## COPPER WATER BOTTLE

## Benefits of Drinking Water from Copper Water Bottle

1.	Improves the Digestive	System.
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- Slows down ageing.
- 3. Helps in healing wounds faster and relieving pain.
- 4. Regulated Thyroid Glands.
- Prevents Seizures.
- Copper Stimulates Brain.
- 7. Helps in the formation of New cells.
- 8. Reduces Arthritis and Inflammatory Pain.
- 9. Strengthens the Immune System.
- 10. Copper has Anti-Viral, Anti-Bacterial & Anti-Inflammatory Properties.
- 11. Eliminates Toxins from the Body.
- 12. Copper Helps in Preventing Cancer.
- Helps in the Production of Melanin in the body.
- 14. Increase the Absorption of Nutrients from Food.
- 15. Regulates Menstrual cycle in Women.
- Beats Hypertension and Maintains Cardiovascular Health.
- Prevents Seizures.
- 18. Helps in controlling Cholesterol.
- 19. Prevents Diarrhoea, Jaundice and other water borne diseases.
- Helps to maintain the Ph balance in the Body.

## Effective Ways of Using and cleaning the Copper Water Bottle.

- Buy a Good Quality Pure Copper Bottle.
- Rinse thoroughly before using with Salt and Lemon.
- Store Water in the Copper Bottle at least 6 – 8 hrs. before drinking so that the Copper lons dissolves in the Water. Best is to Store overnight and drink first thing in the Morning.
- Always use Water at room temperature not too cold or too hot.
- Do not refrigerate the Bottle.
- Use the bottle only for drinking Water and not for storing any acidic/citric juices.
- Due to Oxidizing nature the Copper Bottle turns darker faster. So need to clean regularly.
- Mix lemon Juice with salt and scrub it with the lemon peel both Inside and outside the bottle for 2 Mins and rinse with water 2 -3 Times.
- Wipe it with dry cloth after washing outside the Bottle and use it again.

For Buying/ Queries please do visit : www.santara.online

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