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[www.memorialfrankfort.com](http://www.memorialfrankfort.com)

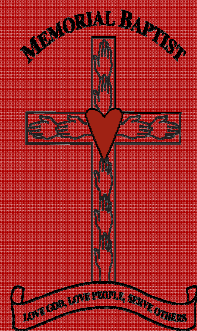
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# The Heartbeat

## Newsletter

*Love God, Love People, Serve Others.*



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# HANGING OF THE GREENS

SUNDAY, NOVEMBER 25  
6 P.M.

*Happy Thanksgiving*

Deacon Family Thanksgiving Dinner  
Sunday, November 18  
6 p.m.





Maybe I'm tired since I just got home from 6:45 a.m. basketball practice, or maybe because it just happens to be the week of our annual student lock-in, but I have thought a lot about rest this week. When you hear the word *rest*, what comes to mind? In a culture where the world wears busyness as a badge of honor, how can we live under God's banner of love? Some of us find it hard to simply breathe, and are struggling to just keep up. Others of us feel too burnt out to even think about rest. We're in survival mode. Exhausted!

And if we're honest, even though the idea of rest is supposed to be refreshing and inviting, our works-based church culture has turned rest into another spiritual checklist that stresses us out. Yes, keeping the Sabbath is one of the Ten Commandments, but God's heart for us to rest isn't designed to be an added millstone of guilt around our necks, to get to His goodness.

God's heart for rest goes deeper than what we can do for Sabbath. True Sabbath is returning to who God created us to be. Accepted and beloved, just as we are. Jesus invites us to rest. But what would that look like?



**Lee Meadows**

Pastor for Youth  
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## HERE ARE SOME THOUGHTS ABOUT REST IN THE BIBLE:

### 1. REST IS EMOTIONAL HONESTY.

"Come to me all who are weary and heavy-laden ... and I will give you rest for your souls." – Matthew 11:28

### 2. REST IS A RETURN TO YOUR TRUE IDENTITY.

### 3. REST IS GOD'S BEAUTY IN NATURE.

"The whole earth is at rest and is quiet; they break forth into shouts of joy." – Isaiah 14:7

### 4. REST IS GIVING YOURSELF GRACE TO RECEIVE ALL THE GOOD, INSTEAD LETTING IN GUILT.

### 5. REST IS SLEEP.

"He enters into peace; they rest in their beds, each one who walked in his upright way." – Isaiah 57:2

I hope you can find time in your busy schedule for you to continue to grow in the way God has called you. Move as God prompts you, inspired by His goodness, rather than fear of guilt. Trust God one day at a time. His guidance comes like manna. No more. No less.  
Just for today.

Running with Him,

## THANKS/MEMORIAL

Our family would like to say "Thank you" to everyone at Memorial Baptist for all that was done to honor our father. He loved his church family and your love for him was shown in everything that was done to help us say "goodbye" to him.

Sincerely, The family of John Hall

Memorial Baptist Church Family

Thank you for hosting the First Baptist Church of Sulphur Springs TX. The group could not say enough good things about your hospitality and the meal. I personally want to tell you how much I appreciate your partnering with tourism and making our Group Travelers feel welcome. I hope you were as happy with the experience as we were.

Many, many thanks and God Bless Yours in hospitality,  
Amanda Cobb

## WELCOME TO THE FAMILY

Eli Michael Wells, son of Zach & Jenna. He weighed 5 lbs, 5 oz. and was 19 inches long. He is the grandson of Brian & Karen Tackett and the nephew of Dylan Tackett.

## CONGRATULATIONS

To Mr. & Mrs. Brent Jordan who were married on Saturday, September 29. Shelby (White) Jordan is a member of MBC and the daughter of David and Marilyn White.

## OTHER EVENTS THIS MONTH

## POINSETTIA ORDERS

We will be taking order for poinsettias to decorate the church for the Hanging of the Greens and during Christmas. The cost will be \$9.50 each. You will find a order form in the Narthex area.

## GYF LUNCHEON & MEETING

Tuesday, November 2

We are going to Claudia Sanders Restaurant in Shelbyville, KY. We will leave at 10:30 A.M. Come join in the fun!

## MISSIONS

## MBC SOUP KITCHEN DAY

We serve lunch on the third Tuesday of the month at 12 NOON. If you would like to volunteer, please contact Kathey Parr at 502-545-0449 or kylerskathey@yahoo.com. We are collecting hats, gloves, scarves and socks for the people at the soup kitchen. Please bring and put in box.

## THANKSGIVING OFFERING

Sunrise Children's Home

Sunrise Children's Services provides care and hope for hurting families and children through Christ-centered ministries. SCS has been at the forefront in the fight to protect Kentucky's children since 1869. Today, Sunrise is a home for children who have been abused and neglected — children whose lives have been scarred by unspeakable physical, sexual, and emotional abuse — and who have been removed from their homes. From the president of our organization down to our direct care staff, our goal every day is to provide a place of refuge, of hope, of love, and of healing to these children whose lives have been devastated. For these children, Sunrise is a place where they can begin to feel safe, a place where they encounter adults who give unconditional love, a place where they can begin to learn that the world can be a good place.

## THANKSGIVING BOXES

We are collecting items like canned green beans, gravy, corn, peas, fruit and cranberry sauce. Instant mashed potatoes, mac & cheese, stuffing mix, & cake mix. You can also make a monetary gift by putting a check in the offering plate marked "Thanksgiving boxes." Items need to be at the church by Sunday, November 18.

## SPECIAL GUEST SPEAKER

Sunday, Nov. 11, we will have Pastor David Lara from St. Vicente, Guatemala as our guest speaker. He is married & has three daughters. Pastor Lara and his church have worked along side our church during our mission trip. Please keep them in your prayers as they travel and prepare to come to the United States.

For the Record

	Sunday Sept. 23	Sunday Sept. 30	Sunday Oct. 7	Sunday Oct. 14	Sunday Oct. 21	Totals
<b>Bible Study</b>	98	71	83	97	91	
<b>Worship Service</b>	114	103	103	101	110	
<b>Contributions given in honor of Graham, Anita and Family.</b>						
<b>Budget Offerings</b>	5,143.00	3,099.00	5,003.02	6,555.00	3,461.00	23,261.02
<b>Lord OT Harvest</b>	995.00	490.00	550.00	2,669.00	1,120.00	5,824.00
<b>Designated Gifts</b>	.52	278.00	899.73	801.54	691.00	2,670.79
<b>Total Gifts</b>	6,138.52	3,867.00	6,452.75	10,025.54	5,272.00	31,755.81

## MEETINGS THIS MONTH

### DEACON MEETING

Sun., Nov. 11 at 12:15 P.M.

### BUSINESS MEETING

Wed., Nov. 14 at 6 P.M.

### OFFICE CLOSING

Thursday, November 22  
& Friday, November 23



# NOVEMBER

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 Alma Anderson	2	3 John Reed
4 <b>Daylight Saving Ends</b> Bible Study, 9:30 A.M. Worship Service, 10:50 A.M. Kidz Praise, 5 P.M.	5	6 <b>ELECTION DAY</b> GYF Trip, 10:30 A.M.	7 Bible Study, 10 A.M. Awana, 6 P.M. Recovering Redemption Study & Prayer Mtg., 6 P.M. Worship Prep, 7:30 P.M.	8	9 David Starkey	10 Taylor Gaines
11 Bible Study, 9:30 A.M. Worship Service, 10:50 A.M. Deacon Mtg, 12:15 P.M. Kidz Praise, 5 P.M.	12	13 KBC Annual Mtg., 8 A.M.—6 P.M.	14 Bible Study, 10 A.M. Awana, 6 P.M. Business Mtg. & Prayer Mtg., 6 P.M. Worship Prep, 7:30 P.M.	15 Scott Quire	16	17
Operation Christmas Child Collection Week November 12-19						
18 Bible Study, 9:30 A.M. Worship Service, 10:50 A.M. <b>NO</b> Kidz Praise Deacon Thanksgiving Meal, 6 P.M.	19	20 Micheal Fraley Soup Kitchen Day, 12 NOON	21 Bible Study, 10 A.M. Awana, 6 P.M. Bible Study & Prayer Mtg., 6 P.M. Worship Prep, 7:30 P.M.	22	23	24
				Thanksgiving-Church Office Closed		
25 Betty Mason Bible Study, 9:30 A.M. Worship Service, 10:50 A.M. Kidz Praise, 5 P.M. Hanging of the Greens, 6 P.M.	26 Victoria Wallace	27 Linda Chilton	28 Bible Study, 10 A.M. Awana, 6 P.M. Bible Study & Prayer Mtg., 6 P.M. Worship Prep, 7:30 P.M.	29	30	

## Sunday Schedule

Children & Youth Bible Study	9:30 - 10:40 A.M.
Adult Bible Study	9:40 - 10:40 A.M.
Sunday Worship	10:50 A.M. - 12 NOON

## Wednesday Schedule

Adult Bible Study	10 A.M.
Adult Prayer & Bible Study	6 - 7:30 P.M.
Awana (age 3 - 8 <sup>th</sup> )	6 - 7:30 P.M.
Worship Preparation	7:30 - 9 P.M.

# SUNDAY WORKERS

We would like to remind everyone that our contract with the cleaning people does not include the cleaning of the Bible Study classrooms or the kitchen/fellowship hall. Contact the church office if you would like to volunteer your time to help around the church. God has gifted each of us with abilities so we can make a contribution to His kingdom. Don't wait to be recruited, but look for opportunities to volunteer. If you would like to volunteer for one of the categories below, please contact the leader for that group.

	<b>November 4</b>	<b>November 11</b>	<b>November 18</b>	<b>November 25</b>
<b>Ushers</b> (Jim Franklin 352-1556)	<b>Bill Wallace</b> David Banks Graham Duvall Bill Evilsizer	<b>Barry Lynch</b> Guy Gilbert Rick Nesselrode Greg Roush	<b>Jim Franklin</b> David Collins Nick Dungan David Starkey David White	<b>Bob Fentress</b> Alan Beghtol Sonny Clark Steve Lanphierd Benny Young
<b>Noah's Ark - Crib-2 Yr.</b> (Paula Collins 226-4450)	Guy & Elsie Gilbert	Trina Wallace	Kay Quire Paula Collins	Krista & Anna Sawyer
<b>The Garden - 3-4 Yr.</b> (Stephanie Starkey 352-7972)	Kathey Parr	Lindsay James	Erin Wheeler	Becky Devore
<b>Narthex Workers</b> (Donna Jones 695-4527)	Mark & Debbie Hatfield	Pam Hershey Donna Jones	Bob & Bonita Fentress	David & Stephanie Starkey
<b>Sunday Van Driver</b> (Jim Franklin 352-1556)	Bill Wallace	Brian & Karen Tackett	David White	Jim Franklin
<b>Lock-up</b>	Ruth Wiley	Ruth Wiley	Ruth Wiley	Ruth Wiley
<b>Worship Prayer Ministry</b>	Ronnie Dunn	John Reed	Donna Jones	Wayne Dunn
<b>Deacon Door Greeter</b> (David Banks 695-9222)	<u><b>Narthex</b></u> Guy Gilbert  <u><b>Hallway</b></u> Ruth Wiley	<u><b>Narthex</b></u>   <u><b>Hallway</b></u> John Wihite	<u><b>Narthex</b></u> David Starkey  <u><b>Hallway</b></u> John Reed	<u><b>Narthex</b></u> John Wilhite  <u><b>Hallway</b></u> Guy Gilbert
<b>Prayer for Pastor</b>	Ruth Wiley	Brian Tackett	Jim Franklin	Guy Gilbert
<b>Wired Worship</b> Dianna Moore (502-319-0059)	Erin Wheeler	Linda Young	Janet Lanphierd	David White



**Memorial Baptist Church**

**130 Holmes Street**

Nonprofit Org.

US Postage

PAID

## ***Future Events***



**1. Find a Shoebox-**  
cardboard or plastic.

**2. GIRL OR BOY?**

**Ages 2-4. 5-9 or 10-14**

**3. Fill with Gifts.**

**4. Pray for the child.**

**Put in a personal  
note or photo.**

**5. Follow the BOX.**  
Donate \$9 online and  
track your shoebox.

**6. Drop off.**

No candy, toothpaste, gum, used or damaged items, war related items, chocolate or good, seeds, fruit roll ups or snacks, drink mixes, liquid or lotions, medications or vitamins, breakable item or aerosol cans.