

Drill Location

Lone Sailor Division HQ
Vignetti Center
1910 Adair Street
Ocoee, FL 34761



U.S. NAVAL SEA CADET CORPS

LONE SAILOR DIVISION



The Plan of the Day is an official document of the Lone Sailor Division. Its contents reflect current orders of the Commanding Officer and official unit announcements. All Division personnel are responsible for reading and understanding the information contained herein. Parents and guardians of Cadets are encouraged to read the Plan of the Day and to make note of meeting days and special announcements that may affect personal schedules. Officers and Squad Leaders are expected to carry the POD at all times. PT Hour will be spread through day.

LT. Billy Dover
Commanding Officer
407.383.9455
co_lonesailor_division@hotmail.com

Inst. Larry Reinhart
Executive Office
571.451.5010
trueheading@hotmail.com

Saturday - 21 Aug 2019

Drill Hours: 0730-1000

Cadet Officers: 0700

Uniform of the Day

Cadets : ARRIVE in Unit T-Shirts and PT Shorts
SWITCH to NWU(s)

New Cadets : Solid White shirt and Mid-Thigh Gray, Navy Blue, Or Black Shorts, White Socks, Sneakers

Officers & Staff : Unit T-Shirts

Drill Schedule

0700 - Cadet Officers Arrive	1200 - Chow
0730 - Cadets Arrive Report to Quarter Deck	1230 - Chief & Senior PO Meeting w/ CO & XO
0800 - Colors/Awards/Promotions	1230 - Chow Hall Duty
0830 - NEW CADETS INDOC w/ CO,XO, & ADMIN	1300 - Survival Communication Class
0830 - Division PT and Formation Run	1330 - Survival Communication Field Training
0915 - Change into NWU(s)	1430 - Etiquette Training w/ CO
0930 - Activity (Outdoor/Indoor)	1500 - Discuss Upcoming Events
1000 - Color Guard	1530 - Square Away Facility
1100 - Radio Communications	1600 - Dismissal

Ready List

Cadets will bring all Completed Course Work

Cadets will need to bring REPORT CARDS from the previous two quarters (Last Year's Report Cards Quarters 3 & 4)

Annual Renewal Payments for those families contacted by Admin

CADETS WILL BE REQUIRED TO HAVE USNSCC ID IN THEIR POSSESSION

Properly Groomed Nails, Hair Cuts, Properly Shaved Faces, and Hair in Bun

Double Check Your Gear, Hydrate the Night Before Drill, and BRING YOUR HYDRATION PACK

Cadets and Staff will bring mandatory \$5 for Chow

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Sunday - 22 Sep 2019

Drill Hours: 0730-1000

Cadet Officers: 0700

Uniform of the Day

Cadets : ARRIVE in NWU(s)

SWITCH Yellow PT Uniform (Female Cadets will need to bring their one piece bathing suit to be worn under PT Uniform for Swim Quals)

New Cadets : Solid White shirt and Mid-Thigh Gray, Navy Blue, Or Black Shorts, White Socks, Sneakers

Officers & Staff : Yellow PT Gear

Drill Schedule

0715 - Cadet Officers Arrive

0730 - Cadets Arrive Report to Quarter Deck

0800 - Colors/Awards/Promotions

0830 - Marine Corps PT

0930 - Activity (Indoors)

1030 - Color Guard

1130 - Chow

1200 - Square Away Facility

1230 - Depart for Swim Quals

1300 - Swim Quals

1600 - Dismissal

Ready List

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Properly Groomed Nails, Hair Cuts, Properly Shaved Faces, and Hair in Bun

Double Check Your Gear, Hydrate the Night Before Drill, and BRING YOUR HYDRATION PACK

Cadets and Staff will bring mandatory \$5 for Chow

Cadets will bring all Completed Course Work