

גיינר All-In-One Perform Blend רשימת הרכיבים המלאה לפי טעם:
פירוט רשימת הרכיבים באחריות אתר היצוק בלבד.

For allergens, including cereals containing gluten, see ingredients in **bold**.
May also contain egg.

1. *Banana Flavour*: Protein Blend (49%) (Whey Protein Concentrate (**Milk**), Whey Protein Isolate (**Milk**)), Carbohydrate Blend (Dextrose, Ground **Oats**), L Glutamine, Creatine Monohydrate (Creapure*[®]*), HMB (beta-hydroxy beta-methylbutyric acid), Emulsifier (**Soy** Lecithin), Flavouring, Colour (Curcumin), Sweetener (Sucralose)
2. *Banana Split Flavour*: Protein Blend (53%) (Whey Protein Concentrate (**Milk**), Whey Protein Isolate (**Milk**)), Carbohydrate Blend (Dextrose, Ground **Oats**), L Glutamine, Creatine Monohydrate (Creapure*[®]*), HMB (beta-hydroxy beta-methylbutyric acid), Emulsifier (**Soy** Lecithin), Flavouring, Colour (Curcumin), Sweetener (Sucralose)
3. *Blueberry Flavour*: Protein Blend (49%) (Whey Protein Concentrate (**Milk**), Whey Protein Isolate (**Milk**)), Carbohydrate Blend (Dextrose, Ground **Oats**), L Glutamine, Creatine Monohydrate (Creapure*[®]*), HMB (beta-hydroxy beta-methylbutyric acid), Emulsifier (**Soy** Lecithin), Acid (Citric Acid), Natural Flavouring (**Sulphites**), Colour (Beetroot Red, Anthocyanin), Sweetener (Sucralose).
4. *Chocolate Banana Flavour*: Protein Blend (45%) (Whey Protein Concentrate (**Milk**), Whey Protein Isolate (**Milk**)), Carbohydrate Blend (Dextrose, Ground **Oats**), L Glutamine, Creatine Monohydrate (Creapure*[®]*), HMB (beta-hydroxy beta-methylbutyric acid), Emulsifier (**Soy** Lecithin), Cocoa Powder, Flavouring, Sweetener (Sucralose)
5. *Chocolate Caramel Flavour*: Protein Blend (45%) (Whey Protein Concentrate (**Milk**), Whey Protein Isolate (**Milk**)), Carbohydrate Blend (Dextrose, Ground **Oats**), L Glutamine, Creatine Monohydrate (Creapure*[®]*), HMB (beta-hydroxy beta-methylbutyric acid), Emulsifier (**Soy** Lecithin), Cocoa Powder, Flavouring, Sweetener (Sucralose)
6. *Chocolate Coconut Flavour*: Protein Blend (53%) (Whey Protein Concentrate (**Milk**), Whey Protein Isolate (**Milk**)), Carbohydrate Blend (Dextrose, Ground **Oats**), L Glutamine, Creatine Monohydrate (Creapure*[®]*), HMB (beta-hydroxy beta-methylbutyric acid), Emulsifier (**Soy** Lecithin), Flavouring, Colour (E150c), Acidity Regulator (Malic Acid), Sweetener (Sucralose).

7. *Chocolate Cookies & Cream Flavour*: Protein Blend (45%) (Whey Protein Concentrate (**Milk**), Whey Protein Isolate (**Milk**)), Carbohydrate Blend (Dextrose, Ground **Oats**), L Glutamine, Creatine Monohydrate (Creapure*®*), HMB (beta-hydroxy beta-methylbutyric acid), Emulsifier (**Soy** Lecithin), Cocoa Powder, Flavouring, Sweetener (Sucralose)
8. *Chocolate Mint Flavour*: Protein Blend (45%) (Whey Protein Concentrate (**Milk**), Whey Protein Isolate (**Milk**)), Carbohydrate Blend (Dextrose, Ground **Oats**), L Glutamine, Creatine Monohydrate (Creapure*®*), HMB (beta-hydroxy beta-methylbutyric acid), Emulsifier (**Soy** Lecithin), Cocoa Powder, Flavouring, Sweetener (Sucralose)
9. *Chocolate Nut Flavour*: Protein Blend (45%) (Whey Protein Concentrate (**Milk**), Whey Protein Isolate (**Milk**)), Carbohydrate Blend (Dextrose, Ground **Oats**), L Glutamine, Creatine Monohydrate (Creapure*®*), HMB (beta-hydroxy beta-methylbutyric acid), Emulsifier (**Soy** Lecithin), Cocoa Powder, Flavouring, Sweetener (Sucralose)
10. *Chocolate Orange Flavour*: Protein Blend (45%) (Whey Protein Concentrate (**Milk**), Whey Protein Isolate (**Milk**)), Carbohydrate Blend (Dextrose, Ground **Oats**), L Glutamine, Creatine Monohydrate (Creapure*®*), HMB (beta-hydroxy beta-methylbutyric acid), Emulsifier (**Soy** Lecithin), Cocoa Powder, Flavouring, Sweetener (Sucralose)
11. *Chocolate Peanut Butter Flavour*: Protein Blend (45%) (Whey Protein Concentrate (**Milk**), Whey Protein Isolate (**Milk**)), Carbohydrate Blend (Dextrose, Ground **Oats**), L Glutamine, Creatine Monohydrate (Creapure*®*), HMB (beta-hydroxy beta-methylbutyric acid), Emulsifier (**Soy** Lecithin), Cocoa Powder, Flavouring, Sweetener (Sucralose)
12. *Chocolate Smooth Flavour*: Protein Blend (45%) (Whey Protein Concentrate (**Milk**), Whey Protein Isolate (**Milk**)), Carbohydrate Blend (Dextrose, Ground **Oats**), L Glutamine, Creatine Monohydrate (Creapure*®*), HMB (beta-hydroxy beta-methylbutyric acid), Emulsifier (**Soy** Lecithin), Cocoa Powder, Flavouring, Sweetener (Sucralose)
13. *Cookies & Cream Flavour*: Protein Blend (49%) (Whey Protein Concentrate (**Milk**), Whey Protein Isolate (**Milk**)), Carbohydrate Blend (Dextrose, Ground **Oats**), L Glutamine, Creatine Monohydrate (Creapure*®*), HMB (beta-hydroxy beta-methylbutyric acid), Emulsifier (**Soy** Lecithin), Flavouring, Sweetener (Sucralose)
14. *Double Chocolate Flavour*: Protein Blend (45%) (Whey Protein Concentrate (**Milk**), Whey Protein Isolate (**Milk**)), Carbohydrate Blend (Dextrose, Ground **Oats**), L Glutamine, Creatine Monohydrate (Creapure*®*), HMB (beta-hydroxy beta-methylbutyric acid), Emulsifier (**Soy** Lecithin), Cocoa Powder, Flavouring, Sweetener (Sucralose)

15. Latte Flavour: Protein Blend (49%) (Whey Protein Concentrate (**Milk**), Whey Protein Isolate (**Milk**)), Carbohydrate Blend (Dextrose, Ground **Oats**), L Glutamine, Creatine Monohydrate (Creapure*[®]*), HMB (beta-hydroxy beta-methylbutyric acid), Emulsifier (**Soy** Lecithin), Flavouring, Malt Extract, Sweetener (Sucralose)
16. Maple Pecan Flavour: Protein Blend (49%) (Whey Protein Concentrate (**Milk**), Whey Protein Isolate (**Milk**)), Carbohydrate Blend (Dextrose, Ground **Oats**), Glutamine, Creatine Monohydrate (Creapure*[®]*), HMB (beta-hydroxy beta-methylbutyric acid), Emulsifier (**Soy** Lecithin), Flavouring, Colour (E150c), Sweetener (Sucralose)
17. Mocha Flavour: Protein Blend (45%) (Whey Protein Concentrate (**Milk**), Whey Protein Isolate (**Milk**)), Carbohydrate Blend (Dextrose, Ground **Oats**), L Glutamine, Creatine Monohydrate (Creapure*[®]*), HMB (beta-hydroxy beta-methylbutyric acid), Emulsifier (**Soy** Lecithin), Cocoa Powder, Flavouring, Sweetener (Sucralose)
18. Natural Banana Flavour: Protein Blend (49%) (Whey Protein Concentrate (**Milk**), Whey Protein Isolate (**Milk**)), Carbohydrate Blend (Dextrose, Ground **Oats**), L Glutamine, Creatine Monohydrate (Creapure*[®]*), HMB (beta-hydroxy beta-methylbutyric acid), Emulsifier (**Soy** Lecithin), Natural Flavouring, Colour (Curcumin), Sweetener (Sucralose)
19. Natural Banoffee Flavour: Protein Blend (49%) (Whey Protein Concentrate (**Milk**), Whey Protein Isolate (**Milk**)), Carbohydrate Blend (Dextrose, Ground **Oats**), Glutamine, Creatine Monohydrate (Creapure*[®]*), HMB (beta-hydroxy beta-methylbutyric acid), Emulsifier (**Soy** Lecithin), Natural Flavouring, Colour (E150c), Sweetener (Sucralose).
20. Natural Chocolate Flavour: Protein Blend (45%) (Whey Protein Concentrate (**Milk**), Whey Protein Isolate (**Milk**)), Carbohydrate Blend (Dextrose, Ground **Oats**), L Glutamine, Creatine Monohydrate (Creapure*[®]*), HMB (beta-hydroxy beta-methylbutyric acid), Emulsifier (**Soy** Lecithin), Cocoa Powder, Natural Flavouring, Sweetener (Sucralose)
21. Natural Strawberry Flavour: Protein Blend (49%) (Whey Protein Concentrate (**Milk**), Whey Protein Isolate (**Milk**)), Carbohydrate Blend (Dextrose, Ground **Oats**), L Glutamine, Creatine Monohydrate (Creapure*[®]*), HMB (beta-hydroxy beta-methylbutyric acid), Emulsifier (**Soy** Lecithin), Natural Flavouring, Colour (Beetroot Red), Sweetener (Sucralose)
22. Natural Vanilla Flavour: Protein Blend (49%) (Whey Protein Concentrate (**Milk**), Whey Protein Isolate (**Milk**)), Carbohydrate Blend (Dextrose, Ground **Oats**), L Glutamine, Creatine Monohydrate (Creapure*[®]*), HMB (beta-hydroxy beta-methylbutyric acid), Emulsifier (**Soy** Lecithin), Natural Flavouring, Sweetener (Sucralose)

23. Orange Cream Flavour: Protein Blend (49%) (Whey Protein Concentrate (**Milk**), Whey Protein Isolate (**Milk**)), Carbohydrate Blend (Dextrose, Ground **Oats**), Glutamine, Creatine Monohydrate (Creapure*[®]*), HMB (beta-hydroxy beta-methylbutyric acid), Emulsifier (**Soy Lecithin**), Flavouring, Colour (Carotenes), Sweetener (Sucralose).
24. Pineapple Flavour: Protein Blend (49%) (Whey Protein Concentrate (**Milk**), Whey Protein Isolate (**Milk**)), Carbohydrate Blend (Dextrose, Ground **Oats**), Glutamine, Creatine Monohydrate (Creapure*[®]*), HMB (beta-hydroxy beta-methylbutyric acid), Emulsifier (**Soy Lecithin**), Flavouring, Colour (Curcumin), Sweetener (Sucralose).
25. Raspberry Flavour: Protein Blend (49%) (Whey Protein Concentrate (**Milk**), Whey Protein Isolate (**Milk**)), Carbohydrate Blend (Dextrose, Ground **Oats**), L Glutamine, Creatine Monohydrate (Creapure*[®]*), HMB (beta-hydroxy beta-methylbutyric acid), Emulsifier (**Soy Lecithin**), Flavouring, Acid (Citric Acid), Colour (Beetroot Red), Purple Carrot Extract, Sweetener (Sucralose)
26. Rocky Road Flavour: Protein Blend (45%) (Whey Protein Concentrate (**Milk**), Whey Protein Isolate (**Milk**)), Carbohydrate Blend (Dextrose, Ground **Oats**), Glutamine, Creatine Monohydrate (Creapure*[®]*), HMB (beta-hydroxy beta-methylbutyric acid), Emulsifier (**Soy Lecithin**), Cocoa Powder, Flavouring, Sweetener (Sucralose).
27. Rum & Raisin Flavour: Protein Blend (49%) (Whey Protein Concentrate (**Milk**), Whey Protein Isolate (**Milk**)), Carbohydrate Blend (Dextrose, Ground **Oats**), Glutamine, Creatine Monohydrate (Creapure*[®]*), HMB (beta-hydroxy beta-methylbutyric acid), Emulsifier (**Soy Lecithin**), Flavouring, Colour (E150c), Sweetener (Sucralose)
28. Salted Caramel Flavour: Protein Blend (49%) (Whey Protein Concentrate (**Milk**), Whey Protein Isolate (**Milk**)), Carbohydrate Blend (Dextrose, Ground **Oats**), Glutamine, Creatine Monohydrate (Creapure*[®]*), HMB (beta-hydroxy beta-methylbutyric acid), Emulsifier (**Soy Lecithin**), Flavouring, Colour (E150c), Sweetener (Sucralose).
29. Stracciatella Flavour: Protein Blend (45%) (Whey Protein Concentrate (**Milk**), Whey Protein Isolate (**Milk**)), Carbohydrate Blend (Dextrose, Ground **Oats**), Glutamine, Creatine Monohydrate (Creapure*[®]*), HMB (beta-hydroxy beta-methylbutyric acid), Emulsifier (**Soy Lecithin**), Cocoa Powder, Flavouring (**Milk**), Sweetener (Sucralose).
30. Strawberry & Raspberry Flavour: Protein Blend (53%) (Whey Protein Concentrate (**Milk**), Whey Protein Isolate (**Milk**)), Carbohydrate Blend (Dextrose, Ground **Oats**), L Glutamine, Creatine Monohydrate (Creapure*[®]*), HMB (beta-hydroxy beta-methylbutyric acid), Emulsifier (**Soy Lecithin**), Flavouring, Colours (E162, E163), Sweetener (Sucralose)

31. Strawberry Cream Flavour: Protein Blend (49%) (Whey Protein Concentrate (**Milk**), Whey Protein Isolate (**Milk**)), Carbohydrate Blend (Dextrose, Ground **Oats**), L Glutamine, Creatine Monohydrate (Creapure*®*), HMB (beta-hydroxy beta-methylbutyric acid), Emulsifier (**Soy** Lecithin), Flavouring, Colour (Beetroot Red), Sweetener (Sucralose)
32. Tiramisu Flavour: Protein Blend (45%) (Whey Protein Concentrate (**Milk**), Whey Protein Isolate (**Milk**)), Carbohydrate Blend (Dextrose, Ground **Oats**), Glutamine, Creatine Monohydrate (Creapure*®*), HMB (beta-hydroxy beta-methylbutyric acid), Emulsifier (**Soy** Lecithin), Cocoa Powder, Flavouring, Colour (E150c), Sweetener (Sucralose)
33. Toffee Flavour: Protein Blend (49%) (Whey Protein Concentrate (**Milk**), Whey Protein Isolate (**Milk**)), Carbohydrate Blend (Dextrose, Ground **Oats**), L Glutamine, Creatine Monohydrate (Creapure*®*), HMB (beta-hydroxy beta-methylbutyric acid), Emulsifier (**Soy** Lecithin), Malt Extract, Flavouring, Sweetener (Sucralose)
34. Unflavoured: Protein Blend (53%) (Whey Protein Concentrate (**Milk**), Whey Protein Isolate (**Milk**)), Carbohydrate Blend (Dextrose, Ground **Oats**), L Glutamine, Creatine Monohydrate (Creapure*®*), HMB (beta-hydroxy beta-methylbutyric acid), Emulsifier (**Soy** Lecithin)
35. Vanilla Flavour: Protein Blend (49%) (Whey Protein Concentrate (**Milk**), Whey Protein Isolate (**Milk**)), Carbohydrate Blend (Dextrose, Ground **Oats**), L Glutamine, Creatine Monohydrate (Creapure*®*), HMB (beta-hydroxy beta-methylbutyric acid), Emulsifier (**Soy** Lecithin), Flavouring, Sweetener (Sucralose)
36. White Chocolate Flavour: Protein Blend (49%) (Whey Protein Concentrate (**Milk**), Whey Protein Isolate (**Milk**)), Carbohydrate Blend (Dextrose, Ground **Oats**), L Glutamine, Creatine Monohydrate (Creapure*®*), HMB (beta-hydroxy beta-methylbutyric acid), Emulsifier (**Soy** Lecithin), Flavouring, Sweetener (Sucralose).