAINING (SRT)**



PEAK TACTICAL PTY LTD

www.peaktactical.com

A study by the NYPD shows that trained firers miss 86% of the time during shootings, while 18% of rounds killed or injured innocent bystanders. These statistics are typical of lethal force shootings around the world.

TRADITIONAL TRAINING FAILS

Typically, personnel are never trained to operate under real-life levels of combat stress. For example, during lethal-force events, vision narrows down to a 'tunnel' and firers fail to see threats that are not directly in front of them. Similarly, hands cannot perform complex movements, or maintain unnatural shooting postures taught on the range.



Our five-module **Combat Shooting – SRT** course acknowledges these natural stress reactions, and trains personnel to shoot effectively **regardless of the stress or emotions they are experiencing**. The SRT method develops two integrated strengths:

1. SHOOTING TECHNIQUES THAT SUPPORT, NOT FIGHT, THE BODY'S NORMAL STRESS REACTIONS

Our students learn 'natural' movements that are short and very powerful. We never teach complicated movements because these will fail under stress. Similarly, we teach firers to always shoot and move, to compensate for their tunnel vision and so recognise new threats, or identify innocent civilians in the line of fire.

2. SHOOTING EFFECTIVELY UNDER STRESS

Using original research, we create periods of high stress and use heart monitors and other technology to ensure students experience the same psychological state as a real gun fight. Our training eliminates the errors of traditional 'train-recall-drill' methods that fail under combat stress.

Stress-response training is the only course that verifies how combatants will perform during real-life shootings.

USED BY COUNTER TERRORISM TEAMS

SRT techniques are used by elite units, hostage rescue and VIP protection teams. They are applicable to all handgun, MP5, assault rifles and other weapon training and improve buddy and team-assault/breaching drills. Many real-life shooting incidents confirm the effectiveness of SRT.



Peak is actively training customers in Asia, the Middle East and Australia.

COMPLIANCE The Peak **Combat Shooting – SRT** course has been cleared by the Australian Government for export to approved customers.

For all training, tactical advice or other enquiries
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