

CONGRÈS MÉDICO-CHIRURGICAI **DELAFCPC**

Role of prenatal diagnosis in predicting the outcomes of a new-born with congenital heart disease



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> Centre de Référence Maladies Rares Malformations Cardiaques Congénitales Complexes-M3C **Centre de Référence Maladies Rares** Maladies Cardiaques Héréditaires- CARDIOGEN



Reference Network

for rare or low prevalence complex diseases

Network **Respiratory Diseases** (ERN-LUNG)



Network complex diseases

Network Heart Diseases (ERN GUARD-HEART)





Disclosure

• None



18-22 Weeks



The French system during pregnancy











TATO

PARSIFAL organization after fetal diagnosis of CHD



If heart anomaly is confirmed

Level 3

















Fetal echocardiography by expert

Information Diagnosis **Prognosis Need for karyotype** Search for associated anomalies

www.hebee.fr

Parental decision to continue pregnancy

Information **Organisation of perinatal care Decision of in utero transfer if needed**

Parental decision to terminate pregnancy

Prenatal diagnosis national center **Multidisciplinary decision**

Level 4

Level 4





Prevalence, pre- and post-natal diagnosis, and infant mortality of newborns with congenital heart defects A population-based study using the International Paediatric and Congenital Cardiac Code (IPCCC) The EPICARD Study Group 2005-08

Proportion of prenatal diagnosis

All CHDs

In categories of CHDs

ACC-CHD categories	% of prenatal diagnosis	ACC-CHD categories	% of prenatal diagnosis (n)	Type of CHD	% of prena diagnosi
All cases excluding chromosomal anomalies	25.6	Heterotaxy	89.2 (37)	Congenitally corrected transposition of the great	100
		Anomalies of venous connections	16.0 (25)	Functionally univentricular heart	92.5
chromosomal		Anomalies of atria	4.3 (164)	TGA	74
and other extra cardiac anomalies	23	Anomalies of AV junction and AV valves	67.0 (91)	DORV	98
All cases excluding		Complex anomalies of AV junction	100.0 (13)		
chromosomal,	40.0	Functionally univentricular heart	92.5 (133)		
other anomalies	40.2	Ventricular septal defects	9.6 (1353)		
and simple vSD		Anomalies of ventriculo-arterial connections	39.2 (503)		
		Anomalies of extra pericardial trunks	44.7 (143)		
		Congenital anomalies of coronary arteries	0 (9)		



Specific CHDs





Prenatal diagnosis of CHD and TERMINATION OF PREGNANCY What is the impact ?

Prevalence, pre- and post-natal diagnosis, and infant mortality of newborns with congenital heart defects: A population-based study using the International Paediatric and Congenital Cardiac Code (IPCCC) The EPICARD Study Group 2005-08

Proportion of Termination of pregnancy

All CHDs

ACC-CHD categories	% TOP
All cases excluding chromosomal anomalies	9.8
All cases excluding chromosomal and other extra cardiac anomalies	6.4
All cases excluding chromosomal, other anomalies and simple VSD	14.0



In categories of CHDs

ACC-CHD categories	% TOP
Heterotaxy	75.7
Anomalies of venous connections	16.1
Anomalies of atria	4.4
Anomalies of AV junction and AV valves	42.7
Complex anomalies of AV junction	46.2
Functionally univentricular heart	62.7
Ventricular septal defects	5.7
Anomalies of ventriculo-arterial connections	18.5
Anomalies of extra pericardial trunks	23.5
Congenital anomalies of coronary arteries	0





If you diagnose 100% of HLHS and terminate 50%, perinatal mortality is 50%

If you diagnose 20% of HLHS and terminate 100%, perinatal mortality is 20%



Severity I (SI): single ventricle, hypoplastic left heart, hypoplastic right heart, Ebstein anomaly, and tricuspid atresia Severity II (SII): pulmonary valve atresia, common arterial truncus, atrioventricular septal defects, aortic valve atresia/stenosis, transposition of great vessels, tetralogy of Fallot, total anomalous pulmonary venous return, and coarctation of aorta, without additional CHD subgroups classified as severity I. Severity III (SIII): ventricular septal defect (VSD), atrial septal defect, and pulmonary valve stenosis, without additional CHD subgroups classified as SI or SII.



Helen Dolk et al. Circulation. 2011;123:841-849

Proportion of nonchromosomal SI/SII congenital heart defect cases prenatally diagnosed (PD)* by pregnancy outcome (terminations of pregnancy for fetal anomaly [TOPFA] or birth), by country, 2000 to 2005





Outcomes informations influence the decision to perform TOP in UVH



Figure 2 Kaplan-Meier survival plot showing difference in postnatal transplantation-free survival after Fontan procedure of all live births with prenatal diagnosis of dominant LV (----, n = 65) and dominant RV categorized into high-risk (--, n = 30) or standard-risk (-----, n = 95) hypoplastic left heart syndrome. Log rank test P < 0.001. Values at bottom of plot indicate number of patients alive and not lost to follow-up at each time point, displayed in same order as curves.

Dominant LV Dominant RV/low risk Dominant RV/high risk

12 14 16



Cardiologists and parents factors in deciding to continue pregnancy

Factor in Deciding to Continue Pregnancy (lay terminology)

Moral/religious beliefs

Quality of life of the child

Potential neurodevelopmental delay (learning disabilities and delay

Probability of child surviving until birth

Probability of child surviving into early childhood

Probability of child surviving into adulthood

Impact on quality of life for the family/siblings

Potential need for repeated surgeries and hospitalizations

Need for Fontan palliation vs. two-ventricle repair (severity of hea

Potential need for a heart transplant

(Participants were asked to rank the 3 most important factors; all 3 factors are included for each subject. Therefore percentage summation is greater than 100.)

	Number of Cardiologists n = 38 (%)	Number of Parents n = 41 (%)
	7 (18)	13 (32)
	34 (89)	21 (51)
ıy)	23 (61)	3 (7)
	2 (5)	11 (27)
	1 (3)	9 (22)
	8 (21)	10 (24)
2	10 (26)	3 (7)
	5 (13)	3 (7)
art disease)	10 (26)	9 (22)
	3 (8)	2 (5)



Infant MORTALITY in newborns with congenital heart defects The EPICARD S

Study Group	Prenatal diagnosis	Postna	atal dia	ignosis	Infant mortality	
ACC-CHD categories	Ν	<7days %	8-28 days %	29 days- 1 year %	%	95%CI
Heterotaxy	8	25.0	0.0	12.5	37.5	8.5-75.5
Anomalies of venous	26	3.9	11.5	11.5	26.9	11.6-47.8
Anomalies of atria	174	0.6	0.6	2.3	3.5	1.3-7.3
Anomalies of AV junction and AV valves	109	8.3	7.3	12.8	28.4	20.2-37.0
Complex anomalies of AV	7	0.0	0.0	14.3	14.3	0.4-57.9
Functionally univentricular	48	41.7	12.5	4.1	58.3	43.2-72.4
Ventricular septal defects	1396	0.2	0.5	0.9	1.6	1.0-2.4
Anomalies of ventriculo-arterial connections	447	2.3	2.0	4.0	8.3	5.9-11.2
Anomalies of extra pericardial trunks	124	3.2	6.5	2.4	12.1	6.9-19.2
Congenital anomalies of coronary arteries	9	0	0	11.1	11.1	0.3-48.2
AII	2348	2.1	1.8	2.5	6.4	5.5-7.5
All except chromosomal anomalies and /or anomalies of other systems and IVSD	784	2.9	2.2	3.6	8.7	6.8-10.9

M3C

All except chromosomal	
anomalies and /or anomalies of	784
other systems and IVSD	

Prenatal diagnosis of CHD and <u>MORTALITY</u> *Is there any impact ?*



TATOO

Prenatal diagnosis of TGA reduces neonatal mortality







Preoperative mortality in TGA = 4-6% (vs./+) Surgical mortality = 1-2%



TGA









	Postuble broop	Press trap
Independ TSA	304	
Associated detects	- 48	
400	38	
V50+064	14	
CoA	1	1
Apr IC Advances, 1	10.4210	2,2+3.0
Mediancia serilation	95(24)	1201.0
MATCORE AND AND A BOT	104	
POE Infaster		
5AG	198	54
Progestative mortality	15	
Cooking along patient	TTO MIC	40.400
Northal	168	47
Abnertal	45	28
Peeperative mortuing	30	
Progettal story, of	10::17	28211







Recent studies show that prenatal diagnosis DOES NOT impact neonatal CHD mortality

Association between prenatal diagnosis and risk of infant mortality for four specific congenital heart defects (CHDs), Table 3 EPIdémiologie des CARDiopathies congénitales (EPICARD) Population-Based Cohort Study

	Prenatal diagnosis		Infant mortality				
CHD		n*	n†	n† %	95% CI	Risk ratio	95% C
Functionally univentricular heart‡	No	7	3	42.9	9.9 to 81.6		
	Yes	32	17	53.1	34.7 to 70.9	1.2	0.5 to 3
d-Transposition of the great arteries‡	No	24	1.	4.2	0.1 to 21.1		
	Yes	57	5	8.8	2.9 to 19.3	2.1	0.3 to
Tetralogy of Fallot‡	No	18	2	11.1	1.4 to 34.7		
	Yes	36	1	2.8	0.07 to 14.5	0.3	0.02 to
Coarctation of the aorta‡	No	44	3	6.8	1.4 to 18.7		
	Yes	29	2	6.9	0.8 to 22.8	1.0	0.2 to 5
	1						

"N = number of live births (denominator data).

tn= number of deaths (numerator data).

#Cases with the specific International Paediatric and Congenital Cardiac Code for the given CHD; whether or not other CHD codes were also included, all cases with chromosomal or others anomalies were excluded.



Khoshnood B et al. BMJ open 2017 van Velzen CL et al. BJOG 2016;123:400–407









Prenatal diagnosis has a limited (TGA) or no impact on neonatal mortality





Li F et al. World J Pediatr. 2016;12:298-307.

Study or subgroup

TGA er Senadabara er Knmar TGA 1999 Subtotal (95%CI) Total events

HLES - - Canadalana - 200-

Kumar HLHS 1999 Tworetzky 2001 Subtotal (95% CI) Total events

LHO

Eepen 1993 Subtotal (95% CI) Total events Heterogeneity: Not applicable.

DORV

Lagopoulos 2010 Subtotal (95% CI) Total events Heterogeneity: Not aplicable

Mixed

Copel 1997 Fuchs 2007 Verbeijen 2001 Subtotal (95% CI) Total events

Total (95% CI) Total events



Fig. 6. Forest plot for the comparison of postoperative mortality between the prenatal and postnatal diagnosis groups. Significant difference in postoperative mortality was found between the prenatal and postnatal diagnosis groups, with an odds ratio of 0.66 (95% CL 0.46, 0.94, P=0.02). No heterogeneity was detected (P=0.17, P=30%). HLHS: hypoplastic left heart syndrome; TGA: transposition of great arteries; LHO: left heart obstruction; DORV: double outlets night ventricle; CI: confidence interval; df degree of freedom.



Prenatal diagnosis still reduces mortality in countries with limited access to neonatal care





Xie D, et al. Perinatal outcomes and congenital heart defect prognosis in 53313 nonselected perinatal infants. PLoS ONE 2017; 12(6): e0177229.



Death before hospital discharge in prenatally diagnosed « in-born » CHD



- at risk for Rashkind
- ductal-dependent pulmonary flow
- potentially ductal-dependent pulmonary flow
- ductal-dependent systemic flow
- potentially ductal-dependent systemic flow
- TAPVR
- **AV block with CHD**
- a priori at no risk of early intervention
- ALL







TATOO

Mortality is <u>no more</u> the important outcome in developed countries

MORBIDITY (early and late) should be the new end-point to scrutinize

Mortality is not an end-point **Does prenatal diagnosis of CHD reduce neonatal morbidity?**

- Prenatal diagnosis reduces morbidity in life-threatening CHD ?
 - Not reproducible in TGA¹ nor in other defects
- Prenatal diagnosis allows to anticipate and prevent early demise ?
 - Through immediate interventions² after in utero transfer of fetuses at risk

1-Escobar-Diaz M et al. Ultrasound Obstet Gynecol. 2015; 45: 678–682 2-Bensemlali M et al. CiTY 2016





Prenatal diagnosis anticipates and prevents early demise is in utero transfer a valid option ?

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Common indications for in utero transfer

- Life threatening CHDs
 - Ex: TGA, TAPVR, HLHS
 - **Evolutive defects**
 - Ex: Coarctation of the aorta
 - **Uncertain perinatal physiology**
 - Ex: Tetralogy of Fallot
 - Highly variable/unpredictable postnatal outcome *Ex: Ebstein*



Interventions in prenatally diagnosed « in-born » CHD

Type of CHD/predicted physiology	Number o patients
at risk for Rashkind	345
ductal-dependent pulmonary flow	94
potentially ductal-dependent pulmonary flow	163
ductal-dependent systemic flow	66
potentially ductal-dependent systemic flow	300
a priori at no risk of early intervention	98
ALL	1080

Intervention before discharge %
86
74
23
89

39

7

55

TGA 748 in born 21% early demise 87% intervention **Suspected coarctation** 486 in born 35% intervention ToF 287 in born 4% intervention

Bensemlali M et al. CiTY 2016 Bensemlali M et al. Arch Cardiovasc Dis 2016







Mortality is not an end-point **Does prenatal diagnosis of CHD reduce neonatal morbidity?**

- Prenatal diagnosis reduces morbidity in life-threatening CHD ?
 - Not shown in TGA¹ nor in other defects
- Prenatal diagnosis allows to anticipate and prevent early demise ?

 - management

Through immediate interventions² after in utero transfer of fetuses at risk

Through in utero transfer to optimize diagnosis accuracy and tailor postnatal

1-Escobar-Diaz M et al. Ultrasound Obstet Gynecol. 2015; 45: 678–682 2-Bensemlali M et al. CiTY 2016 3-Bensemlali M et al. JACC 2016







Impact of discordances between pre- and post-natal diagnosis on outcomes in in-born fetal CHD

Total number 1285	n	% of the total population	% disco
Different diagnosis	36	2.9	
Partially different diagnosis with MAJOR impact on the planned neonatal treatment	97	7.7	
Partially different diagnosis with MINOR impact on the planned neonatal treatment	235	18.7	





Mortality is no more the important outcome in developed countries

Can late outcomes be predicted in fetal CHD ?



TATOO

Early morbidity reduction after prenatal diagnosis of CHD is a valid end-point to be further confirmed Indications for in utero transfer and prediction of early outcomes should be further defined

Prenatal diagnosis accuracy in predicting cardiac outcomes

- CHDs?
 - Not shown in TGA¹ nor in other defects •

Prenatal diagnosis predicts cardiac mortality in live-birth prenatally diagnosed





Is information on cardiac outcomes individualized ?

Mortality in simple TGA is mainly driven by coronary artery pattern Should we attempt to diagnose coronary artery distribution before birth ?







Single ostium

If you claim that surgica

-you are close to reality in TGA with normal coronary pattern

-you are excessively optimistic in TGA with intramural course of coronary artery

OR = 2.9

Hutter Blume Werne Day Quee





I mortality is 1% in simple TO	λA,



Pasquali SK et al. Circulation. 2002;106:2575-80.



Prenatal diagnosis accuracy in predicting cardiac outcomes

- Prenatal diagnosis predicts cardiac mortality ?
 - Not shown in TGA nor in other defects •
- Prenatal diagnosis predicts reparability of complex defects ?
 - Partially shown in PA-VSD and DORV •



Is information on probability of complete repair individualized?

PA branches Normal vs. absent/hypoplastic

> **PA trunk** present vs. absent MAPCAs present vs. absent

Repair of PA-VSD is closely related to size of pulmonary artery branches

Repair < 1y %	p	
86 vs. 55	<0.001	
79 vs. 16	0,003	
76 vs. 50	0.17	



Prenatal diagnosis accuracy in predicting cardiac outcomes

- Prenatal diagnosis predicts cardiac mortality ?
 - Not shown in TGA nor in other defects
- Prenatal diagnosis predicts reparability of complex defects ?
 - Partially shown in PA-VSD and DORV
- Interventions after prenatal diagnosis can modify cardiac outcomes •
 - Partially shown in fetal aortic valve stenosis



Prenatal diagnosis accuracy in predicting NON-cardiac outcomes

- Prenatal diagnosis improves neurodevelopment outcomes ?
 - Shown in TGA¹



Neurodevelopmental morbidity is improved after prenatal diagnosis

Cognitive Domain	Test	Prenatal (n=29)	Postnatal (n=16)	p
IQ	CMMS	114.5 (8.50)	112.4 (8.06)	0.4
Receptive Language	NEPSY - Comprehension	12.65 (0.55)	12.25 (1.12)	0.11
Response motor control	NEPSY – Knock and tap	24.31 (2.46)	24.14 (5.82)	0.89
Cognitive control	Stroop test (Number of errors)	2.41 (2.48)	4.31 (3.59)	0.04
Cognitive control	Stroop test (Reaction Time)	77.82 (28.05)	90.74 (36.71)	0.19
Verbal working memory	Digit span WISC IV	2.96 (2.48)	2.62 (2.57)	0.66
Spatial working memory	BEM-144 blocks	3.62 (2.0)	2.06 (2.01)	0.01
Cognitive flexibility	DCST	8.10 (2.65)	5.64 (2.61)	0.006
Social cognition	Theory of mind	1.31 (1.33)	0.31 (0.87)	0.01



Prenatal interventions can improve non-cardiac outcomes

Maternal interventions to improve outcome : hyperoxygenation



Pulsatility index and need for BAS in HLHS Might improve LV filling in conditions leading to small LV



Hyperoxygenation may improve fetal brain VO2 and have an impact on white matter anomalies

Szwast A et al. Circ Cardiovasc Imaging 2010;3:172-178 Channing A et al. Ultrasound Obstet Gynecol 2015; 45: 664–669



Prenatal diagnosis accuracy in predicting NON-cardiac outcomes

- Prenatal diagnosis improves neurodevelopmental outcomes ?
 - Shown in TGA¹
- Prenatal diagnosis can help detecting social conditions at risk ?

Poverty is a major risk factor for poorer non-cardiac (and cardiac) outcomes

Calderon J et al. J Pediatr 2012 Khosnood B et al. 2017





Vulnerable areas Schools, security, housing...





- Tentores wheative



Socioeconomic disparities in healthcare are not inevitable The EPICARD Study Group

The proportion of PND of CHD were similar across categories The health system organization allowed high availability of reimbursed specialized services that can provide similar access to PND for all socioeconomic groups

Income level and geographic origin does not influence access to prenatal diagnosis and postnatal care

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Differences in prenatal diagnosis by maternal occupation, geographic origin and place of residence

	All CHD				
	n 2867	% 29.1 ⁽	Adj-OF	R 95%CI	р
Geographic origin					0.62
France	1370	27.7	Ref	Ref	
North African	526	28.1	1.0	0.8-1.3	
African	393	33.6	1.3	1.0-1.7	
Other	562	30.6	1.1	0.9-1.4	
Occupation					0.39
Professional	2139	68.9	Ref	Ref	
None	728	31.6	1.3	0.8-1.5	
Department of					0.01
residence					0.31
Paris	972	28.8	Ref	Ref	
Hauts de Seine	702	29.5	1.1	0.8-1.4	
Val de Marne	509	26.3	0.7	0.5-1.0	
Seine-Saint Denis	684	25.6	0.9	0.7-1.2	



Socioeconomic disparities in healthcare are not inevitable The EPICARD Study Group

CHD are related to maternal geographic origin

	All CHD				
	n 835	% 41.4	Adj-OR	95%CI	p
Geographic origin					<0.0004
France	380	46.1	Ref	Ref	
North African	148	26.4	0.4	0.2-0.6	
African	132	34.9	0.6	0.3-1.0	
Other	172	48.8	1.1	0.7-1.8	
Occupation					0.09
Professional	165	43.0	Ref	Ref	
None	230	30.4	0.8	0.4-1.3	
Department of residence					0.25
Paris	280	42.1	Ref	Ref	
Seine-Saint Denis	214	38.8	0.9	0.6-1.5	

Proportion of TOP is related to maternal origin

The association between TOP and maternal characteristics in fetuses with prenatal diagnosis of

Khosnood B et al. 2017



How socioeconomic differences in prenatal decision for TOP may influence outcomes ?

- The probability of TOPFA may represent women's preferences that should of course be respected.
- These differences in TOPFA can result in disparities in the spectrum of severity of CHD at birth and thereby, all else equal, in the risk of mortality, morbidity and long-term adverse developmental outcomes for newborns with CHD.
- In addition, families with fewer resources may become disproportionately responsible for the care of newborns with more severe types of CHD.
- The extent to which post-natal management can modify any such disparities needs to be examined.



State of play

- •
- extracardiac anomalies and univentricular heart being the major causes for TOP.
- ٠ outcomes.
- diagnosed fetuses with CHD:
 - Identification of fetuses at high risk before and after birth
 - Fetal cardiac interventions

Prenatal diagnosis has a specific organization in France with a high rate of detection for complex CHD.

While access to prenatal diagnosis is possible for all women, the proportion of TOP is stable for 25 years with

Diagnosis accuracy has still to be improved to better organize perinatal care and predict short and long term

The future is to improve cardiac and extra cardiac outcomes of prenatally

- Maternal/social interventions for cardiac or neurodevelopment end-points









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To read more <u>www.carpedemm3c.com</u>





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Transposition of the great arteries

