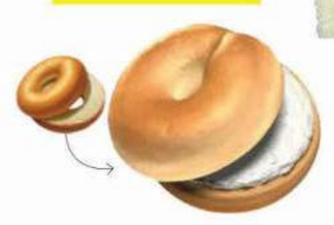






chatter

5 Things We're Talking About!



$2/\mathsf{The}$ bagel emoji gets a schmear

In response to complaints that its planned bagel emoticon (perfectly circular, topping-less) didn't look like the real deal, Apple rebaked it—adding a muchneeded swipe of cream cheese.



4/ Michael B. Jordan wishes Naomi Osaka a happy birthday

The tennis champ's celeb crush tweeted her a shirtless pic for her 21st birthday (after some prompting from Ellen DeGeneres), plus an invite to his Creed 2 premiere.



\mathbf{I}/Fran Drescher wants Cardi B in a reboot of The Nanny

The rapper credited Drescher with inspiring a head-to-toe cheetah look she wore in September. Now the actress hopes to cast her in a revival of the hit '90s sitcom. "Wouldn't she be great as my daughter?" Drescher told PeopleTV.



3/Are You There God? It's Me. Margaret will be a movie

Someone upstairs must've been listening to fans of Judy Blume's 1970 coming-of-age novel. It's set for a bigscreen adaptation from the team behind The Edge of Seventeen.





Camila Mendes

The actress, 24, stars as Veronica on the CW's hit series Riverdale

My worst habit is ...

Biting my lip. When I'm focused or thinking, I chew on the inside of my bottom lip. I did it in high school, and then I stopped and it's come back. I've got to stop.

My hero is...

Rihanna. I just love how fearlessly herself she is.

I have an irrational fear of ...

Bees. I hate bees. The way that I react to them is very irrational: I run. It's not so much the fear of being stung as much as the anxiety they give me that they fly around and you can't escape them.

The song I can't get out of my head is...

Right now it's the one from La La Land [sings] "ba pa pa pa-pa pa-pa pa pa"—"Another Day of Sun." I want to be in a movie musical so bad.

I'm most comfortable when...

I'm at home in my pajamas on the couch. I'm a social butterfly, but I love my time at home alone too. That's how I recharge.

-JULIE JORDAN



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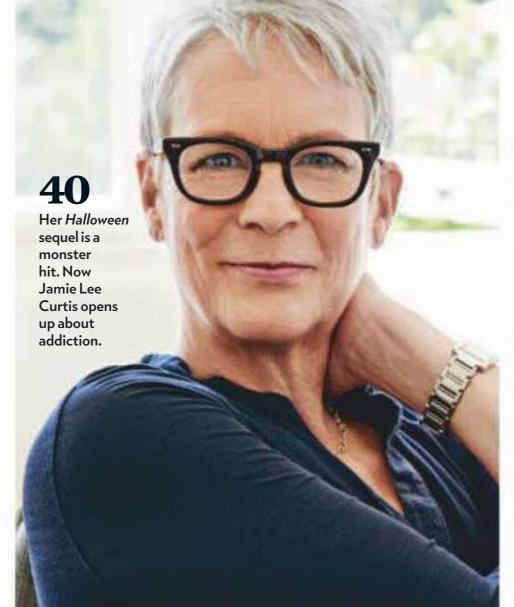
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Former Destiny's Child star Michelle Williams battled depression—and found love.



CLOCKWISE FROM TOP LEFT: AMANDA FRIEDMAN; ANAIS & DAX; VH1; SAMIR HUSSEIN/WIREIMAGE



Meghan Markle

ON THE COVER Photograph by Aman
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will make amazing parents!'

Tammy Stoddard via people.com

For **October 29, 2018**

Royal Baby

Congratulations to the happy couple! I can't wait to see how adorable and cute the baby will be! Prince George, Princess Charlotte and Prince Louis will have a little cousin.

Nadira Persaud via people.com

Love these two. It's nice to see something sweet and kind these days. Diana would be thrilled.

Sherry Ustohal via people.com

Ina and Jeffrey Garten

Thank you for the beautiful love story on Ina and Jeffrey Garten. Their story keeps hope alive for couples who want to embark on a lifelong journey together.

B.R. Reilly via email

Mina Starsiak Hawk

I love Mina. She's an amazing woman and mom. I can't wait for her show Good Bones to come back.

Khristine Snyder via people.com

For **October 22, 2018**

Lady Gaga

I never knew how naturally beautiful Lady Gaga was until Bradley Cooper cast her as Ally. A Star Is Born was incredible; dare I say better than Kristofferson and Streisand? She's a natural-born actress with a voice like no other.

Michelle McHone Frisco, Texas

Gaga's so amazing. Glad to see she's happy.

Kim Hinkel via people.com

Lady Gaga and Bradley Cooper are complete artists. Her acting abilities and Bradley Cooper's talents as a singer are revelations to me. Both the movie and the song should be nominated for an Oscar—the movie is just a work of art in so many areas. Ana Benavidez via people.com

mailbag

Deadly Limo Ride

The limo crash that killed 20 people in upstate New York was so devastating. I can't even imagine losing four daughters or two sons, and then kids losing both parents... it's just unfathomable.

Judith Young Rotterdam, N.Y.

Barbara Bush Wedding

That was so sweet of you, Barbara, to put your grandfather, former President George H. Bush, first on your special wedding day. Bless you and your family. Congratulations and best wishes.

Elaine Tracchia via people.com

Get in Touch

Write

Letters to the Editor, People, 225 Liberty Street, New York, NY, 10281-1008 Email editor@people.com Fax 212-522-0794

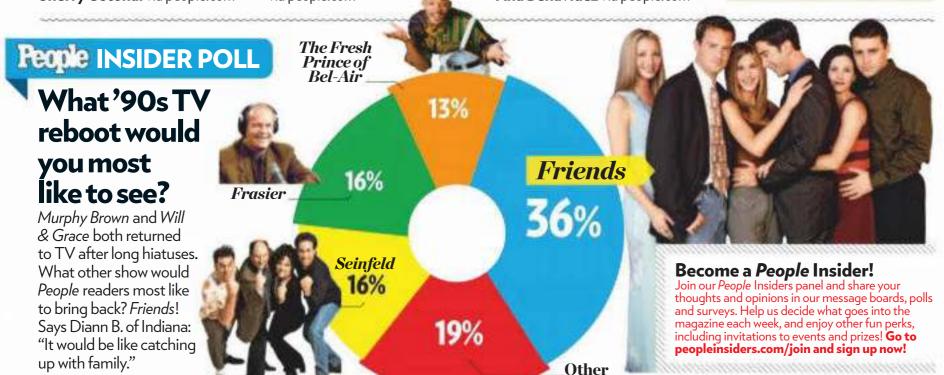
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CAMILLE GRAMMER & DAVID C. MEYER The Big Island, Hawaii, Oct. 20

The Real Housewives of Beverly Hills star, 50, wed attorney Meyer, 56, at a private beach club in a tropical-inspired celebration complete with traditional leis for guests, a drum ceremony and hula dancers. But Grammer's favorite moment came just before she exchanged vows with Meyer. "Walking down the aisle felt like something out of a romantic movie," she says. "The sun was setting, a breeze was blowing and there was a rainbow. It was like, we made it over the rainbow and we found each other. This is our new life."





left) Edwin Arroyave, Teddi Mellencamp, Lisa Rinna, Dorit Kemsley, bridesmaid Kyle Richards and Mauricio Umansky enjoyed a Hawaiian-inspired meal before dancing to music by the band Beyond Paradise. "Kyle and I were cutting a rug!" Grammer says.

KARLIE KLOSS & JOSHUA KUSHNER

New York, Oct. 18

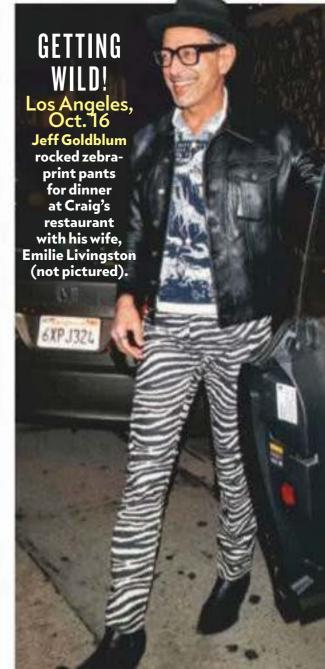
The supermodel, 26, married Kushner, 33, in an intimate Jewish ceremony in upstate New York in front of almost 80 quests. Kloss wore a custom lace Dior dress to say "I do" to the entrepreneur and venture capitalist, who's the younger brother of Jared Kushner and brother-in-law to Ivanka Trump. "The wedding was intimate and moving. The couple was beaming with happiness," a friend who attended the ceremony told People. The newlyweds will host a larger celebration for friends and loved ones in the spring.

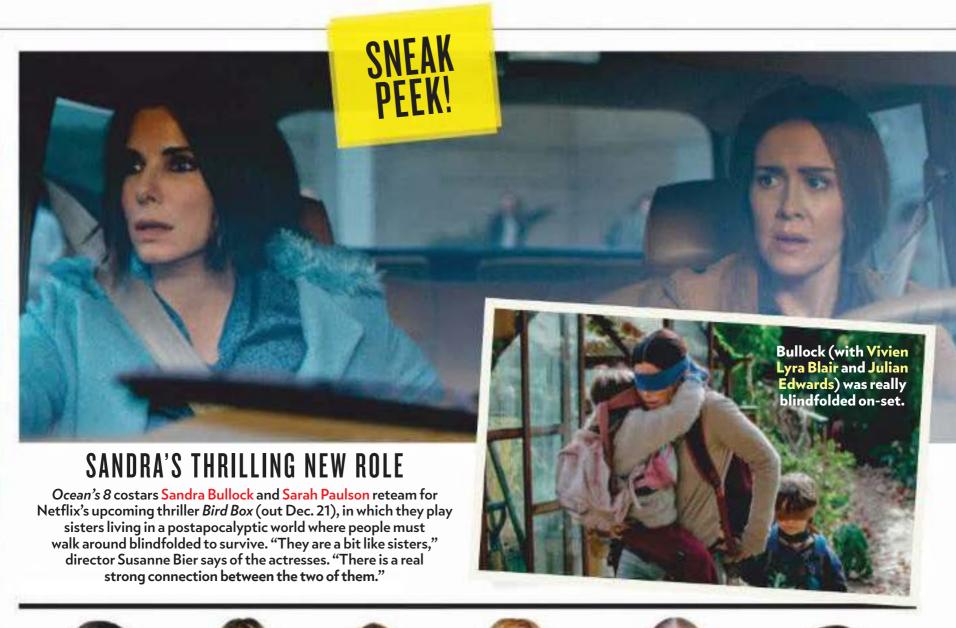




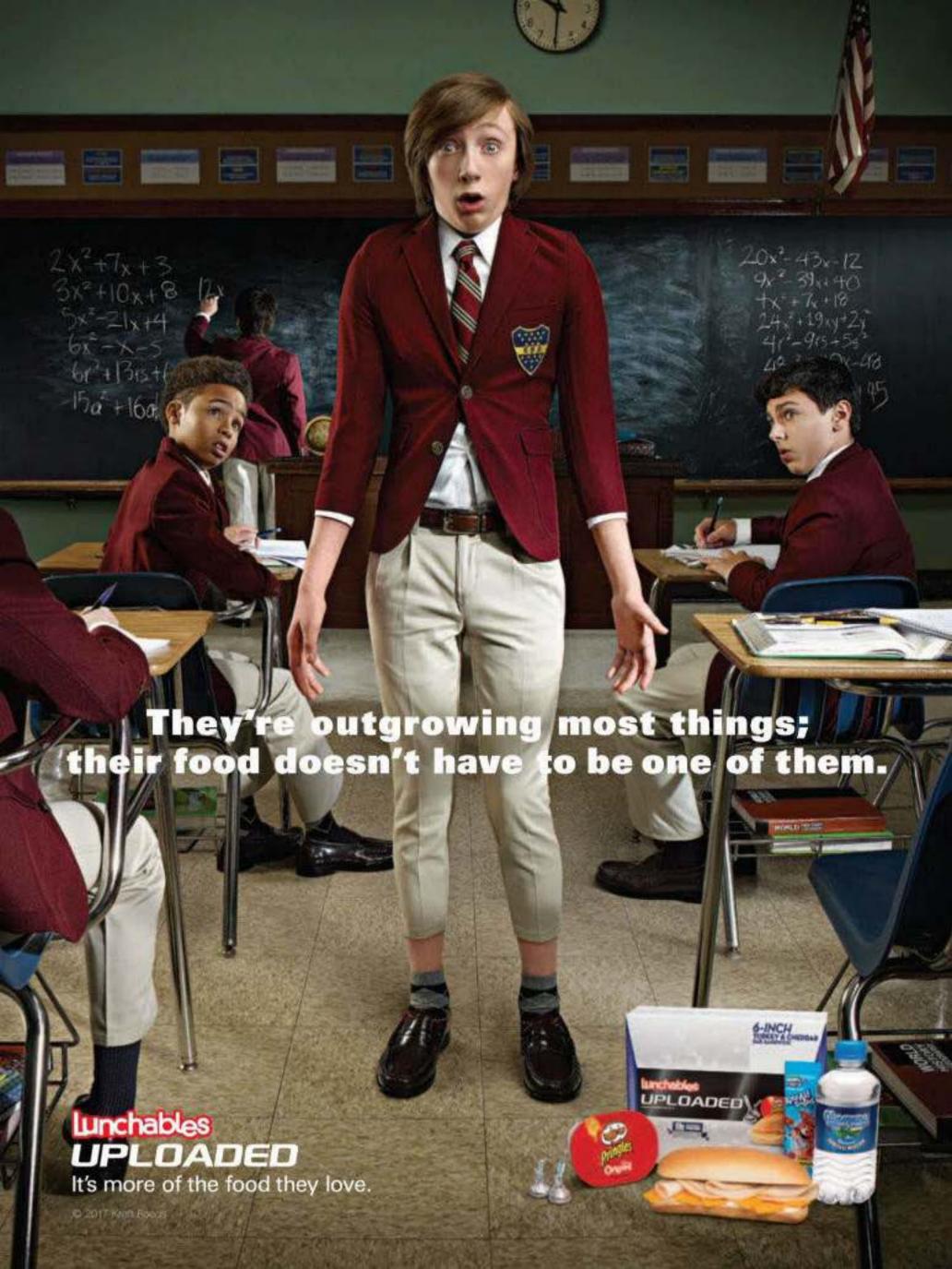














Their relationship flamed out

almost as suddenly as it began; now Ariana Grande and Pete Davidson are dealing with the aftermath of their broken engagement. Breaking his silence about the split at an Oct. 20 comedy benefit in Los Angeles, the Saturday Night Live star—who had moved into a \$16 million New York City condo purchased by the singer just four months ago-joked about his living situation. "As you could tell, I don't want to be here. There's a lot going on," he said during his comedy set. "Does anybody have any open rooms? Looking for a

roommate?" Multiple sources confirm the comedian, 24, has indeed vacated Grande's lavish apartment as the pop diva, 25, focuses on healing from a traumatic year. "She threw herself into the relationship with Pete," says a Grande source. "It was all way too soon."

While Grande and Davidson's courtship moved at breakneck speed—they dated for just a few weeks before he proposed in June—the pair did not

set a wedding date. "Ariana never got to the wedding-planning stage," says the Grande source. "She is young but at least mature enough to realize this wasn't the right relationship or the right time to get

married." Another source adds that Davidson is "in good spirits," but people close to both of them "are relieved it's over."

The day after news of their split broke, she headed to work on NBC's upcoming A Very Wicked Halloween: Celebrating 15 Years on Broadway special (airing Oct. 29)—without the 3-carat, \$93,000 engagement ring that she returned to Davidson. "Her family thinks she should just focus on work and not stress about other stuff," says the Grande
source. She is still
mourning the
death of
ex-boyfriend Mac
Miller after he died
of an apparent overdose
in September, and she
continues to struggle with
PTSD from the 2017 terrorist
attack at her concert in
Manchester, England. On

HER FAMILY

THINKS SHE

SHOULD JUST

FOCUS ON WORK AND NOT STRESS

ABOUT OTHER

STUFF

-A GRANDE SOURCE

Oct. 16 she revealed to fans she "almost let" her anxiety "ruin" her final *Wicked* taping.

Despite speculation their relationship may not

be completely over, insiders say
Grande and Davidson have no plans
to reunite. "They are in contact but
not dating," says the Grande source.
For now they're each focused on
their own careers and emotional
health. Wrote the "God Is a
Woman" singer on Instagram
Oct. 22: "Protect your peace, get
rid of toxicity, cleanse your
space, cultivate love."

—MELODY CHIU with reporting by Pernilla Cedenheim and Abby Stern

The Aftermath
The exes (right, in
August) shared pet
Piggy Smallz
(above), but Grande
retained custody of
the piglet, tweeting
Oct. 8: "She's an
emotional support
pig I need her."



Selma Blair

"I am in the thick of it, but

I hope to give

some hope to others," Blair said.

'I Have MS and I Am OK'

In an emotional post on Instagram on
Oct. 20 Selma Blair revealed she has been
diagnosed with multiple sclerosis. "I have
#multiplesclerosis," the Cruel Intentions
actress, 46, wrote. "I am disabled. I fall
sometimes. I drop things. My memory is
foggy. And my left side is asking for
directions from a broken GPS. But we

are doing it. And I laugh and I don't know exactly what I will do precisely but I will do my best."
Although Blair was diagnosed on Aug. 16, she said she's "had symptoms for years" but

"wasn't taken seriously" until she fell down in front of her doctor, thinking she had a pinched nerve. She credits actress Elizabeth Berkley with convincing her to visit a doctor in the first place—Elizabeth's neurologist brother Jason Berkley. On the set of Blair's new Netflix show Another Life, costume designer Allisa Swanson "carefully gets my legs in my pants, pulls my tops over my head, buttons my coats and offers her shoulder to steady myself," wrote Blair, who has previously spoken out about struggles with postpartum depression and alcoholism. She hopes to lead a full life with her son Arthur, 7. "I have MS," she wrote, "and I am ok."

-NICOLE SANDS

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Amy Schumer shut down pregnancy rumors around the time of her surprise wedding to chef Chris Fischer in February, but now they have some happy news to share. On Oct. 22 the comedian, 37, posted a photo on social media of her and Fischer's faces edited onto the bodies of the expectant Meghan Markle and Prince Harry. Then she announced, "I'm pregnant"—slipping it into a list of her recommended congressional and gubernatorial candidates that political reporter Jessica Yellin shared on Instagram. The actress, who wed Fischer, 38, on a Malibu beach after a few months of dating, quipped to the Los Angeles Times: "Chris and I are thrilled and almost positive he's the father. I look forward to competing with Markle every step of the way." — CHRISTINA DUGAN



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*Always Discreet 4, 5, and 6 drop pads vs. the equivalent Leading Brand pads.



Ellen Pompeo:
Battling Sexist Backlash

The actress, 48, has played Dr. Meredith Grey on Grey's Anatomy for more than 13 years, a role that now earns her an annual \$20 million—and a ton of scrutiny. At the Marie Claire Power Trip, a women's empowerment conference, the

> mom of three talked with People about the show and her future.

Were you surprised by the backlash you received when your paycheck went public?

Women are not used to talking about their salaries. Ballplayers, CEOs, any man in tech, they can brag about what they're worth. But it's not polite for women to do that. We're supposed to be shy. That is just ridiculous.

How did you react when fans blamed your salary for the departures of Sarah Drew and Jessica Capshaw at the end of season 14?

So many women on social media wrote to me and said, "They got fired so you could get a raise." I'm not surprised by anything that men say, but for women to blame me? I was completely shocked. We need to stick together and support each other, not attack each other.

Are you still friends with Sarah and Jessica?

Of course. Working on Grey's is an intense, emotional experience, but actors come and go. It's our business.

What do you think when people say Grey's Anatomy can survive without you?

That's hilarious to me. People still can't give me any credit for being the lead of the show? The title is my character's name! What about supporting me for not being an egomaniac and not chasing trophies and recognition? I stick to the work and try to stay dedicated to my commitment. Nobody talks about that.

Do you see an end for the show?

We'll know when it's time. People are still watching. It's incredible. At the same time, I am very restless to get out there and do something else. - SHARON KANTER

Behind the Scenes of Hocus Pocus

Kathy Najimy, who starred alongside Bette Midler and Sarah Jessica Parker in Hocus Pocus, says she's amazed by how beloved the Halloween favorite has become since it opened in 1993 to disappointing reviews. But reflecting on the sometimes "difficult" six-month shoot (involving animals, prostheses, lots of child actors and flying on brooms), Najimy mostly remembers being starstruck. Long before Hocus Pocus, "I was a huge Bette Midler fan," says Najimy, 61, who appears on Veep and is behind the new Off-Broadway play Gloria: A Life (about feminist icon Steinem) and a TV series about the women's movement. On the first day of filming, "Bette started humming [her hit 1972 single] 'Do You Want to Dance?' Sarah and I just grabbed each other's hands and held our breath." -JESS CAGLE











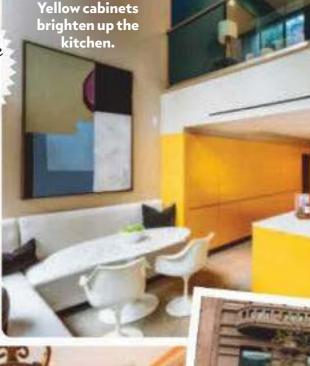


MARISKA HARGITAY & PETER HERMANN'S COLORFUL MANHATTAN TOWNHOUSE

The Law & Order: Special Victims Unit actress, 54, and Younger actor, 51married 14 years with three kids—have put their massive Upper West Side townhouse on the market. The six-story, nearly 7,000-sq.-ft. home has six

bedrooms and eight bathrooms, as well as two rooftop terraces.









The couple bought the home in 2012 for \$10.7 million.

Janelle Monáe on Music, Movies and Coming Out

Monáe, 32, will voice Peg (previously played by Peggy Lee) in Lady and the Tramp.

earned rave reviews. Was it easy returning to music after starring in hit films?

Your Dirty Computer album

When I was filming Moonlight and Hidden Figures, I was working on the album and putting together the visuals.

Like your pro-women "Pynk" video?

Fans have come to my shows re-creating the "vagina" pants! I'm excited about Halloween.

You came out as pansexual in April. What has the response been like?

It's been beautiful. I always hoped that by

sharing my story people will feel more comfortable walking in their truth.

Tessa Thompson plays your love interest in multiple videos. Why her?

Tessa is an exceptional actress, first of all. To have her on the Dirty Computer project as my friend and someone I respect as a black woman in this industry was a dream.

And soon you'll work together again on Disney's live-action Lady and the Tramp!

I'm super-excited! I grew up watching it. I can't wait to meet my little dog.

—JANINE RUBENSTEIN

Claire Foy Life After *The Crown*

Her two-year reign as Queen Elizabeth II in The Crown earned her an Emmy, but this fall Claire Foy, 34, hits theaters in two strikingly different roles—as Neil Armstrong's wife, Janet, in First Man opposite Ryan Gosling and as vigilante hacker Lisbeth Salander in The Girl in the Spider's Web, a sequel to The Girl with the Dragon Tattoo.

These characters are a world away from Queen Elizabeth was that intentional?

No, I don't feel defined by playing Elizabeth, although it's a huge honor that people liked that character and see me as that.

Being British, when did you learn about Neil Armstrong and the first moon walk?

I don't remember a particular time. You just grow up knowing that it happened.

Janet Armstrong was an American Midwesterner that must have been a change of pace for you.

That kind of geographical thing was actually much more important

> than I'd previously thought. The values and the way of life

and the approach to events in your life is very, very different. She and Neil were so similar in that way. They weren't going to share the details of their lives with the world.

How did you like playing Lisbeth Salander?

I loved the physical stuff. I had to physically train. I'd never done it before, and that has changed my life. Obviously I'm aware now that I have muscles that do things, which I didn't know before.

Did you have to learn to ride a motorcycle?

No! There wouldn't be any point. I mean, that would take me about three years, and there are experienced, amazing motorcycle riders out there.

You haven't taken a break since The Crown—are you feeling overwhelmed?

It's quite tiring, but it's great. My job is not my life, and it never has been. I love it, and I don't know what I'd do without it, but I have a child [daughter Ivy Rose, 3, with husband Stephen Campbell Moore, from whom she separated this year], so real life is very vivid. -MARY GREEN AND JODI GUGLIELMI

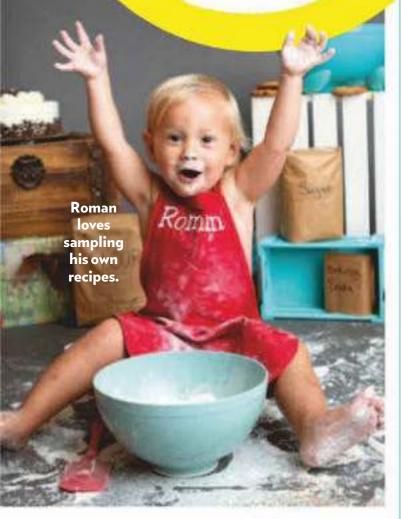
Photograph by JAKE CHESSUM

'THAT PEOPLE STILL LIKE THE **CROWN AND** APPRECIATE IT IS VERY, VERY **TOUCHING**

> **Royal to Rebel** 1. In September Foy won a Lead Actress Emmy for *The Crown*.
> 2. She calls Ryan Gosling "a dream" to work with in First Man, out now. 3. To play Salander in Spider's Web (out Nov. 9), "I threw myself in the deep



Stories to Make You Smile



A 2-year-old chef with his own cooking show

SOUTH BEND, IND

Move over, Guy Fieri—there's a new cook in the kitchen. Two-year-old Roman Belville who "specializes" in sprinkle cookies, cake and pizza—has Internet fans eating out of his little hands with his monthly YouTube cooking videos, called Roman's Cooking Corner. "He's just a natural at it!" says his mom, Ayla Belville, 30, who stumbled onto his hidden talent when she decided to include him in one of her own weekly videos. "He loves being in the kitchen with me. He was like, 'Hey, guys! We're baking cake!'" His next video is due out on Halloween, featuring Roman in full costume and (no doubt) sampling his recipe for treats. Adds Belville: "My husband can't make a peanut butter and jelly sandwich, but I have no doubt Roman's going to be an experienced cook!"



She's just a month old, but a baby western lowland gorilla at Jacksonville Zoo and Gardens has already stolen hearts around the country. Born on Sept. 28, the 4.8-lb. unnamed baby girl has been winning fans on the zoo's Facebook page as photos and videos show her learning to walk and making silly faces. "She has so much personality," says zoo spokeswoman JJ Vitale. Because her mother, Kumbuka, has had some trouble developing maternal skills, zookeepers have been caring for the baby themselves but hope to reunite the pair soon. In the meantime, says Vitale, "our little girl is doing beautifully."



A convention of golden retrievers!

HUNTINGTON BEACH, CALIF.

The Golden State lived up to its name on Oct. 14, when 681 golden retrievers and their owners gathered at a Huntington Beach park for the second annual Goldie Palooza. The event, organized by the SoCal Golden Retriever Buddies club, included costume contests and a kissing booth,

with benefits going to animal-rescue groups locally and in Puerto Rico (goldiepalooza.com/rescues). "It brings the community together," says organizer Sophie Meagher, 45, who brought her goldie Hugo. "Everybody's excited. They're already talking about next year!"

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Babies

Luke Cage actor Mike Colter, 42, and his wife, Iva, a Netflix executive, announced on Oct. 21 they have welcomed a baby girl, who joins big sister Naiella, 3. • Shameless star Jeremy Allen White and actress Addison Timlin, both 27, welcomed their first child, a girl named Ezer **Billie,** on Oct. 20. ● *Ghosted* actress Amber Stevens West, 32, gave birth to her first child, daughter Ava Laverne, on Oct. 7, with her husband, actor Andrew J. West, 34.

Health

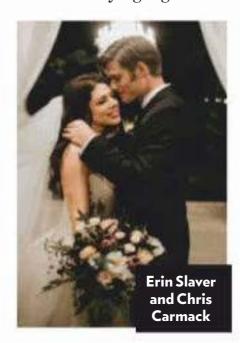
American Horror Story creator Ryan Murphy, 52, revealed on Oct. 22 that his younger son, Ford, 4, with his husband David Miller, was diagnosed with cancer two years ago. "Ford has undergone a huge surgery and several difficult procedures," Murphy wrote on Instagram. "He just celebrated his fourth birthday ... and is doing so well because of Children's Hospital Los Angeles." Murphy announced he and Miller will donate \$10 million to the hospital, "so that other children can experience the love and care of this exceptional facility."

Wedding

Nashville and Grey's Anatomy star Chris Carmack, 37, and his longtime girlfriend Erin Slaver wed on Oct. 19 in Nolensville, Tenn.

Retiring

Carroll Spinney, 84, the puppeteer who has played Big Bird in some 4,400 episodes of Sesame Street, is retiring after nearly 50 years on the show. Since he joined the show in 1969, Spinney has also voiced Oscar the Grouch. "How fortunate for me that I got to play the two best Muppets?" he said. "Playing Big Bird is



TORONTO Intario Happy Birthday! Matthew McConaughey, 49 Nov. 4, 1969 Kendall Jenner, 23 Nov. 3, 1995 Bethenny Frankel, 48 Nov. 3, 1970

> one of the most joyous things of my life."

Deaths

Diana Sowle, 88, who played golden ticketwinner Charlie Bucket's mom in the 1971 Willy Wonka & the Chocolate Factory movie, died on Oct. 19. • Gilberto Benetton, 77, cofounder of the Benetton fashion brand, died on Oct. 22.

> **PERSONAL STORIES ABOUT GIVING**

> > **BACK**

By Jessica Fecteau

The World Food Programme helps

feed children around the world,

including in Cambodia (right).

Michael Kors

The fashion designer, 59, helps raise funds to end world hunger

I love the immediate change you see in someone when they wear something that makes them feel like their best self. Food is similar: When you get food in the hands of those

who need it and educate people about nutrition, you see results. That's why I love working with the United Nations' World Food Programme, which fights hunger through emergency relief, humanitarian support, food assistance and more. I raise awareness and funds through my company's campaign Watch Hunger Stop. Every year we launch a product to support WFP's School Meals initiative, which feeds hungry children around the world. This year it's a \$40 T-shirt (at michaelkors.com), and for each one we sell, we will donate

100 meals. Then I sit with the nonprofit's team to figure out which regions of the world need the meals most, from Cambodia to Nicaraqua and beyond. So far, we've contributed over 17 million meals in 60 countries. It's thrilling, but we've got to

keep going. The goal is zero hunger.

-REPORTED BY SHARON KANTER

For more information, go to **wfp.org**



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returns Kevin Spacey-free. With the actor facing multiple allegations of sexual misconduct, his character, former President Francis Underwood, has

been declared dead, although the closest we come to seeing his corpse are two hands folded peacefully in a casket. And even that's a photo, being looked at with minimal curiosity and less-thankeening sorrow by the current Commander in Chief: none other than Claire

'Wright's performance hasa convincing steeliness'

poor. But Claire, played by Wright with a convincing taut steeliness, has her own ethical lapses to worry about. As Annette puts it, "She can't decide if she's

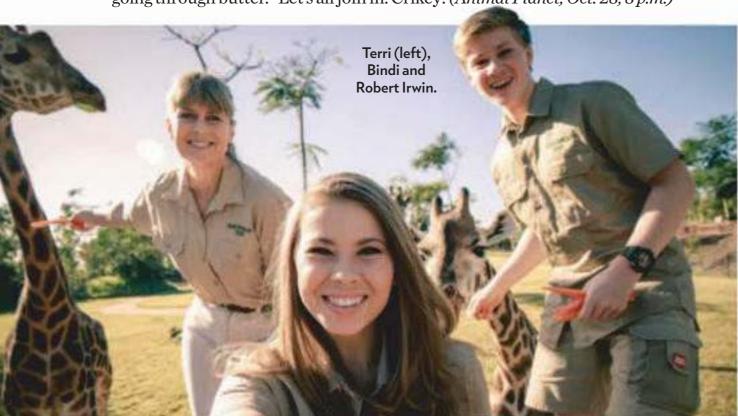
> Lady Macbeth or Macbeth," overlooking the fact that nowadays a politician can be both. The opening episodes still have many enjoyable twists plus some nice acting (especially by Lane, funny, confident, slightly arch). Which isn't bad for a lame duck. (Launches Nov. 2)



IV | Crikey! It's the Irwins

A family that provides comfort to all creatures

REALITY More than a decade has passed since world-famous conservationist and TV personality Steve Irwin died-he was stabbed in the heart by a stingray-but the Irwin family continues his wildlife advocacy with the same celebratory energy and passion. Irwin's wife, Terri, and children Bindi and Robert star in this larky new show, which focuses on their huge zoo and animal hospital in Queensland, Australia. In the premiere we spend time with a blind Sumatran tiger and a rather surly mama koala. Don't ever expect koalas to be in the mood for hugs, warns Bindi. Their bite is "like teeth going through butter." Let's all join in: Crikey! (Animal Planet, Oct. 28, 8 p.m.)





POP The Swedish electro-pop auteur's first album in nearly a decade offers up a straightforward synth banger ("Missing U") before swerving into heavier—but no less brilliant—strains of dance pop ("Baby Forgive Me," "Between the Lines") that'll make your subwoofers quake. (Oct. 26)



I always had this idea that maybe one day I would be able to talk down a terrorist in Arabic and being an Arab could help save the day.

You've lost 100 lbs. since 2001. How did you stay so motivated? With the belief that if I could get to my fullest potential with body and mind, then success would present itself. Karma and hard work pay off. -JODI GUGLIELMI



Zeeko Zaki The Egyptianborn actor stars in CBS's new series FBI.

Tell us about your childhoodyou grew up in Philadelphia. I moved to the **United States** when I was a month old and spoke Arabic until kindergarten. The only Arab community in my area was my family and my extended family. We had a nice little bubble.

As a kid, did you ever dream about working in law enforcement?



MOVIE | Maria by Callas

died in 1977 at age 53—the manifestation

internalized every role in her repertoire.

lime? (In limited release Nov. 2, PG)

Let's celebrate the organizations that make the world a better place



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A boy and his skateboard accelerate downhill DRAMA In the course of one memorably awful summer in the 1990s, 13-year-old Stevie (Sunny Suljic) starts to act out: Lonely and shy, he wins the friendship of a small band of skateboarders by recklessly trying to out-crazy them—he nearly kills himself with a rooftop stunt that sends him plummeting, like Icarus with a waxed board instead of wax wings, and he parties to exhaustion. The sad, powerful irony here is that the gang, with its rites and rituals, offers Stevie a more structured life than he finds at home with his single mom (Katherine Waterston) and brother (Lucas Hedges), an abusive, pathetic brute. (In limited release, R)

DVD + Streaming: New Releases!



RBG
MOVIE | DOCUMENTARY
An entertaining
portrait of liberal
Supreme Court Justice
Ruth Bader Ginsburg,
who's been on
the bench since 1993.
Timely—ya think?



BlacKkKlansman
MOVIE | COMEDY-DRAMA
Spike Lee directed this
true story about a black
cop (John David
Washington) who cooks
up a scheme—scam—to
infiltrate the KKK.
Funny, bold, exciting.



Mamma Mia!
Here We Go Again
MOVIE | MUSICAL
Cher sings "Fernando,"
and time stands still.

cher sings "Fernando," and time stands still. Never underestimate the power of an ABBA classic in the hands of a pop legend.



NETFLIX | Chilling Adventures of Sabrina

HORROR Kiernan Shipka, who was so unnervingly self-possessed as Mad Men's little Sally Draper, puts that preternatural chill to even better use here. She's Sabrina—you know, teenage witch—who on her upcoming birthday faces a momentous decision: Will she renounce her pleasant-enough mortal existence to learn spells and mingle with sick-eyed monstrosities who say things like, "The great work begins, Dark Lord"? Sabrina could be the new Supernatural. (Launches Oct. 26)

Science Fair DOCUMENTARY This delightful film follows a group of high schoolers gunning for top prize at the International Science and Engineering Fair. They're smart, of course, but also funny, unpretentious and ambitious. "Time wasted is existence," says the poet. These

young go-getters

beg to differ.

(In theaters, PG)

MOVIE





Supergirl's Trans Hero Nicole Maines

TV's newest superhero is the transgender Dreamer, played by the 21-year-old on the CW series

Were you surprised by the reaction when you were introduced at Comic-Con?



That they were all cheering for a trans superhero—a trans actor—was so special. It's not long ago that the reaction would've been different.

Did you feel
pressure with such
a high-profile job?
Absolutely! You
want to exceed
expectations. You
don't want to just
be a "diversity hire."

When did your journey start?
I have a twin brother, and growing up I was watching how comfortable he was. I didn't feel the same. So I went up to my parents at 3, 4 years old and asked when

Are you a superhero fan?
Of course!
Who isn't?

—DANA ROSE FALCONE

I would get to be a girl.

My surgery left a scar. I didn't think about it at first.

Yeah.
I just assumed it would go away completely.

But it didn't.

It's so visible now.

I wish something could make it look better.



Don't let a scar steal your confidence.

Fade your scar and your worry with a doctor recommended solution.

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People Picks

MOVIE | Suspiria

Tilda Swinton and Dakota Johnson dance shriek to shriek HORROR The teachers at the Helena Markos Dance Company, a grim establishment a stone's throw from the Berlin Wall in the 1970s, immediately spot a rare talent in new student Susie (Johnson). Being witches, they also plan a satanic pas de deux between her and a succubus under the floorboards. Apart from one stunningly nasty scene early on, *Suspiria* is mostly damp gothic menace, not much scarier than *American Horror Story*. But it's a field day for the dazzlingly weird Swinton, who plays both Susie's mentor and (for no real reason) an old male psychiatrist. She could shell peas and still seem avant-garde. (*In limited release Oct. 26, R*)





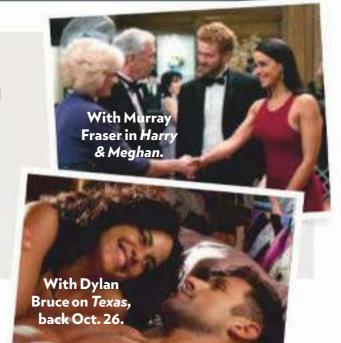
IV Ray Donovan

DRAMA Fixer Ray Donovan (Liev Schreiber), who tidies up other people's messes while constantly stepping into his own potholes of misery, has relocated from L.A. to New York City for season 6. Whatever the time zone, Schreiber retains his worn, stony authenticity. He looks like a man with no hope of winning the *Hamilton* ticket lottery. (Oct. 28, 9 p.m.)



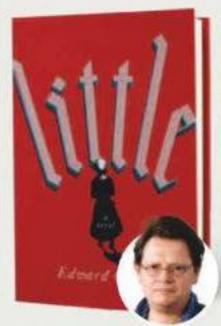


The Jamaican-born actress, 41, returns for a second season as witch Fiji on NBC's supernatural drama—after a turn as the future Duchess of Sussex in Lifetime's Harry & Meghan: A Royal Romance. Do people ever recognize her from that hit TV movie? "Never, ever. The hair makes all the difference, honestly."—BREANNE L. HELDMAN



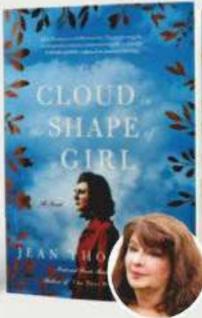
The Best New Books

Becoming Madame Tussaud, an intergenerational family saga and Busy Philipps's candid, engaging memoir Edited by Kim Hubbard



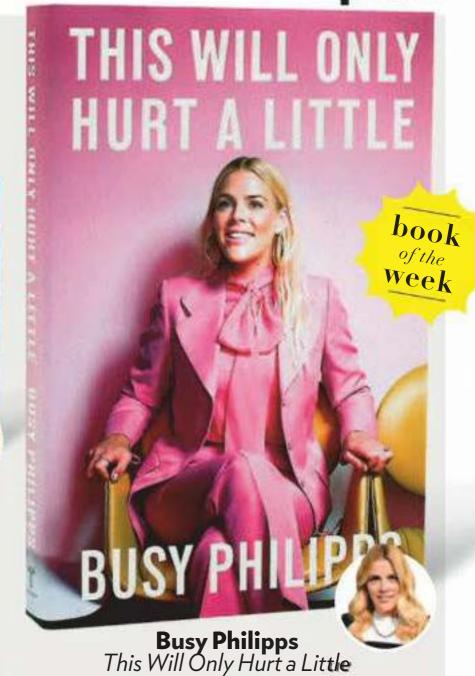
Edward Carey Little

Based on the life of Madame Tussaud, this extraordinary novel follows a spunky orphan girl named Little through 18th-century Paris, where she learns to make wax sculptures, encounters the horrors of the French Revolution and grows up to become a household name. A wonderfully empathetic and stirring narrator, Carey conjures up a tumultuous world you'll be sorry to leave.



Jean **Thompson** A Cloud in the Shape of a Girl

In a midwestern college town after World War II, academic Evelvn chafes at motherhood while her daughter Laura embraces it at her own expense. Both carry secrets, which ultimately fall to Laura's drifty daughter Grace to unravel. There's not a false note in this powerful, beautifully crafted exploration of the trade-offs in women's lives.



Her hilarious candor helped make her an Instagram superstar, but the Freaks & Geeks and Dawson's Creek alum gets even more revealing in this honest, intimate memoir. From acting and sexism in Hollywood to her experiences with body shaming to being BFFs with Michelle Williams, Philipps, whose late-night talk show Busy Tonight premieres Oct. 28 on E!, doesn't hesitate to share the valuable lessons she's learned in life (sometimes the hard way). She'll win you over with her humor and heart.

New in Nonfiction

Kurt Eichenwald A Mind Unraveled

A prizewinning journalist's harrowing account of his decades of struggling with epilepsy turns out to be inspiring as well.

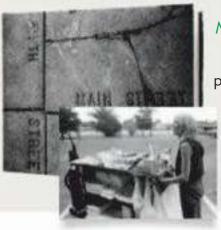
Reyna Grande

A Dream Called Home The emotional and practical challenges for a young immigrant are on full display in Grande's evocative,

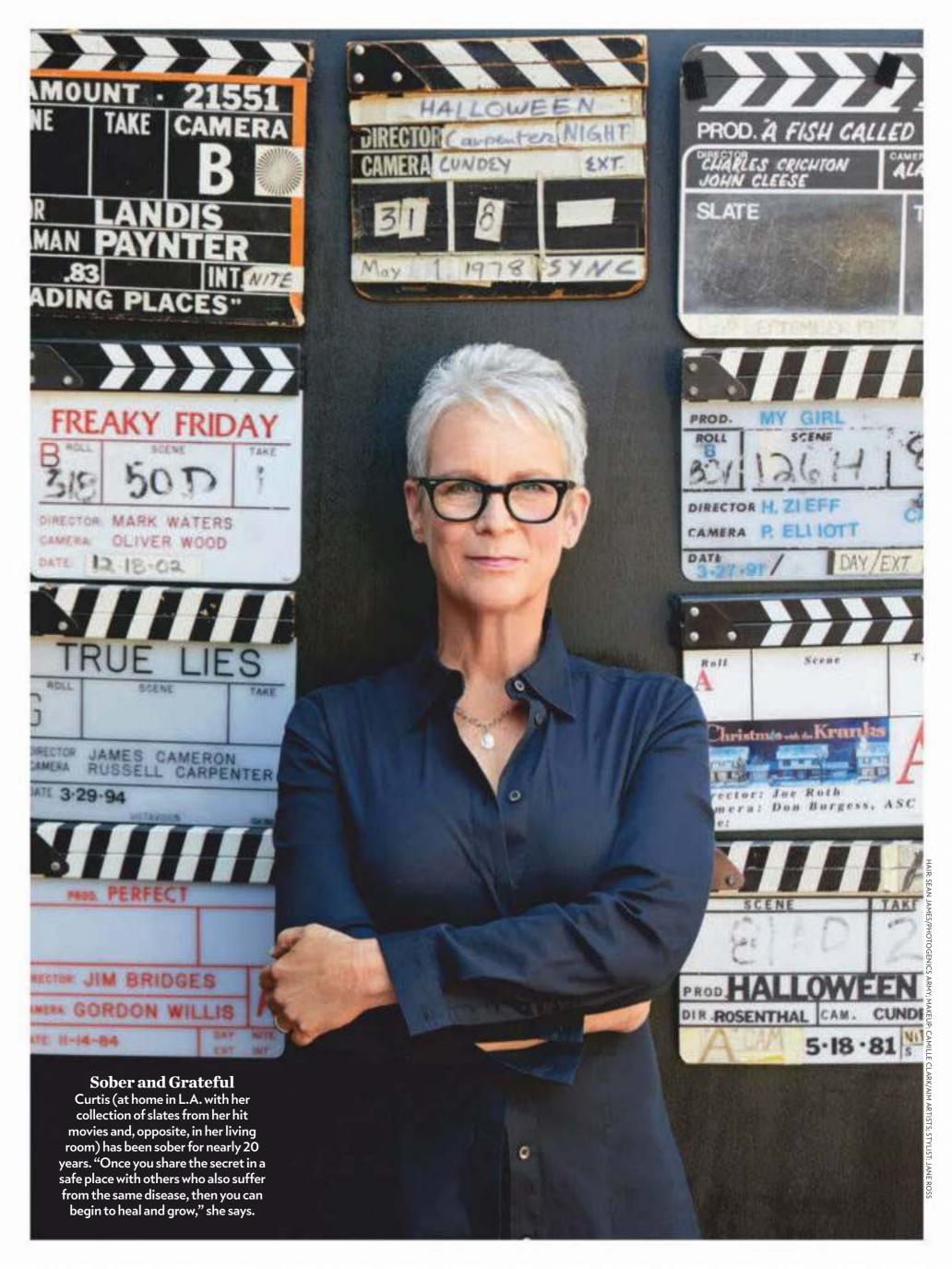
Anne Lamott

Almost Everything: Notes on Hope Part memoir, part manual and part sermon from the church of Lamott, this satisfying escape points to notes of beauty in inspiring memoir. our uncertain world.

Photo Book



Edward Keating Main Street: The Lost Dream of Route 66 Over 10 years, photographer Keating traveled the iconic highway between Chicago and L.A., capturing America's indelible spirit in black and white.





It's hard to believe that it's been 40 years since Jamie Lee Curtis—then known only as the teenage daughter of two Hollywood superstars—made horror history with her very first movie, the smash hit *Halloween*. It's even harder for Curtis to fathom her lasting legacy as the ultimate scream queen. "I don't understand why people like these movies," she says with a sly smile. "I don't like being scared! I'm the girl who watches movies under a blanket, and I cover my face." Still, her rematch with masked murderer Michael Myers in the new sequel, again titled *Halloween*, proved to be a monster hit, topping \$77.5 million at last weekend's box office and becoming the bestever opening for a movie with a lead actress over the age of 55. "This," says Curtis, "is a completely unexpected and astonishing moment in time for me."

What makes this moment even more astonishing is that it nearly didn't happen. Curtis considers herself lucky to be alive after a dark decade of Vicodin addiction that began in the late '80s. At the time she struggled in secret—even while making hits like *True Lies* and *My* Girl. "I was ahead of the curve of the opiate epidemic," she says over coffee and pound cake in the kitchen of the L.A. home she shares with her husband of 33 years, actor-director Christopher Guest, 70. "I had a 10year run, stealing, conniving. No one knew. No one."

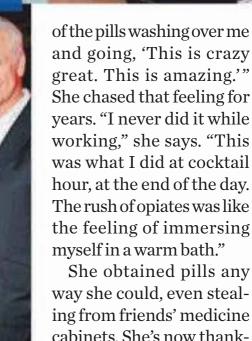
Curtis has now been sober for nearly 20 years, and recovery is something she works on every day. Born in Santa Monica in 1958 to Psycho star Janet Leigh and Some Like It Hot actor Tony Curtis, who divorced when she was 3, Curtis says addiction has long plagued her family. Her father abused alcohol, cocaine and heroin; her half brother Nicholas Curtis died from a heroin overdose in 1994. "I'm breaking the cycle that has basically destroyed the lives of generations in my family," says the mother of Annie, now 31, and Tom, now 22. "Getting sober remains my single greatest accomplishment... bigger than my husband, bigger than both of my children and bigger than any work, success, failure. Anything."

Curtis's odyssey with painkillers began in 1989

when she had "minor plastic surgery for my hereditary puffy eyes," she says. "I had been working on a movie, and the cameraman made a comment about my eyes being puffy, and I was mortified." After the surgery, she was prescribed opiates for the first time. "I remember the feeling



1. Curtis and her mother in 1983. 2. Curtis and **Christopher Guest** (in 1989) have been married 33 years. 3. With son Tom, daughter Annie, and Guest at the Halloween premiere on Oct. 17.

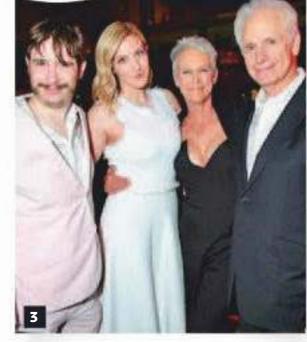


She chased that feeling for years. "I never did it while working," she says. "This was what I did at cocktail hour, at the end of the day. The rush of opiates was like the feeling of immersing myself in a warm bath." She obtained pills any

way she could, even stealing from friends' medicine cabinets. She's now thankful she rarely got her hands

on a large amount. "Onetime I was able to get a couple of hundred from a stuntman, but the rest of the time I was small potatoes," she says. "I believe I'd be dead if, prior to my getting sober, these pills had been available on the Internet."

There was no "rock-bottom" moment for her. "I was a very high-bottom dope fiend, meaning I hadn't lost many of the things that most people lose—I had all the fame and the wealth, and my marriage was intact, and my kids were with me." But she knew she was risking all those things, and



"I'm not going to pretend it didn't have an effect on my kids," she says. "What it does is build a warm, fuzzy wall between you and your people. It insulates you into yourself. It slowed me down. It was subtle. I'd often go cuddle with my boy and fall asleep in his room, then hours later Chris would come and wake me."

...

The first to find out about her addiction was her

sister Kelly, now 62, who stayed with Curtis for a few months around summer 1998. Kelly had been prescribed painkillers for a rib injury, "and I knew she had them in her suitcase in our guest room closet," says Curtis, starting to cry at the memory. "I basically took all her opiates. When she was leaving I knew she would pack her suitcase and find her pills missing. I knew I had to acknowledge to her what I had done, and so I wrote her a note and left it on her suitcase. I came home that day, and she put her arms around me and told me she loved me and she was concerned about me and she was unwilling to watch me kill myself."

Soon after that Curtis read an article in *Esquire* by writer Tom Chiarella titled "Vicodin, My Vicodin." "I was very lucky that someone had the courage to write about their own addiction," she says. "He was the first person who made me go, 'Oh, you hide them in the toe of your cowboy boot too? Me too.' His acknowledgment of his addiction made me feel safe enough to try and get off them." It also enabled her to tell her loved ones. "The



Her Other Career

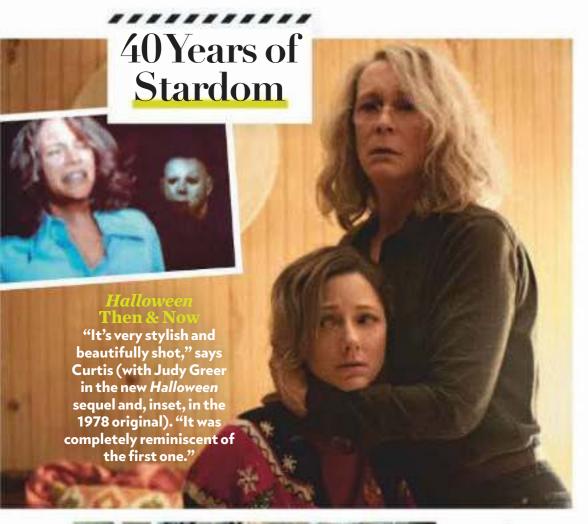
A bestselling children's author, **Curtis released** her 12th book, Me, Myselfie & I: A Cautionary Tale (illustrated by Laura Cornell) last month. To her, writing comes easily. "Books flow out of me free and quick," says Curtis, who has tackled topics such as adoption, selfesteem and bravery. She wrote her latestabout a cell-phoneobsessed mom—on a plane flight.

shame involved with it is tremendous," she says. "I have worked very hard to remove the shame of it and just acknowledge I'm human. What makes recovery so special is that it's one addict or alcoholic talking to another. It's really about letting go of the secret in a safe way and then finding treatment programs that work for you." She went to her first recovery meeting on Feb. 3, 1999, and says she's been sober ever since. She told her husband about her addiction that day. "He was loving, supportive and encouraging—and he was incredulous that he'd never noticed."

Having the constant support of her family has meant everything to Curtis. She's close with daughter Annie, a dance teacher, and son Tom, who works in the video-game industry. Curtis also remained tight with her mother, who died of a heart attack in 2004. (Her father, who had a more distant relationship with her, died of heart failure in 2010.) Her mother—a horror icon herself thanks to *Psycho*—"used to say to me, 'I hope you get to do some screwball comedies,'" says Curtis, noting that Leigh was supportive of her acting career but didn't want her to do only horror films. "When *True Lies* came out, my parents were thrilled. That was physical comedy."

Curtis was just 19 when the original *Halloween* made her a movie star. She was paid only \$8,000 and given \$200 for her wardrobe: "I went to J.C. Penney." (The movie, made for \$325,000, earned \$47 million.) In 1984 she saw a picture of Guest, then starring in the rock mockumentary *Spi*-





Trading Places

She played prostitute Ophelia in the 1983 Eddie Murphy-Dan Aykroyd comedy. She says an acting teacher told her, "You don't need classes. You know how to pretend to be somebody else."



True Lies **Director James Cameron told** Curtis he wrote the action hit with her and Arnold Schwarzenegger in mind.

nal Tap, in Rolling Stone and told a friend, "I'm going to marry that man." She gave his agent her number and persuaded him to go out with her, and they wed six months later. "The smart-aleck part of Jamie would say the secret to a long marriage is you don't leave," she says. "Of course there are times that are difficult"—especially long separations for work. "I have great respect for him—he is really smart and funny and kind, and this is my family, these are my people. I know they love me."

When her children were younger, she struggled to balance her family life with her career. "What

I remember from working on A Fish Called Wanda was crying every single day," admits Curtis, who was distraught over leaving her then 6-month-old daughter at home. "One of the hardest things I've had to reconcile in my life was being a working mother. Any mother who leaves their infant in the care of someone else to go and do their work feels

Without my sobriety none of this would be possible. It's made all the difference'

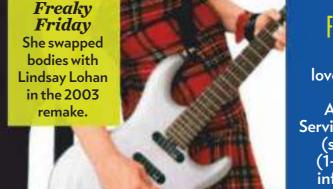
> **–JAMIE LEE CURTIS**

what I felt. I suffered for it." In an effort to spend more time with her family while still paying the bills, Curtis began branching out. "I'm, as they say, 'Open for business,'" she says. She has written 12 well-received children's books and appeared in high-profile commercials from Hertz ads with O.J. Simpson in 1988 to Activia yogurt: "Commercials allowed me to be the mom I wanted to be."

She also continues to go to meetings—to maintain her sobriety and to help others. "In recovery meetings, anyone who brings up opiates, the entire room will turn and look at me, because I'll be like, 'Oh, here, talk to me. I'm the opiate girl.'" That empathy, she feels, is something we all could use more of. "We're here to relate to each other," she says. "We're human. We're all trying to figure this out—all of us." ●

GETTING HELP FOR OPIOID ADDICTION

If you or someone you love is dealing with addiction, the federal Substance Abuse and Mental Health Services Administration's website (samhsa.gov) and helpline (1-800-662-HELP) provide information and referrals to treatment programs.







By SIMON PERRY



The first overseas tour by Prince Harry and Meghan Markle had been planned months ahead to overlap with Harry's annual Invictus Games for wounded warriors. But like many in the crowd of onlookers in Sydney on Oct. 20, Harry, 34, had something else on his mind when he officially kicked off the games. "We have been so happy to be able to celebrate the personal joy of our newest addition with you all," he proudly told the crowd of the news that the couple are expecting their first baby in the spring. Amid heaps of well wishes and gifts at every turn, Meghan, 37, admitted to some restless nights in her second trimester. "Meghan agreed that pregnancy was like having jet lag," fan Charlotte Connell told reporters on Oct. 18. "She said she was up at 4:30 this morning doing yoga in her room, as she couldn't sleep."

Hopping among various scenic backdrops—beach, harbor, farm, forest and more—the couple highlighted various issues while impressing those they met along the way. "They have an aura about them," says Hunter Johnson, CEO of the Man Cave in Melbourne, which supports young men's mental health. "In conversation with us they bounced off each other easily and were both exceptionally generous."

And exceptionally excited about their next chapter. During a cycling event at Invictus on Oct. 21, a fan shouted out that she hoped their baby is a girl. "So do I!" replied Harry. "They are just gorgeous, and you can just tell the love between them is palpable," says Gwen Cherne, who met Harry in

DAY 1 Tuesday, Oct. 16

The couple kicked off their tour with a welcome reception hosted by Australia Governor-General Sir Peter Cosgrove and his wife, Lady Lynne Cosgrove, where they were presented with a toy kangaroo and baby Uggs (bottom). They also got up close with two koalas and their joeys (named Harry and Meghan!) at the Taronga Zoo in Sydney. "It was the duchess's first time meeting a koala, and she was absolutely blown away," says zookeeper Suzie MacNamara. "She thought they were adorable.'







They also visited Mountain View, a family farm, where

Meghan brought banana bread—with ginger and chocolate

chips—she had baked the night before in Sydney.



On Bondi Beach, Meghan kicked off her Castañer espadrilles (paired with a Martin Grant maxidress), and the couple sat down in an "anti-bad-vibe circle" with members of OneWave, which promotes mental-health awareness through surfing. "[Harry] shared what he's learned along the way," says Sam Schumacher. Later Harry climbed the Sydney Harbour Bridge to raise the flag and officially launch the Invictus Games.

DAY 4

Friday, Oct. 19

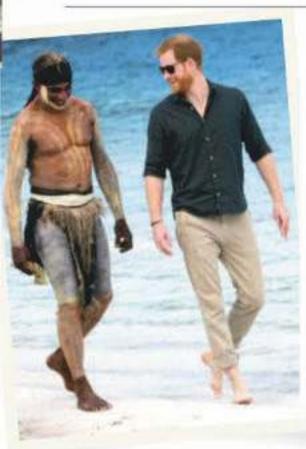


a wreath as the memorial was officially reopened.



At Invictus an Aussie athlete asked if Harry would sign his spare swim trunks—which the royal agreed to do if the cyclist put them on his head (below). Later, Harry was given his own pair which he jokingly wore over his slacks. After taking an unplanned breather—"Being pregnant takes its toll," Harry told well-wishers—Meghan (in a pair of \$140 Veja sneakers) rejoined her husband for a sail on Sydney Harbor.





DAY 7 Monday, Oct. 22

Before heading to Fiji and Tonga, the couple spent a day on Fraser Island, some 800 miles from Sydney. Meghan in a daringly high-slit dress by Reformation—greeted locals before taking time off while Harry met with the island's Butchulla people. The largest sand island in the world, it also holds more than 200,000 acres of rain forest—which Harry vowed to help protect. "Without trees we won't survive," he said, adding that the work "is for our children."





WHO KILLED THE FIRE CHIEF'S WIFE?

More than a year after Nanette Krentel's body was found in the charred remains of her home, police are still looking for a killer who knew how to cover up a murder with flames By CHRISTINE PELISEK



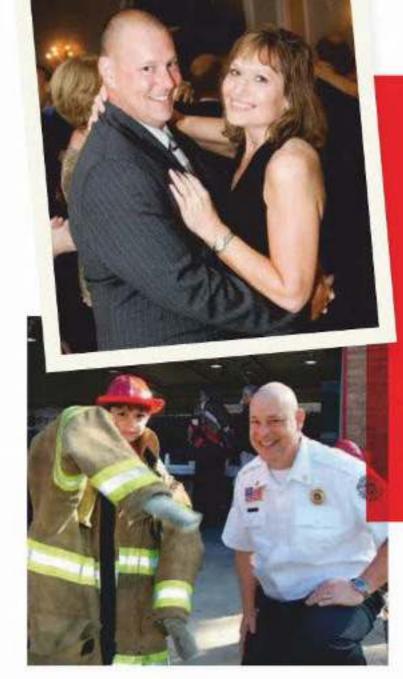
t first it seemed like a cruel joke. Fire Chief Steve Krentel was on duty on the afternoon of July 14, 2017, when he got a frantic call telling him his house was on fire. Krentel rushed to the remote Lacombe, La., home he shared with his wife of 22 years, Nanette, but it was too late: Firefighters discovered the house destroyed and Nanette's charred remains in the master bedroom, her beloved Chihuahua Harley lying dead next to her. "I was in total, complete shock," says Steve.

And the family's shock only grew. A week later, just as the funeral service for the 49-year-old former preschool teacher was ending, family members were stunned by a news alert from authorities revealing the results from the coroner's report: Nanette had no soot in her lungs; she had died from a gunshot wound to the head. "I knew from the moment I'd heard she'd died in a fire," says Nanette's father, Dan Watson, "it was murder."

But after almost a year and a half—and despite hundreds of tips, surveillance video and an ongoing open investigation-questions about who killed Nanette and why remain frustratingly unanswered. The premiere episode of season 3 of People Magazine Investigates dives further into the theories, suspects and evidence in the case. "I am still in a complete state of shock," says Steve, 50. "I know nothing more today than the day I found out she was shot." Police have ruled out suicide, but they have so far been unable to determine much else about Nanette's death-even whether or not the fire-damaged handgun found near her body was the murder weapon.

On the morning of the murder, Steve says, Nanette put out his clothes, made him a peanut butter sandwich and, along with Harley, walked him to his truck around 7:45 a.m. Surveillance footage from a local fast-food restaurant seems to show Nanette's car and a woman who looks like her picking up food later that morning, and her cellphone activity syncs up with that trip. "It wasn't any different than any other day," says Steve.

But Nanette's family and friends say things between the couple weren't as perfect as they appeared. Steve was having an affair with a coworker, and Nanette was considering ending her marriage, according to her family. "She was going to throw him out," insists Watson. Steve-who has passed a polygraph test and who police say is currently not a suspect in the murder, as he was 17 miles away at the fire station at the time of the fire—insists his wife knew about the affair, and



"She was the love of my life," says Steve (top. with Nanette in 2007). "I was enchanted the moment I met her." After two years as fire chief, Steve (at the station) retired in September. "This is a perfect story for social media trolls," he says, "because it has sex, murder, the fire chief whose house burned down. It's frustrating."

'WHO WOULD **REASON TO** KILL HER? -FRIEND **LORI RANDO**

the couple had worked through it. "I am not telling you she liked it, but she was aware of it," Steve says. "It was selfish and ignorant on my part."

Those close to Nanette say she was terrified of her husband's brother Brian, 48, an ex-convict who had recently been released from prison. But police ruled him out after security video placed him at his mother's house on the day of the murder. Authorities also investigated 24-year-old Justin Krentel, Steve's son from a previous marriage, who Nanette had claimed owned multiple guns. "We did investigate his whereabouts, and he was out of state," says St. Tammany Parish Sheriff Randy Smith.

Meanwhile friends and family are still haunted by the brutal death of a woman they remember as warm, funny and bright. "I need somebody to be accountable for this and start paying their time," says Nanette's friend Lori Rando. "It wasn't just shooting her, it was shooting her and burning her to a crisp. It is just unfathomable to me that a person can do this."









April. "The entire year we were rehearsing every day for hours," she says of their grueling schedule. "I was burying it, and before you knew it, I was looking up out of the pit like, 'Oh my God.'" Days after performing at the annual music festival during Beyoncé's headlining set, Williams broke off her engagement. "I was shocked," says Johnson, 41, who previously worked as the team chaplain for the Pittsburgh Steelers. "I picked up everything to move to L.A. for her, and not long after she pulled the plug."

The couple quietly worked on their issues for the next three months, but Williams abruptly broke up with Johnson again in July and headed to the hospital hours later. "I'd been there before in that darkness, so I was like, 'You better go.' I was so angry," she says. "I had five or six days there, and thank God for it. It was sobering." Though she wasn't suicidal this time, Williams questioned

'We did not know if we were going to make it down

our tour buses with

bassinets in it,"

says Williams (with

Rowland and

Beyoncé in 2000).

the aisle' -MICHELLE **WILLIAMS**

life—and Johnson's devotion. "I didn't feel worthy, and that came from stuff in my childhood," she says. Trauma from past relationships also played a part. "I've had to fight so much," she says. "Fight to have a place, fight for you to see me, fight for you to love me, fight for you to be faithful. I actually have a good man now, and I didn't know how to process a good thing."

In the midst of her despair, "I had lost weight, I was feeling miserable. I really wanted to fly home, but I was so weak that I couldn't," she says. Following her brief hospitalization, Williams checked into a treatment facility but left shortly after her ordeal made news. "I hate that I even had to make that announcement," she says of the heartfelt post she wrote in July on social media that revealed she was seeking treatment. Through it all, Johnson stood by her despite Williams urging him to leave her once and for all. "I would've understood," she says. "He's been praying for a wife. He didn't pray for a depressed wife." Despite the turmoil he felt, Johnson refused. "She's in the hospital literally telling me, 'You can go,'" he recalls. "It was a very climactic moment in our journey." He often received

the brunt of her anger. "Some of the things said and done were very hurtful," he says, "but I was like, 'I don't even want to talk about what happened. Get well and we can work on us later."

Since Williams left treatment nearly three months

ago, the couple have rebuilt their relationship through intense premarital counseling, which is documented in their new OWN reality series Chad Loves Michelle (airing Saturdays at 9 p.m. ET starting Nov. 3). There are also no more secrets between them. "I should've spoken up earlier," says Williams, who was too ashamed to reveal her struggles to Johnson. "I had been doing mental health speeches, feeling like a hypocrite, and then a few months later I'm in the hospital." Johnson insists all he ever wanted was the truth. "I only knew she had gone through a depressive moment

in life. I didn't know this was part of her life now," he says. "We've vowed to make sure there isn't any shame. That won't be in the driver's seat ever again." Though her time in treatment was short, Williams—who is continuing outpatient therapy learned she's not alone. "I don't call anyone 'crazy' anymore," she says. "There were people in that hospital that are just like all of us."

With her ring back on, Williams credits "time, healing and honest conversation" for getting her back on the road to her wedding day. That, and her fiancé's love. "He even plucks my chin hairs for me!" she says laughing. Living apart and waiting for marriage to consummate the relationship, the couple are eager to build a family. "We gotta figure this out quick! To be honest, I was tired of being the only one without children," she says of friends like Beyoncé and Rowland. But for Williams, a wedding isn't what matters most. "It's not just about marrying Chad," she says. "I finally found someone to do life with." •

Surprise Proposal

Johnson popped the question in Pebble Beach, Calif., on March 21, one year after the couple first met, with a 5-carat stunner. "She was flipping out," says the pastor, who had been depositing \$150 every month into a "ring account" since he was 30. After the wedding, "I can't wait for babies! I want a whole basketball team!"







The Kennedys Before Camelot

ONCE THEY WERE YOUNG NEWLYWEDS BUILDING A BRIGHT FUTURE TOGETHER. NOW A BOOK BY PHOTOGRAPHER **ORLANDO SUERO** REVEALS JFK AND JACKIE KENNEDY BEFORE FAME AND TRAGEDY MADE THEM ICONS

By LIZ McNEIL

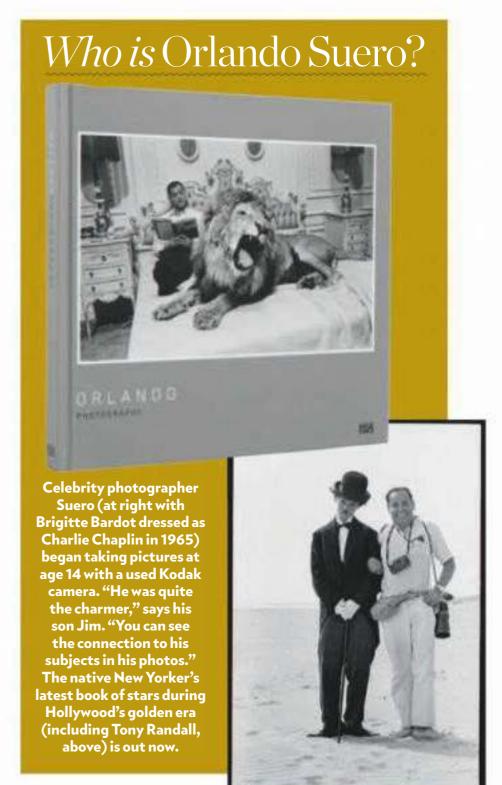




JFK (above, with Jackie and Ethel Kennedy, left) told Suero, "We're either going to be friends or we're not. And I feel like we're going to be friends." Right: Jackie prepares for a party.

hings didn't get off to a good start," says photographer Orlando Suero, 93, of the day in 1954 when he arrived at the Georgetown home of newlyweds Sen. John F. Kennedy, then 37, and his young wife, Jacqueline, 25, for a photo shoot. "JFK was a regular guy," he says. "The only thing he said was, 'Don't make me look ridiculous.'" And Jackie, he adds, "didn't feel comfortable being photographed. She was very shy." Still, Suero spent five days with the pair, even playing football with JFK and his brother Bobby. When his pictures appeared in McCall's magazine, Suero received a thank-you note from the future First Lady. "If I'd realized what a wonderful photographer you were, I never would have been the jittery subject I was," she wrote. Suero went on to photograph some of Hollywood's most glamorous stars, including Robert Redford, Natalie Wood and Sharon Tate, now featured in the new book Orlando Photography. "I didn't retouch," says Suero of his intimate shots. "I wasn't trying to make them into someone else."







Canabis Saved Our Daughter'

FEARFUL THAT THEIR DAUGHTER WAS LOSING HER BATTLE WITH CANCER, JIM AND JACLYN VON HARZ TOOK A RISK-AND TURNED TO MEDICAL MARIJUANA **By JOHNNY DODD**

daughter Cecilia didn't have much time-or fight—left in her tiny body. Cecilia had been diagnosed with kidney cancer more than a year earlier and had already undergone surgery to remove a 2-lb. tumor from her right kidney, as well as months of grueling chemotherapy. "She was just so emaciated," recalls Jim, 37, a Los Angeles firefighter. "She'd lost all her hair, lost all her weight. There just wasn't much of her left." But now the cancer had returned, spreading throughout her tiny right lung, and doctors told the family that Cecilia needed even more aggressive chemotherapy to survive. "If you don't do the chemotherapy, she'll die," Jaclyn recalls a specialist telling them.

t was July 2014, and Jaclyn von Harz and her husband, Jim, knew their 3-year-old

Thankfully Cecilia survived, but only after her



parents took the biggest risk of their lives—opting against more chemo and instead turning to an alternative therapy with a drug that has been off limits to doctors and researchers for the past 80 years: marijuana. "When your child is sick," says Jaclyn, 35, "you get this instinctual feeling. I didn't know that this would work, but I knew the other alternative would lead to death."

out to ask about

what we did.'

The von Harzes' agonizing medical journey along with that taken by several other families desperate to keep their children alive while battling cancer—is chronicled in Weed the People, a new documentary produced by former talk show host Ricki Lake, focusing on medical marijuana and its use in pediatric cancer. "This isn't fringe science anymore," says Los Angeles pediatrician Dr. Bonni Goldstein, an expert in cannabinoid

"Studies have shown that cannabis can help kill cancer, in conjunction with chemotherapy, and also help fight the side effects of chemo." Adds Lake: "This is a human rights issue, and everyone should have access to this plant if they need it." But even as many in the medical community

have grown open to marijuana's use as a cancer therapy, it remains illegal, even for medical use, in 19 states. The federal government has designated marijuana as a Schedule 1 drug, meaning one with high potential for abuse. And the American Medical Association, while acknowledging anecdotal evidence of the drug's efficacy with cancer patients, insists there is still a need for "scientifically valid and well-controlled clinical trials ... to assess the safety and effectiveness" of cannabis in medical uses. Adds Dr. Susan Storch, a recently retired pediatric-oncologist at Kaiser in Los Angeles, "Because it has not been tested and because one does not know how it interacts with other medications used in cancer treatment, many physicians are reluctant to recommend it. For the most part," she adds, "I think most physicians in academic centers would like to see clinical trials."

cannabinol), which is responsible for the "high" marijuana users report, and CBD (cannabidiol), which some studies have shown can reduce inflammation. "These compounds interact with the cells in our brain and body," says Dr. Bonni Goldstein, an L.A. pediatrician who specializes in working with medical marijuana. "THC and CBD

seem to cause

cancer cells to

commit suicide,

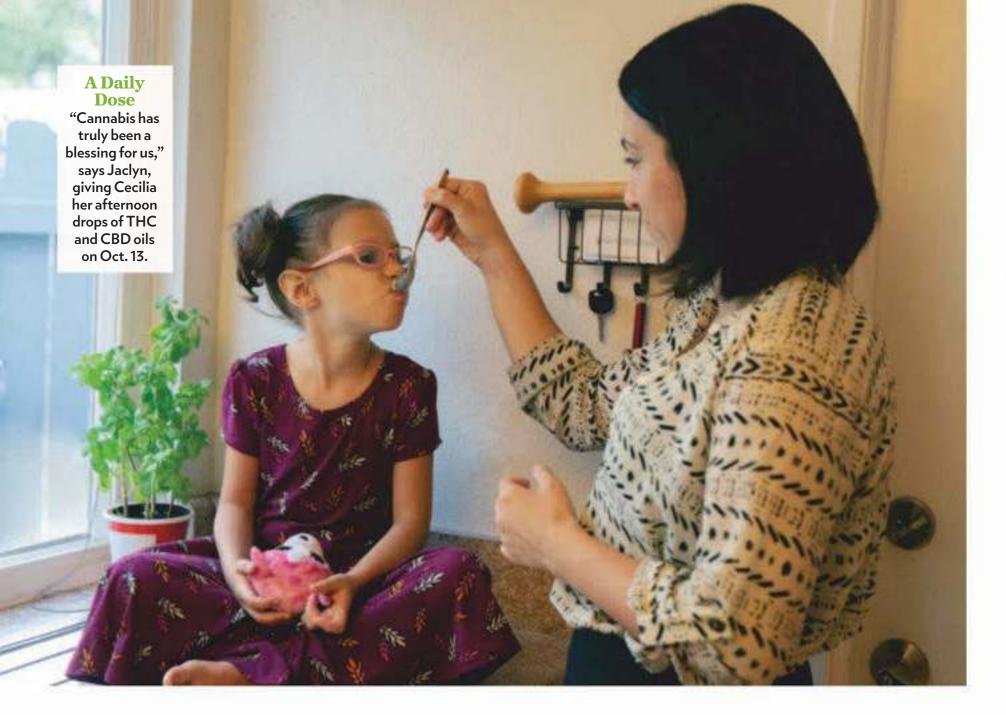
while leaving

non-cancer cells alone."

Cecilia's parents first turned to medical marijuana

following her initial surgery in April 2013, after Jaclyn's uncle told them he'd been using it to help ease the symptoms of his lymphoma. After conferring with Cecilia's doctors, the von Harzes, who live in San Juan Capistrano, Calif., began giving their daughter tiny doses of THC and CBD oilscompounds extracted from the cannabis plant—to ease the debilitating effects of chemotherapy. "The

Staying Alive "We just didn't know how she was going to survive," says Jim of Cecilia (in February 2014).



doctors and nurses were amazed," says Jaclyn. "She would sleep through her chemo."

Cecilia finished chemotherapy treatment in October 2013, and for the next four months appeared to be healthy—until she suddenly started struggling to breathe and tests revealed numerous tumors in her right lung. "She was extremely sick," says Jim. "One of her lungs was filled with blood, which collapsed and infected the other lung." Her oncologist prescribed eight days of radiation therapy, followed by a strongerform of chemo—an eight-week regimen that soon wreaked havoc on Cecilia's already-weakened body and threatened to permanently damage her liver. That was when the von Harzes opted to stop the chemotherapy and instead, working with Dr. Goldstein, start Cecilia on higher doses-400 mg a day-of both the THC and CBD oils.

The decision proved stressful—and exorbitantly expensive, since their health insurance wouldn't cover the \$1,500 to \$3,000 monthly cost of the oils. And while their oncologist said she understood their decision and offered to work with them, they also feared someone would notify child protective services, claiming that they were endangering Cecilia's life by discontinuing her chemo. "We were scared to death," says Jaclyn, "but this was our one and only chance to save our daughter." Three times 'We were scared to death, but this was **our only** chance to save our daughter' -JACLYN **VON HARZ**

a day the couple would give Cecilia a dose of the two oils—rubbing it on the bottom of her gums or placing it on a piece of butter that she would eat. Jim says the only side effects they noticed were that she would "sleep a lot, be hungry and happy, all things that we needed her to be doing."

Three months later, in October 2014, they began to see results. Scans revealed Cecilia's tumors had either disappeared or greatly shrunk in size. And while they can't say she's cancer-free, she's showing no signs or symptoms of the cancer. "We'll never know if it was the cannabis or the chemo or the combination of the two," says Dr. Goldstein.

In the four years since, the cancer has shown no signs of returning—even as Cecilia continues to take a smaller dose of each oil (about 50 mg) every day after school. "We plan on giving it to her," says Jim, "until she's mature enough to decide for herself whether she wants to keep taking it." In the meantime, understanding exactly what caused their daughter's healing has taken a back seat to the joyous fact that 7-year-old Cecilia is now energetic and healthy—and they're committed to doing everything they can to keep her that way. "You can't put a price on a human life," says Jim. "I was willing to break any rule, sacrifice my own life and my career for Cecilia—and I'd do it all again in a heartbeat." •



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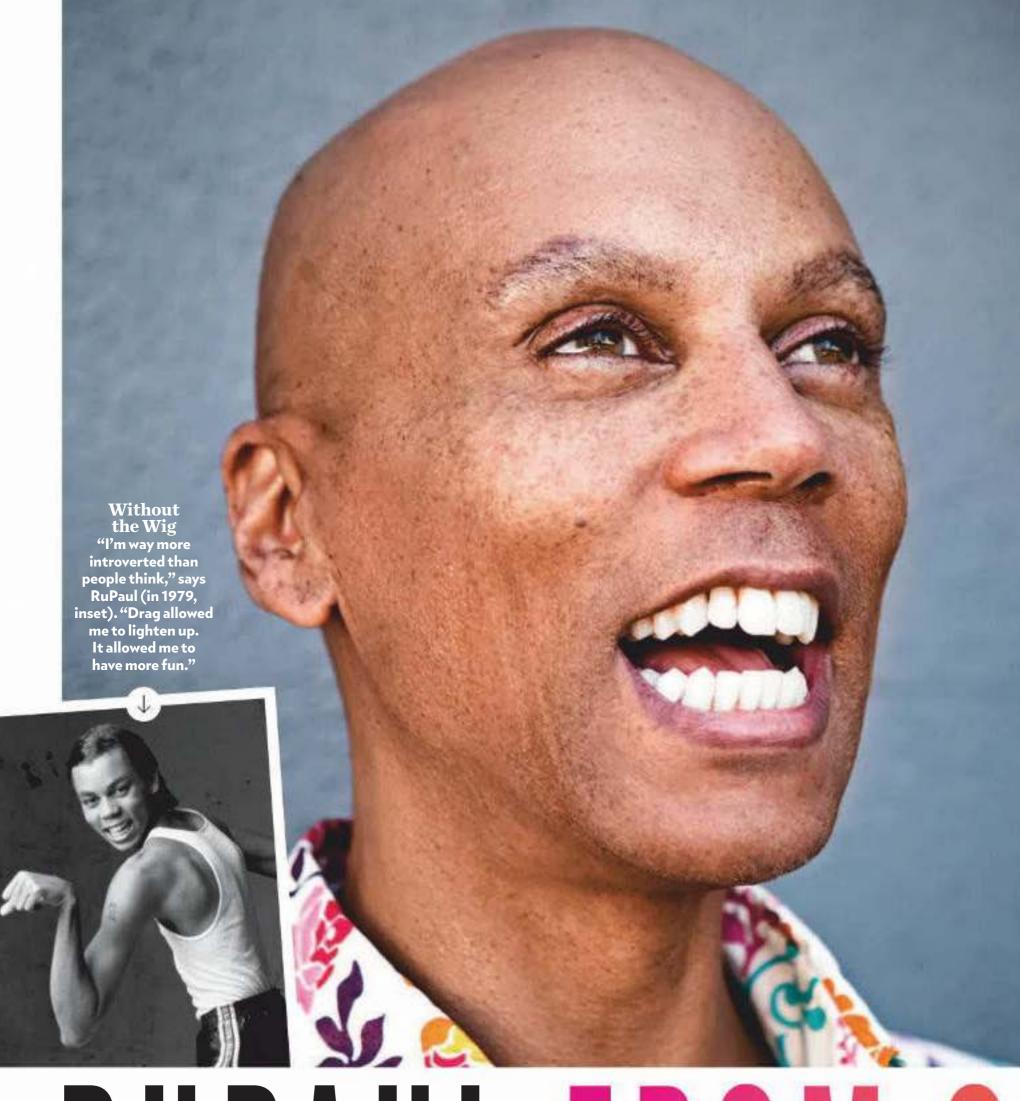












RUPAUL FROM O

Drag queen without compare and global glamazon extraordinaire,

The first time RuPaul felt he'd arrived was in 1992, when he started to earn a little money after 11 hard years on the fringiest margins of show business. He'd just released a dance-club hit, "Supermodel (You Better Work It)." A music video followed—a vital chance, especially for a drag performer, to be seen and not just heard by millions. Filming in Central Park, he recalls, "I had a Winnebago trailer, and I thought, T've made it!"

All these years later the 57-year-old star born RuPaul Andrew Charles keeps redefining his notions of success. For one thing he's so rich now he's lost count of how many \$10,000 gowns he owns. More importantly he's one of the country's reigning TV personalities, as beloved as he is flamboyant. RuPaul's Drag Race, the reality competition he hosts in gowns and wigs that salute and parody feminine glamour, is a hit (eight seasons on Logo; two seasons on VH1). The show has won nine Emmys-including, most recently, Best Reality Competition. Not to mention three trophies for RuPaul himself. "I've lived my life and career outside, off the grid," he told Billboard not long before his first win, "so to get the acknowledgment from the establishment, it feels kind of weird."

By now it probably shouldn't. Along with Drew Barrymore and Faith Hill he'll be a judge on CBS's upcoming talent show *The World's Best*—not in drag but still natty to the nines. ("It's very rare for me to go schlubby.") He's also landed his own comedy, *AJ and the Queen*, on Netflix. "There have been many different levels of making it," he says. "Those ideas of 'making it'—getting the Winnebago or getting

my name up in lights—those are the standards of a child. I'm not a child anymore."

Child, no. Brand, yes. RuPaul popularized and elevated drag into a mainstream entertainment that welcomes all identities and sexual orientations. He has helped bring us far from the age in which dressing like the opposite sex was conflated with homosexuality; when the best-known "drag" actor was John Waters's great leading lady, the aggressively unglamorous Divine. It's been an improbable journey. Drag, RuPaul says, "is so counter to what society wanted me to do."

Now, with the publication of a new book, *GuRu*, he embraces yet another role: life coach. Filled with colorful photos of, well, RuPaul, *GuRu* is consciousness-raising ("Drag is the highest form of being, of showing our best selves to the world") as well as practical: A three-quarter profile is the best angle

for a good photo. (Take note, Instagrammers!) His goal, RuPaul says, is "to teach each reader how to use your own GPS, your own innate guidance system." Just please keep in mind that, for now, RuPaul is the instructor. "Look, I'm not the greatest actor," he recently told *The Guardian*. "I'm not the greatest singer. I'm not the greatest drag queen.... My gift has been having the clarity to hear the universe's stage directions and to take advantage of that."

A high school dropout, he grew up in San Diego with his mother and three sisters (his parents divorced when he was 7). Obsessed with playing dress-up from

UTCAST TO ICON

the host of RuPaul's Drag Race roars toward ever brighter stardom

the age of 5—"My sister told me they couldn't keep me out of my parents' clothes"—he was taunted. "The kids in the neighborhood would say, 'You're a sissy.' I'm like, 'Oh, okay,' you know," he said earlier this year. "But because I am a sweetheart, no one ever really came for me in a really negative way." Still, that's not the same thing as positive feedback. He found little of the emotional support that he

craved from his father, Irving. "He could not see me," RuPaul told Oprah. "He was shut down." But his mother, Toni, backed her son every unconventional inch of the way. She also gets credit for the name RuPaul—the first syllable is for "roux," a base for gumbo.

He always dreamed of stardom, identifying with Diana Ross and Joan Crawford, and flat-out ignored what he says was the worst advice anyone gave him: "Go get a job at the Post Office and get some good benefits." Yet he didn't give his breakthrough drag performance until age 21. Then everything fell into place: "Through drag I was able to find who I really am. Period."

He never looked back, and he never stopped pursuing work that would lead him nearer to the spotlight. Search YouTube and you can spot him as an extra in the 1989 video of the B-52's hit "Love Shack." He played guidance counselor Mrs. Cummings in The Brady Bunch Movie

'DRAG IS THE HIGHEST FORM OF BEING, OF SHOWING OUR **BEST SELVES TO** THE WORLD'

-RUPAUL

(1995) and was featured in the groundbreaking drag documentary Wigstock (1995). He released a stream of albums and remixes. He became one of TV's first openly gay hosts with his VH1 series The RuPaul Show in 1997 and finally premiered Drag Race in 2009.

But there's a private RuPaul too. He's mar-

ried to a rancher, Georges LeBar, whom he met at a New York City nightclub in 1994. His husband "couldn't tell the difference between Jennifer Hudson and Jennifer Lawrence—or Jennifer Lopez," RuPaul says. "Actually he could tell you who Jennifer Lopez is. He's my favorite person to be around ever on this planet."

By now you might be wondering what advice the guru of GuRu would offer his younger self. "Always believe in what your heart tells you to do," he says. "You take a lot of chances with it, but I think it's your safest bet."

By Jeff Nelson and Patrick Gomez



RUPAUL'S RULES FOR LIVING

Be happy, look fabulous—tips from GuRu

- Never pass up an opportunity to wear a fancy outfit, even if you're the only one who appreciates it.
- Never underestimate the value of a smoky
- Avoid dumb people. Do not try to educate them or try to prove how superior you are to them. Just smile and stay away from them.
- If you really want to throw bitches off their game, arrive early.
- Always wear high

- heels, because flats are for quitters. If you can't wear heels your best bet is a pair of slide-in mules [with] an expandable vinyl strap at the low vamp.
- If you stay ready, you ain't got to get ready.
- Catching a cold is your body's way of saying, Bitch, you need to sit yo' ass down.
- Use rubber gloves to put on fake tan.
- Having money and fame only enhances what you already are.

- If you're an asshole before you make money or get famous, you'll be an even bigger asshole after.
- I like to press the proverbial Google Earth button from time to time to change my perspective. Drag reminds us the divisions we create to make sense of what is real and not real are but our own superficial illusions. Get out of the habit of trying to make sense of it all. Practice just being.



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STREAMING NOW

























A Mystery Disease Paralyzing Children

HEALTH OFFICIALS SCRAMBLE TO FIND A CAUSE—AND A CURE—AS THE NUMBER OF CASES OF ACUTE FLACCID MYELITIS CONTINUES TO GROW

When her 3-year-old son Carter came down with a cough and runny nose in August, Cartersville, Ga., mom Cami Abernathy assumed it was just a cold. Then, about a week later, Carter's left arm suddenly stopped working. "His arm just hung there," says Abernathy, 30. "He couldn't move his fingers, wrist or elbow. We thought he'd had a stroke."

Instead, doctors diagnosed Carter with

acute flaccid myelitis (AFM)a rare polio-like condition that affects the nerves in the spinal cord, causing muscles and reflexes in the body to weaken. Says Abernathy: "We were scared."

Even more frightening is that the Abernathys are not alone. A recent spike in the number of reported AFM cases prompted the Centers for Disease Control to hold a teleconference last week in which they reassured parents that the disease is still extremely rare but also urged physicians to report cases quickly, "so we

can get samples to test for possible causes," says Dr. Nancy Messonnier, the director of the CDC's National Center for Immunization and Respiratory Diseases. So far this year at least 62 cases of the mysterious illness have been confirmed,

'We don't know who may be at higher risk for developing **AFM** or the reasons why they may be' —THE CDC'S DR. NANCY MESSONNIER

more than 90 percent of them in children, but experts have found no factor linking all the cases. "I'm frustrated," says Messonnier. "I understand what it's like to be scared for your child."

While Carter has regained some use of his arm through therapy, other AFM patients suffer long-term paralysis; one child died in 2017. Minus clear answers, the CDC is urging parents to stay up to date on their children's immunizations, make sure they wash their hands regularly, use insect

repellent and seek medical care for any sudden muscle weakness in the arms or legs. Says Abernathy: "I hope [they] figure out where this is coming from and stop it before other children become paralyzed." - CHAR ADAMS

Number of confirmed cases of AFM since the CDC began tracking in 2014 Average age of an AFM patient Number of U.S. states with confirmed cases of AFM

khealth

BYTHE

NUMBERS

AT HOME WITH

GAIL SIMMONS MY FOODIE **FAMILY** OF 4

When Gail Simmons moved to New York City from her hometown of Toronto for culinary school in 1999, having a family wasn't top of mind. "I came on a mission to become an expert in food," says Simmons, 42, who trained in the kitchen of the iconic restaurant Le Cirque 2000 before working in magazines and eventually landing her role as a judge on Top Chef in 2006. "I knew I had to differentiate myself from all the other people who wanted to be food critics, so that was my focus."

After marrying Jeremy Abrams, 41, in 2008, Simmons didn't feel an immediate urge to start a family. Abrams had recently started his own music business, and Simmons was still adjusting to the success of the Bravo competition show. "I never anticipated being on television, and that became so consuming and took a lot of hard work,







energy, time and travel," she says. "I didn't want to succumb to the pressure of, 'Oh, I'm supposed to have a kid now,' when we financially and mentally wanted to do other things." But when the couple decided they were ready, they discovered the road to parenthood wasn't as smooth as they'd imagined. "The old-fashioned way wasn't working," she says. "It was tough because I always knew I wanted a child. I was taught that if you work hard, you can get what you want. That's not the case with making babies sometimes." After four years of trying, Simmons gave birth to their daughter Dahlia, now 4, in 2013, and welcomed son Kole, 5 months, in May. Both were conceived through in vitro fertilization.

"There are a lot of advantages to being an older parent," she says. "I think it comes with more mental stability. We've continued to travel

and have our careers, and when we threw kids in the mix, we were calmer and more prepared than we would have been when we were young."

Her family, she says, has helped her stay focused as her career has taken off: Simmons

'I'M OFTEN **TRAVELING** FOR WEEKS AT A TIME. SO JEREMY IS REALLY THE ON-**DUTY DAD'**

-GAIL SIMMONS

"She's always been a warm, nurturing person, but motherhood has brought out those qualities even more," says Abrams.



GAIL SIMMONS' GREEK-STYLE LAMB MEATBALLS WITH ORZO

- 11/4 lbs. ground lamb
- large egg
- 1/3 cup chopped pitted kalamata olives
- cup plain bread crumbs
- oz. feta cheese, crumbled, divided
- cup chopped fresh dill, divided
- tsp. finely chopped fresh oregano, divided
- 2½ tsp. lemon zest, divided
- 2¼ tsp. kosher salt, divided
- ½ tsp. black pepper, divided
- Tbsp. olive oil, divided
- 1½ cups chopped yellow onion (from 1 large onion)
- 2 tsp. finely chopped garlic (2 cloves)
- (28-oz.) can crushed tomatoes
- dried bay leaves
- Tbsp. water
- cups uncooked dried orzo pasta
- 1. Combine lamb, eqq, olives, bread crumbs, 1/3 cup feta, 2 teaspoons dill, 1 tablespoon oregano, 1/2 teaspoon zest, 1 teaspoon salt and ¼ teaspoon pepper in a large bowl. Gently work together mixture with your hands until combined; shape into 20 balls, each about 1½ inches in diameter. 2. Heat 1 tablespoon oil
- in a wide heavy pot with

lid over medium high. In 2 batches, cook meatballs in hot oil, turning occasionally until browned, about 6 to 8 minutes. Transfer to a plate lined with paper towels.

- **3.** Add onion to pot, and cook, stirring occasionally, until beginning to soften, 3 to 4 minutes. Add garlic, and cook, stirring occasionally, until softened and fragrant, about 2 minutes more. Stir in tomatoes, bay leaves, water and remaining 1 teaspoon oregano. Bring to a simmer over medium high; cover and reduce heat to medium. Cook until sauce is slightly thickened, about 15 minutes. **4.** Remove bay leaves
- from sauce, and discard. Stir in 1 teaspoon salt and 5 teaspoons dill; add meatballs. Reduce heat to low; cover and gently simmer until meatballs are cooked through, 12 to 15 minutes, stirring once halfway through.
- **5.** Meanwhile, cook orzo in a large pot of boiling water until al dente, about 8 minutes; drain and transfer to a large bowl. Add remaining 1 tablespoon oil and ¼ teaspoon each salt and pepper. **6.** Divide orzo among
- serving plates. Top with meatballs and sauce. Sprinkle with remaining feta, dill and zest.

Serves: 4 **Active time:** 35 minutes

Total time: 50 minutes

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released her first cookbook, Bringing It Home, in 2017; continues her role as special projects director for Food & Wine magazine, a title she's held since 2004; and is now on her 13th year of Top Chef (the new season premieres Dec. 6).

When she is on the road filming, her fellow judges Tom Colicchio and Padma Lakshmi have become her second family. "I would equate our relationship with that of siblings," she says. "We've been through so much together. We've all had children, there have been marriages, divorces, deaths and illnesses. But no matter what, we sit at that table and we have a real conversation about food because that's what bonds us all."

Simmons brings that culinary passion back to her family's apartment in Brooklyn, where she finds balance in the kitchen. "It's hard to be healthy when you're filming on location for six weeks, so when I'm home, I try to find easy, fresh food to cook," she says. But she doesn't obsess over counting fat and calories. "When I'm off duty, I definitely think about eating more healthfully, but it's not like I detox. Some people say, 'Don't



HOW THE TOP CHEF JUDGES EAT

Ever wonder how Simmons (above, with Tom Colicchio) and the judges consume so much food at once? "What you don't see is that each chef is staggered in 50-minute increments, so they're not all cooking at the same time." she says. "We usually shoot midday, but I'll still start with a healthy breakfast. We film for hours, so when we wrap, we'll usually have a drink and a small bite

talk about religion or politics at the table,' but my two things are diets and workouts. I don't want to hear about it."

While Simmons has had some

of the world's most famous chefs cook meals for her, she says it's sometimes the simplest foods she craves the most. "Right after I had Kole, one of our friends came over with a basic turkey sandwich with lettuce and mustard on whole-wheat bread, and it was the best gift I was given after childbirth," she says. "It made me so happy. That's the

stuff that keeps me going." - SHAY SPENCE







Ordinary Eggs? Not in this house.

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wants everyone to know that he's im It's been four years since the forod Network's *Down Home with the* avorced from his wife and costar, Gina and he has never spoken about the split in blic—until now. "At the time, I was hurting. I was devastated. And I didn't have the words to explain it," says Pat, 54, who ran his family's nowclosed Neely's Bar-B-Que restaurants starting when he was 23. "It was a challenging time, but it's a chapter that has long passed me." Both sides agree that after they'd been together more than 20 years, it was Gina who "wanted out of the marriage," as Pat puts it, but that's where their agreements end. Gina, 53, told People in March that the bubbly, affectionate relationship they displayed on TV actually "wasn't healthy or happy." Pat has fonder memories. "I truly had a blast," he says of filming 11 seasons of one of the network's

'NO ONE'S LIFE IS PERFECT. WHAT MAKES LIFE SO **GREAT IS HOW YOU** HANDLE THE CHALLENGES' -PAT NEELY

top-rated shows out of their Tennessee kitchen. "One of the things that I'll always cherish about Down Home with the Neelys was that I had an opportunity to get on television every day and invite people into our home. And I was able to share that with my high school sweetheart, a woman I truly loved, and to be me. I never had to act." Though he says he believed they would grow old together, Pat accepted Gina's surprise request to separate. "She made a decision that she wasn't happy, and I respected that," says Pat, who helped raise daughters Shelbi, 23, and Spenser, 29, with Gina. "I didn't give her a hard time," adds Pat, who talks to his daughters on the phone every week. Their divorce litigation took only six hours, he says, and when it was over, it was the fans he thought of most: "I was so concerned that we had let them down, because I know they adored us together."

Pat—who is returning to the restaurant busi-



-PAT NEELY

ness as a culinary consultant for the Atlanta-based franchise This Is It! BBQ

& Seafood—took the next year to dive back into work. "I thought that I would never get married again," he says. But life threw him another curveball. While appearing as a celebrity chef on the Tom Joyner cruise in 2015, Pat met Tamika Parks, a registered nurse-anesthetist. "I guess you could say it was love at first sight," he says. "Tamika took me off guard."

"What attracted me to him was his integrity," says Tamika, 39. "He's a man of his word. Everything that he ever said to me, he has done." Pat proposed on Christmas Eve 2016, and the pair tied the knot on Oct. 7, 2017, at their home outside Atlanta. "She and I have a lot in common," says Pat. "For one, we love family and we love children." Adds Tamika: "I like to eat and he likes to cook, so it works."

Pat considers Eijah, 5, Tamika's son from a previous relationship, his own child. "I don't believe in stepchildren," he says. "The only steps in this house are the ones that go upstairs and downstairs." The couple

expanded their family when they welcomed a daughter, Eriel, 4 months, in July.

Whether he's changing diapers or teaching Eijah how to grill on their patio, Pat never takes any of it for granted. "You come to appreciate when life is really good," he says. Though he kept their relationship private to allow Tamika "a chance to warm up" to his life in the public eye, Pat can't keep his joy to himself any longer. "I run across a lot of people, men in particular, who are going through what I went through four years ago," he says. "I know it looks bleak now, but I tell them, 'You just never know what wonderful things are in store for you." -ANA CALDERONE





PAT NEELY'S BEER-CAN CHICKEN

- Tbsp. smoked paprika
- Tbsp. kosher salt
- Tbsp. onion powder
- Tbsp. cayenne pepper
- Tbsp. ground cumin tsp. dried thyme
- tsp. dried oregano
- 2 tsp. black pepper
- 2 tsp. garlic powder
- 2 cups hickory wood chips
- (4-lb.) whole chicken, giblets removed Tbsp. vegetable oil
- (12-oz.) can pilsner beer
- ½ cup barbecue sauce
- 1. Stir paprika, salt, onion powder, cayenne, cumin, thyme, oregano, black pepper and garlic powder in a bowl.
- 2. Soak wood chips in water for 30 minutes; drain. Light charcoal chimney starter filled with briquettes. When briquettes are covered with gray ash, pour them on bottom grate of grill, and push to 1 side of grill. Scatter chips over hot coals, and heat grill to medium (300° to 350°).
- **3.** Pat chicken dry with paper towels. Rub oil over skin and into cavity. Sprinkle 3 tablespoons rub mixture over chicken and into cavity.
- **4.** Pour out one-fourth of the beer. Place chicken upright onto beer can, fitting can into cavity. Pull legs forward to form a tripod, allowing chicken to stand upright.
- 5. Place chicken and can onto grill over side without coals. Grill, covered, 1 hour and 15 minutes. Transfer chicken and can to rack directly over hot coals. Brush with barbecue sauce and grill, uncovered, until thermometer inserted in thickest portions registers 165°, 15 to 25 more minutes. Remove from grill. Cover with foil; let rest 10 minutes before carving.

Serves: 4 Active time: 20 minutes

Total time: 1 hour, 40 minutes

Subtle color. Not-so-subtle lips.





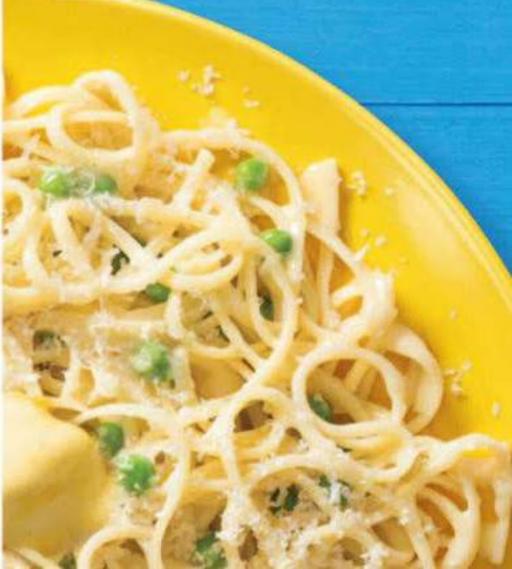




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started her own family with husband John, 60, a sound engineer she met back in Wichita. The couple have been married for 30 years and have three daughters: Delaney, 23, Emma, 20, and Ava, 13. Her two older children live in Los Angeles, which makes McBride cherish moments when everyone gathers at their home in Nashville. "It's a lot of hanging out in the kitchen," says McBride, who will tour this fall with her new album It's the Holiday Season. Even Christmas is low-key: "It's all about making the house cozy and cooking a lot. We eat, watch movies and play games."

Her new cookbook Martina's Kitchen Mix (on sale Oct. 30) reflects that casual lifestyle. "I have never been to culinary school. I am just a home cook," she says. "The book shows the way I've grown as a cook and includes more vegetables, fish and healthier things"-with "decadent comfort food" peppered throughout. With a schedule that often takes her away from home, it's food that keeps her connected. "It's a way I can take care of everyone," she says. "I'm nurturing my friends and family." - STEPHANIE EMMA PFEFFER

HAPPY AT HOME

"When I'm on the road, I miss slow dishes that braise for hours and make your whole house smell great," says McBride (with dog Mae).



- 2½ cups all-purpose flour, plus more for work surface
- cup granulated sugar
- Tbsp. baking powder
- 1 tsp. kosher salt
- 6 Tbsp. (3 oz.) cold unsalted butter, cubed
- oz. sharp cheddar cheese, shredded (about 1 cup)
- 6 hickory-smoked bacon slices, cooked and finely chopped
- 1 large egg
- 1 cup whole buttermilk

1. Preheat oven to 450°. Line a baking sheet with parchment paper (or lightly coat with vegetable oil). Whisk flour, sugar, baking powder and salt in a large bowl. Cut in butter using a pastry cutter (or using 2 knives) until butter resembles size of peas. Stir in cheese and bacon. Whisk together egg and buttermilk in a small bowl. Add to flour mixture; stir until just incorporated. 2. Turn dough out onto a lightly floured surface. Roll dough to 34-inch thickness. Cut into rounds using a 3-inch round cookie cutter. Place dough rounds on prepared baking sheet (spaced 2 inches apart). Reroll

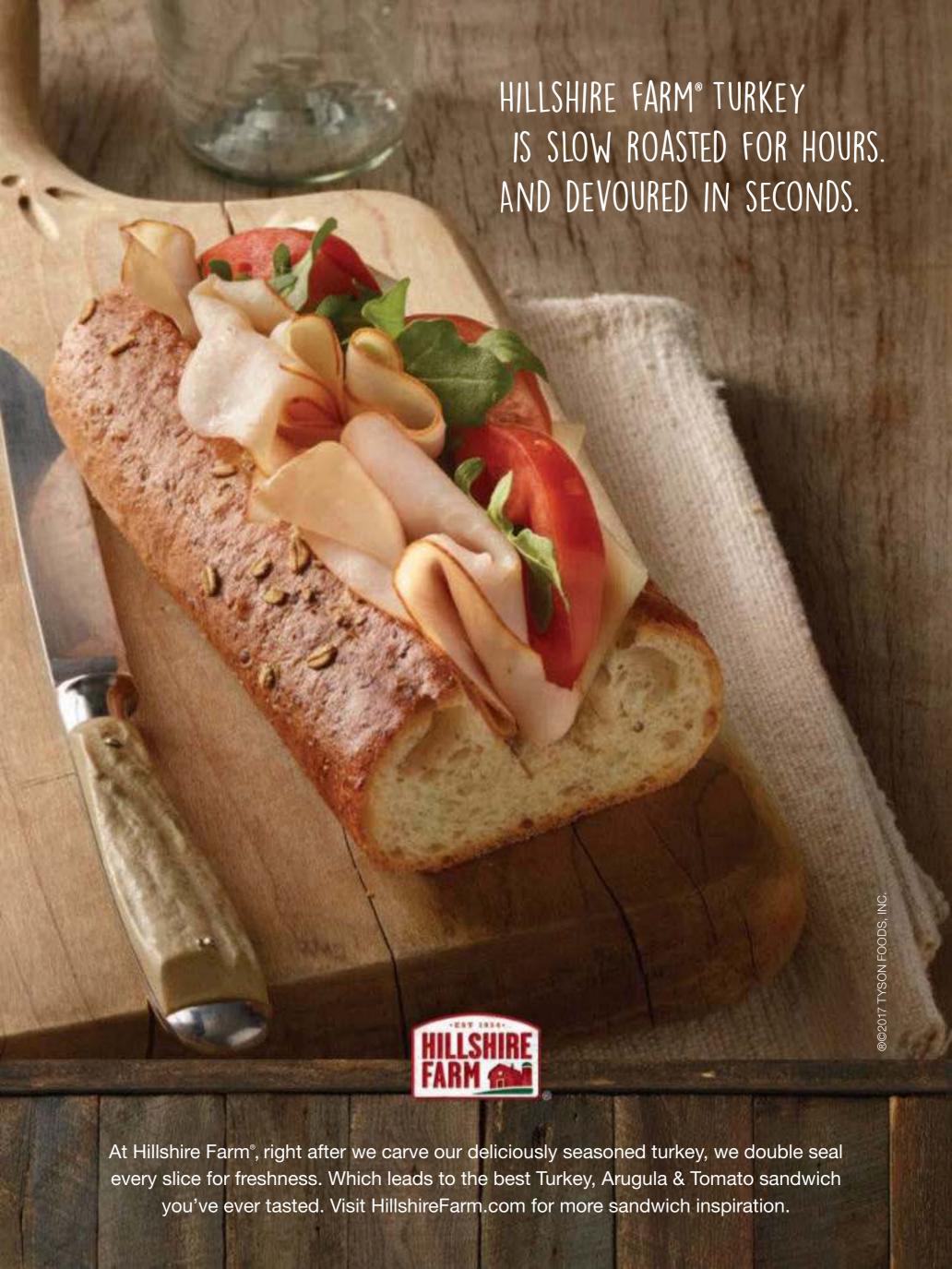
dough scraps; cut rounds, and add to

baking sheet. Bake biscuits in oven until

golden brown, 12 to 14 minutes. **Serves:** 6

Active time: 20 minutes Total time: 35 minutes





People beauty

Your Beauty Questions, Answered

What's the easiest way to do a smoky eye like Sarah Jessica Parker's?

A Believe it or not, the star's glam look is pretty foolproof: You only need charcoal-gray liner, a metallic cream shadow and mascara. "I like to use gray because it's softer than black but has the same effect," says the

YSL Dessin du Regard **Waterproof Pencil in Grey, \$30**

yslbeautyus.com

Marc Jacobs Beauty **Velvet Noir Major** Volume Mascara, \$26 sephora.com

Giorgio Armani Eye Tint in No. 6 Green Iron, \$39 giorgioarmanibeauty-usa.com

star's makeup artist Leslie Lopez. Her instructions: Rim your eyes with the pencil, then blend the line with a small brush. Next, apply the shadow to your lids, focusing on the outer corners. Add another layer for extra drama. Finish with a few coats of mascara—and voilà!

Q Do I *really* need to use a matching shampoo and conditioner?

A Yes and no, says Ni'Kita Wilson, a cosmetic chemist who has formulated products for two decades. "If combining a shampoo from one brand with the conditioner from another performs well for you, it's okay to switch it up," she says. However, most formulas are created to work as a system to tackle certain issues (like dry scalp, at right), Wilson notes. So if you're mixing and matching, the end benefits may be compromised.



Garnier Whole Blends Gentle Shampoo and Conditioner Oat Delicacy, \$4.49 each at drugstores

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-JACKIE FIELDS. People beauty editor



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Peoplebeauty



Peter Thomas Roth Retinol Serum, \$65

This retinol formula doesn't just fight fine lines, it's also infused with vitamin E to provide extra moisture.

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Urban Decay Naked Cherry Palette, \$49

The brand known for its beloved palettes recently released this flirty berry assortment of hues. Blend any two of the dozen shades to give your eye look more dimension.





Josie Maran Body Butter, \$35

This rich moisturizer absorbs in seconds and smells amazing. Bonus: This tub is also sold with a travel-size version so you can hydrate rough patches on the go.

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Set, \$64

This colorcorrecting formula is a foundation and concealer combined. Blend it all over (even on blemishes!) with the accompanying brush.



Laura Geller Bronzer, \$38

Sweep this creamy powder (available in two shades) along your cheekbones, forehead and nose to give your skin a sun-kissed finish. It comes with a fluffy brush for easy

Mally Volumizing Mascara, \$20

application.

It's no surprise this formula is so popular: It thickens lashes without any clumps. For the best results, wiggle the brush at the roots, then glide through the tips.





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