**Cumbria Youth Alliance Training 2020**

**Are you working/volunteering with young people aged 11 to 19 in Cumbria?**

**Need to understand more about how adverse childhood experiences impact on the lives of young people? If yes this is the course for you**

**Working with ACEs -Understanding Adverse Childhood experiences**

**delivered by** [**www.collegeoflife.co.uk**](http://www.collegeoflife.co.uk)

**(Certificate of attendance only)**

**Wednesday 22nd of April 2020**

**Penrith Methodist Church 10 Wordsworth Street, Penrith CA11 7QY**

**Cumbria Youth Alliance Big Lottery Emotional Resilience Project/Cumbria County Council and with support from the John Gilpin Charitable Trust**

**This course is FOR STAFF/volunteers and others supporting young people so you understand more about adverse childhood experiences and the impact it has upon lives**

**only £20.00 per person for voluntary sector staff and volunteers**

**only £30.00 per person for those working in statutory sector organisations**

**as places are limited - early booking will be essential**

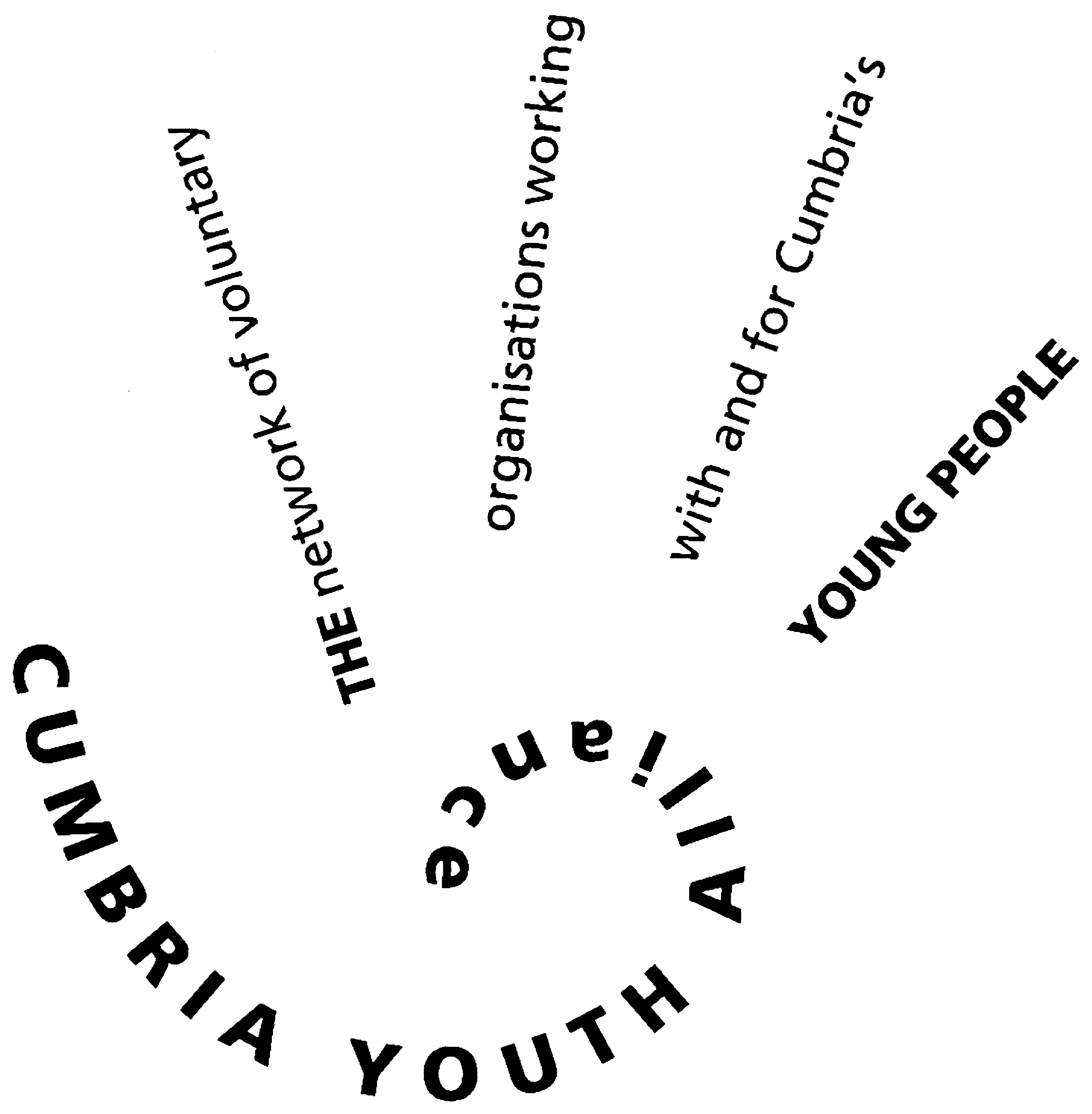
**Understanding Adverse Childhood Experiences**

**Learning Outcomes: By attending the course you will have a greater understanding of how adverse childhood experiences impact upon the potential mental, physical health outcomes and behaviours. At the end the course you will:**

* know what can be done to prevent ACEs
* know who should be screening for ACEs
* know how to build resilience
* understand the basics of Trauma-Informed Practice
* understand the basics of Neuroplasticity

Anybody who is working with or volunteering with young people from statutory or third sector service can attend this course

There will be tea/coffee and biscuits served but participants should bring their own lunch (this helps us keep the cost of the training down and therefore we can offer more courses) There is limited parking at the venue but there are town centre car parks nearby. Complete the form on page 2 and return it by email to [cath@cya.org.uk](mailto:cath@cya.org.uk) or by post to Cumbria Youth Alliance, Town Hall Community Hub, Oxford Street, Workington, CA14 2RS.   
**For enquiries contact Cath: 01900 603131- places are allocated on a first come basis and no bookings accepted until forms are returned to us.**

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**Cumbria Youth Alliance Booking**

**Working with ACEs**

**Understanding Adverse Childhood Experiences**

**Wednesday 22nd of April 2020**

**Penrith Methodist Church CA11 7QY**

**Arrive 8.45am for 9am start finish by 4pm**

**Certificate of attendance from College of Life   
Thanks to support from the John Gilpin Charitable Trust**

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| --- | --- | --- | --- | --- |
| Participant Details | | | | |
| Name |  | | | |
| Organisation |  | | | |
| Contact Address |  | | | |
| Email Address |  | | | |
| Telephone number(s) |  | | | |
| Participant Declaration (indicate with a tick in the appropriate box) | | | | |
|  | | | Yes | No |
| I confirm that I am supporting/working with young people 11-19 in Cumbria | | |  |  |
| I confirm that I am working or volunteering in the third sector in Cumbria and cost is £20.00 per person | | |  |  |
| I confirm that I am an employee of a statutory sector employer in Cumbria and the cost is £30.00 per person | | |  |  |
| **The invoice should be sent to (if different from above and email address if possible):**  Please note that all invoices must be paid at least 7 days prior to training  Failure to the pay the invoice will result in your place being cancelled and reallocated | | | | |
| Invoice address: | | | | |
| I consent to having my data stored by Cumbria Youth Alliance and used to contact me by email | | |  |  |
| I consent to having my data stored by Cumbria Youth Alliance and used to contact me by telephone | | |  |  |
| I consent to having my data stored by Cumbria Youth Alliance and used to contact me by post | | |  |  |
| I consent to having my details shared with funders who have supported this scheme/project | | |  |  |
| I consent to having my details shared with the course trainer | | |  |  |
| I consent to having my photograph taken and used for CYA’s publicity purposes | | |  |  |
| **I confirm I wish to attend the Working with ACEs – Understanding Adverse Childhood Experiences** | | |  |  |
| Do you have any support requirements? If so, please give details | | | | |
|  | | | | |
| Signed: | | Dated: | | |