

Drill Location

Lone Sailor Division HQ
 Vignetti Center
 1910 Adair Street
 Ocoee, FL 34761



U.S. NAVAL SEA CADET CORPS

Unit Officer's Email

CO Dover: bgdir@hotmail.com
 XO Reinhart: trueheading@hotmail.com

LONE SAILOR DIVISION



The Plan of the Day is an official document of the Lone Sailor Division. Its contents reflect current orders of the Commanding Officer and official unit announcements. All Division personnel are responsible for reading and understanding the information contained herein. Parents and guardians of Cadets are encouraged to read the Plan of the Day and to make note of meeting days and special announcements that may affect personal schedules. Officers and Squad Leaders are expected to carry the POD at all times. PT Hour will be spread through day.

LT. Billy Dover
 Commanding Officer
 407.383.9455

INST Larry Reinhart
 Executive Office
 571-451-5010

Saturday - 17 Aug 2019

Drill Hours: 0730-1600

Cadet Officers: 0700

Uniform of the Day

Lone Sailor Cadets : ARRIVE IN FULL DRESS WHITE (Shined Shoes, Neat Neckchief, Pressed Whites, Full Ribbons and Name Plates)
 SWITCH TO YELLOW PT GEAR AFTER UNIFORM INSPECTION

New Recruits : Solid White shirt and Mid-Thigh Gray, Navy Blue, Or Black Shorts, White Socks, Sneakers

Officers & Staff : Yellow PT Gear

Drill Schedule

0700 - Cadet Officers Arrive (A) ALL OFFICERS MEETING	1100 - DIVISION PT
0730 - Cadets Arrive Report to Quarter Deck	1200 - Chow
0800 - Colors/Awards/Promotions	1240 - Chief and Senior PO Meeting w/ CO & XO
0830 - XO Turnover Ceremony	1240 - Color Guard Drill (Unit & Recruits)
0845 - Dress Whites Inspection	1340 - "Shake Off The Summer Rust" KO Drills & Pass/Review
0915 - Change into Yellow PT Gear	1340 - NEW CADETS/PARENTS INDOC w/ CO,XO, & ADMIN
0930 - CO ADDRESS STAFF AND CADETS (By Request)	1440 - Fun Activity Time (ENS Lopes)
1000 - Eric Tidwell (Navy Guest Speaker)	1530 - Square Away Facilities
	1600 - Dismissal

Ready List

*****CADETS WILL REPORT TO ADMIN WITH SERVICE JACKETS ISSUED TO CADETS FOR SUMMER TRAININGS*****

CADETS YOU MUST BRING A HANGING GARMENT BAG WITH FULL YELLOW PT GEAR

CADETS WILL BE REQUIRED TO HAVE USNSCC ID IN THEIR POSSESSION

Properly Groomed Nails, Hair Cuts, Properly Shaved Faces, and Hair in Bun

Double Check Your Gear, Hydrate the Night Before Drill, and BRING YOUR HYDRATION PACK

Recruits, Parents, Cadets and Staff will bring mandatory \$5 for Chow

Cadets Must bring all Completed Course Work

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INST Larry Reinhart
 Executive Office
 571-451-5010

Sunday - 18 Aug 2019

Drill Hours: 0730-1600

Cadet Officers: 0715

Uniform of the Day

Lone Sailor Cadets : ARRIVE IN BLUE UNIT T-SHIRT & PT SHORTS

New Recruits : Solid White shirt and Mid-Thigh Gray, Navy Blue, Or Black Shorts, White Socks, Sneakers

Officers & Staff : Blue PT Gear

Drill Schedule

0715 - Cadet Officers Arrive	1130 - Inspirational Talk (Inst. Ferrone and CO)
0730 - Cadets Arrive Report to Quarter Deck	1200 - Chow
0800 - Colors/Awards/Promotions	1230 - FUN Activity Time (XO Reinhart)
0830 - Division Departs for Ocoee High School	1345 - Naval Terminology Pair-Up
0900 - Navy PRT at Ocoee High School (Move)	1430 - Anchors Away, General Orders, Sea Cadet Oath
0930 - Division PRT	1500 - Coursework Instructions (Admin Lopes)
1030 - Division Returns to Vignetti Center	1530 - Clean Facilities
1100 - HAZING, HARASSMENT, HORSEPLAY TRAINING	1600 - Dismissal

Ready List

CADETS WILL BE REQUIRED TO HAVE USNSCC ID IN THEIR POSSESSION
Properly Groomed Nails, Hair Cuts, Properly Shaved Faces, and Hair in Bun
Double Check Your Gear, Hydrate the Night Before Drill, and BRING YOUR HYDRATION PACK
Cadets and Staff will bring mandatory \$5 for Chow
Cadets will bring all Completed Course Work