

# 39th Annual Fort Worth International Taekwondo Championships



October 12, 2019

Fort Worth Convention Center - Main Arena

For Information:

817-366-8225 or 817-903-6720

Info@jhtsolutions.com

www.ftwitkd.com

Register at: [www.tourneygo.com](http://www.tourneygo.com)

*Presented by*  
Grandmaster Won Chik Park  
Founder & Tournament Director  
Since 1981



**JH Tournament Solutions**  
End-to-end Tournament Management



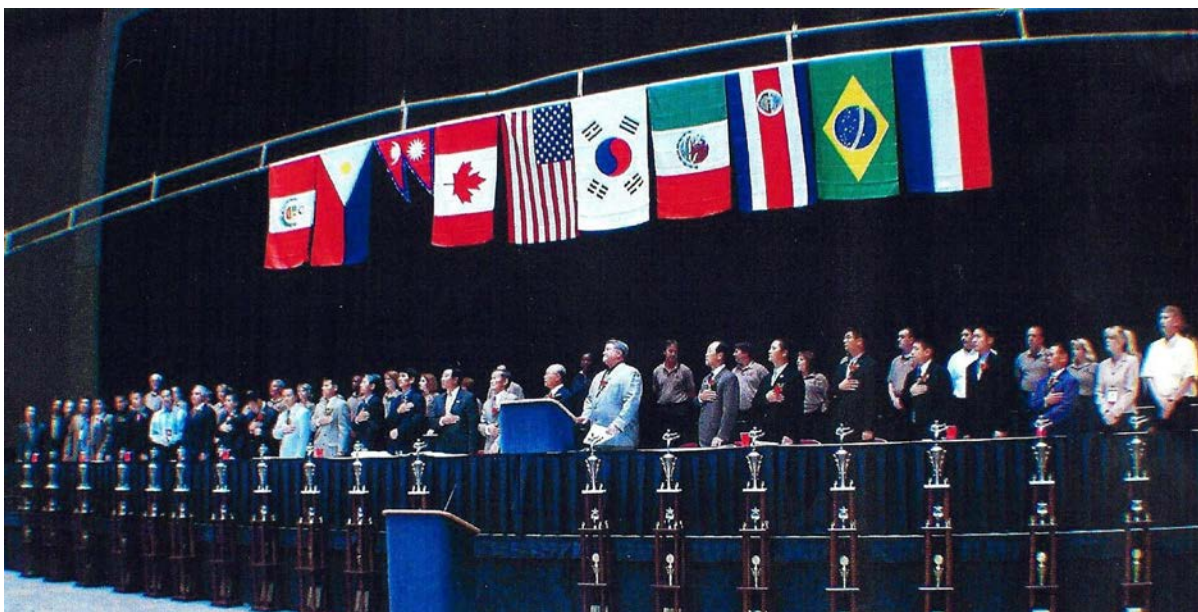


## ***Fort Worth International Taekwondo Hanmadang Championship History***

Grandmaster Won Chik Park, founder and tournament director, created this championship in October 1981. The early tournaments were held at Texas Christian University (TCU) in Fort Worth, Texas. Each year, the tournament has experienced tremendous growth in its support and number of competitors. This growth made it necessary to move the tournament to the Fort Worth Convention Center in 1986 and has been held there each year since.

In 1997, the tournament's name was officially changed from the Fort Worth Invitational to the Fort Worth International Taekwondo Championships. Modifying the tournament to an international event has given the champions valuable international experience and exposure. As word of this change made its way around the national and international communities, the event has drawn ever-increasing numbers of participating nations, making Fort Worth a great Taekwondo city and the United States a leader in martial arts interest and championship tournament participation.

What has remained consistent is the same work and dedication that goes into the planning and production of this tournament each year, making it one of the largest Taekwondo championships in the United States, and a significant one internationally. The tournament is recognized by World Taekwondo and supported by Texas State Taekwondo Association.





## 2019

# 39th Annual Fort Worth International Taekwondo Championships

Greetings to all participants:

It is with great pleasure that I welcome you to participate and celebrate the 39th Anniversary of the Fort Worth, International Taekwondo Championships. For 39 years, this tournament has striven to provide a premiere environment to showcase the competitive achievement, skills and dedication of our martial artists from around the United States of America.

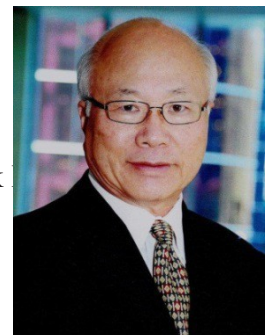
This event would not have been possible without the many hard-working people who sacrificially have given their time and energy. The dedication of our Competitors, Masters, Instructors, Referees, Coaches, Families and numerous Volunteers have continued to raise the quality level of this tournament so that it has become recognized throughout the world as one of the best in north America. To all of the many volunteers and sponsors helping to make this tournament so successful – you have my undying gratitude.

It is my hope that our competitors gain an enhanced vision of what is possible both in competition here and in their everyday lives because of the skills developed through Taekwondo. It is my belief that by sharing our skills in Taekwondo, we will assist each other in discovering the true strengths we all possess. To all participants – I wish you all the best of luck and a safe, enjoyable tournament.

Please join me as we look back over the past thirty-nine years and look forward to an even brighter future.

Sincerely,

Grandmaster Won Chik Park Founder and Tournament Director 9th Degree Black



## **NEW THIS YEAR!**

We are excited to announce that we will be using Daedo electronic scoring system for all Black Belts 12 years of age through 32 years of age. Daedo electronic hogus and eHeadgear will be provided for these divisions!

This year's tournament schedule will feature poomsae, board breaking and weapons competition first in the morning. Kyorugi (sparring) competition will commence immediately following these events.

## **FRIDAY - OCTOBER 11, 2019**

*Times and Schedules Subject to Change by Tournament Director*

**Late Registration &** 5:00pm to 9:00pm at Hilton Hotel Downtown Fort Worth

**Black Belt Weigh-in:** 815 Main Street, Fort Worth, TX 76102 • 817-870-2100

Late Registration Fee: \$90 + \$10 Late charge for each event

\* Black belts are encouraged to weigh-in at the hotel during late registration, or they can do so the day of the tournament (see times below).

**Referee Seminar:** 6:00pm to 9:00pm at Hilton Hotel Fort Worth

Seminar registration must be received by October 5, 2019. No Seminar Fee.

## **SATURDAY – OCTOBER 12, 2019**

**7:00-7:45 am:** All referees, medical team, and organizing committee members must attend a meeting in the Official's Meeting room, in the Convention Center. \*Breakfast will be provided\*

**Tournament competition will begin at 8:30am.  
The first call to holding will be at 8:00am.**

**8:30am Poomsae Competition**

**9:30am Weapons and Breaking Competition**

**10:30am Kyorugi (sparring) Competition**

**Please note: A detailed schedule will be published via the website and Facebook one week prior to the event and, again, the day before the event.**

**12:30 – 1:30 pm OPENING CEREMONY & AWARDS**



**The Honorable Betsy Price Mayor of Fort Worth  
will introduce the 2019 Mayor's Cup Award**



For the past 39 years, the Fort Worth International Taekwondo Championships has brought thousands of people — competitors and their families — to Fort Worth each October for a full weekend of competition. In addition to its draw and acclaim as a premier international taekwon- do tournament venue, this annual event has brought a significant economic impact to the City of Fort Worth through local accommodations, restaurants, sight-seeing, retail, and entertainment.

In recognition of the impact and influence of this renowned annual Taekwondo event, as well as several related events that brought the Korean National Taekwondo Demonstration team to Fort Worth, the City of Fort Worth has recognized the Fort Worth International Taekwondo Cham- pionships, and its founder and tournament director, Grandmaster Won Chik Park with proc- lamations including Taekwondo Week in Fort Worth (1995), Key to the City (2003) and Won Chik Park Day (2005). This year, to highlight and express deep appreciation for this long and wonderful relationship between the Fort Worth International Taekwondo Championships and the City of Fort Worth, we welcome Mayor Betsy Price to the tournament's opening ceremonies with a special mayors cup award and celebration of all we have accomplished together through this event, both for taekwondo and for the City of Fort Worth.

## General Information

### **Competitor Entry Fees**

**\$90.00 for 1 Event**

**\$100.00 for 2 Events**

**\$110.00 for 3 Events**

**\$120.00 for 4 Events**

Pre-registration will be accepted until October 5, 2019

The following are available options to pre-register for the tournament.

**Online: [www.tourneygo.com](http://www.tourneygo.com)**

**Email:** Fill out application completely (including waiver) and send to:  
**[ftwinternationaltkd@gmail.com](mailto:ftwinternationaltkd@gmail.com).**

*You MUST include payment information on application to be officially registered*

**Mail:**

Grandmaster Won Chik Park PO Box 121972  
Fort Worth, TX 76121

**Late Registration (any day after October 5) will be accepted. There will be an additional \$10 charge for each event entered.**

On Friday, October 11, 2019, you can register in person at the main lobby of the Hilton Hotel in Downtown Fort Worth from 3:00 pm to 9:00 pm. Late charges will apply.

### **Hotel Accommodations**

The Hilton Hotel Downtown Fort Worth [www.fortworth.hilton.com](http://www.fortworth.hilton.com)  
815 Main Street

Fort Worth, TX 76102 817-870-2100

Special Tournament Room Rate of \$129/night will be available until September 30, 2019.

### **Admission Tickets for all Spectators**

(CASH ONLY - An ATM is located inside the main entrance of the convention center.)

<b>\$13.00</b>	General Admission for all ages - Children under 5 years old get in free
<b>\$10.00</b>	Seniors 65 and over, Military members and First Responders (police, firefighters, paramedics)



## **Parking**

Any available metered parking spots are free on the weekends. Other paid parking lots are all around the convention center.

## **Coaches Passes**

**\$25.00** per pass

*You can mail or email the form to:*

GM Won Chik Park PO Box 121972

Fort Worth, TX 76121 ftwinternational@gmail.com

Schools will receive complimentary passes based on the # of competitors

**10 Competitors**

**One (1) Free Coach Pass**

**11-20 Competitors**

**Two (2) Free Coach Passes**

**(3) Free Coach Passes**

These can be picked up and purchased the day of the tournament at the main area ticket window.

We are again proud to be the Hanmadang Taekwondo Championship. Hanmadang means “All-In- One” offering competitors the opportunity to compete in not only Poomsae and Kyorugi but also in Breaking and Weapons. Divisions and rules for breaking and weapons are included in this program.

## **Competition Rules and Regulations:**

The current USA Taekwondo Rules and Regulations and the modified rules of World Taekwondo (WT) will govern this championship.

### **All competitors must have:**

- A Clean, White WT V-Neck Uniform
- Approved chest guard, headgear, shin-instep guard, forearm guard, protective cup, and mouthpiece.

**All Color Belt competitors, Black Belt competitors 11 years and younger and Black Belt competitors 33 years and over will supply their own chestguard and headgear.**

**Daedo electronic hogus and headgear will be provided for Black Belt competitors 12 years through 32 years.**

Medals will be awarded in all divisions for all events - Poomsae, Kyorugi, Breaking and Weapons: **1st, 2nd, and two 3rd place**

### **Special Awards will be given to:**

- Top 20 Schools with the most competitors
- Best 2 Referees of the Tournament



# COMPETITOR ENTRY FORM

Pre-Registration is Mandatory for all competitors

You can register by:

Sending completed application and payment to:

GM Won Chik Park  
PO Box 121972  
Fort Worth, TX 76121

OR

Registering online: [www.tourneygo.com](http://www.tourneygo.com)

## PRE-REGISTRATION FEE FOR:

1 Event - \$90.00

2 Events - \$100.00

3 Events - \$110.00

4 Events - \$120.00

Payment must be received by mail or online by October 5, 2019.

Please make checks payable to Grandmaster Won Chik Park.

**FEES ARE NON-REFUNDABLE AND NON-TRANSFERABLE.**

After October 5, 2019, there will be a \$10 late for each event registered. Late Registration will be accepted online ([www.tourneygo.com](http://www.tourneygo.com)) or in person on Friday, October 11, 2019 at the Hilton Hotel – Downtown Fort Worth. Please see website for details.

## COMPETITOR AND MARTIAL ARTS SCHOOL INFORMATION (PLEASE PRINT OR TYPE ALL INFORMATION)

First Name		Middle Initial	Last Name	
Street Address	Apt #	City	State	Zip Code
Home #	Cell #	Email Address		
Martial Arts School Name		Master/Instructor's Name		
School's Address	City	State	Zip Code	
School's Phone # School's Website				

## DIVISION INFORMATION (must be filled out completely for correct division placement)

Circle one –	Male	Female	Date of Birth (Month/Day/Year)	Age			
Belt (circle)	White	Orange	Yellow	Green	Blue	Red	Black Belt Dan Rank
Events you are entering – Check all that apply							
Poomsae	Kyorugi	Breaking	Weapons				

## PAYMENT INFORMATION (completed if mailing entry form)

Type (Circle)	Visa	Master Card	Check	Money Order	Total Amount Paid
Credit Card 16 Digit #					Expiration Date (MM/YY)
Name on Card					CVV Code
Billing Address (if different than above)					

Participant's Signature

Parent/Guardian's Signature (if under 18)

This form must be completed, signed and submitted along with a signed liability waiver and payment in order to participate. If participant is under 18, then a parent or guardian must complete both forms.

# 2019 Fort Worth International Taekwondo Hanmadang Championships

## WAIVER AND RELEASE OF LIABILITY, ASSUMPTION OF RISK AND PARENTAL CONSENT AND INDEMNITY AGREEMENT

### PLEASE READ AND SIGN THIS LIABILITY WAIVER

I understand that Taekwondo is a body-contact sport. I understand that nature of the 38th Annual Fort Worth International Taekwondo Championships activities and believe that my experience 38th capabilities, and/or that of my minor child, qualify me and/or my minor child to participate in this athletic event. I understand that the 39th Annual Fort Worth International Taekwondo Championships activities involve risks and dangers of serious bodily injury, including, but not limited to, permanent disability, paralysis and death. These risks and dangers may be caused by me and/or my minor child's own actions, or inactions, and/or the actions or inactions of others participating in or attending this athletic event.

Furthermore, I understand that Junior Competition Safety rules provide that for all Age Group 6-11 Years Old competitors, head and/or face contact is prohibited for Age Group 12-13 Year-old Black Belt competitors, head and/or face contact is limited to light contact only. I believe that my minor child's experience and capabilities qualify my minor child to participate and compete in this event.

In further consideration, I hereby, for myself, my minor child, my heirs, executors, and administrators forever irrevocably and unconditionally grant to Won Chik Park, 39th Annual Fort Worth International Taekwondo Championships, their successors and assignees, the right to record, print or publish my picture, likeness and/

or voice on film, video and/or in any printed form, including, but not limited to books and/or magazines, to edit such film, video and/or printed material at their discretion, and to use and/or authorize the use of such film video and/or printed material, or any portion thereof, in any manner or in any media at any time in perpetuity and to use my name, likeness, voice and biographical and other data concerning me or my minor child in connection therewith, including, but not limited to promotion in all forms of media. I do hereby release and hold harmless any and all right and claims, demands, and causes of action or loss, of whatever kind, and whether directly or indirectly, present or future, for damages which I or my minor child may have or may accrue to me or my minor child against Won Chik Park, 39th Annual Fort Worth International Taekwondo Championships, and any other person or entity using said film or video and/or other material.

I have read this agreement, fully understand its terms, understand that I and my minor child have given up substantial rights by signing this agreement and have signed this agreement freely and without any inducement or assurance of any nature and intend this agreement to be a complete and unconditional release of any and all liability to the greatest extent allowed by law and agree that if any portion of this agreement is held to be invalid, that the rest of the agreement, notwithstanding, shall continue in full force and effect.

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Participant's Signature (must sign)

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Participant's Age

---

Date

---

Participant's Printed Name

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Parent/Guardian's Signature (must sign if participant under 18)

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Parent/Guardian's Printed Name

# COACH REGISTRATION FORM

**Complete and return with payment  
by October 5, 2019:**

**Mail:**

**Grandmaster Won Chik Park  
PO Box 121972  
Fort Worth, TX 76121**

**Email:** ftwinternationaltkd@gmail.com

Each School will receive complimentary passes based on the # of competitors that are entered in the tournament:

<b>10 Competitors</b>	<b>1 Free Pass</b>
<b>11-20 Competitors</b>	<b>2 Free Passes</b>
<b>21 or more</b>	<b>3 Free Passes</b>

All passes will be distributed at the door the day of the tournament.

**THE COACHES FEE IS NON-REFUNDABLE AND NON-TRANSFERABLE**

First Name	Middle Initial	Last Name
Street Address	City	State Zip Code
Home #	Cell #	Email Address
Martial Arts School Name	Website	
Instructor's Name	School's Phone #	

## **PAYMENT INFORMATION (must be filled out if mailing or emailing)**

Type (Circle) Visa   Master Card   Check   Money Order   Total Amount Paid \_\_\_\_\_

Credit Card 16 Digit # \_\_\_\_\_ Expiration Date (MM/YY) \_\_\_\_/\_\_\_\_

Name on Card \_\_\_\_\_ CVV Code \_\_\_\_\_

Billing Address (if different than above) \_\_\_\_\_

## **Liability Waiver**

In consideration of your acceptance of my registration, I do hereby, for myself, my heirs, executors and administrators waive, release and forever discharge any and all rights and claims for damages which I may have, or which may accrue to me against Park Taekwondo, the Fort Worth International Championship organizing committee, and all members of the championship, or their respective officers, agents, representatives, successors, and/or assigns, and against any competitor for any and all damages which may be sustained by me in connections with my association with or entry into the above athletic meet, and in connections with any medical services I may be provided in connection with such injury or illness. I understand that the competition rules are based on the rules of the WTF; I agree to all the tournament competition rules and understand that if I do not follow these rules, I knowingly forfeit all applicable registration fees. I further understand that any pictures taken of me in connection with the said Taekwondo Championship may be used by the Tournament Director for publicity or promotion with compensation. I hereby agree to all the terms and conditions of the liability waiver above.

**Signature of Applicant (Parent/Guardian if under 18)**

**Date**

# REFEREE APPLICATION

**Send completed applications:**

Email: ftwinternationaltkd@gmail.com

Or Mail:

Grandmaster Won Chik Park

PO Box 121972

Fort Worth, TX 76121

**Applications must be received by October 5, 2019.**

Will you be working:

Half Day \_\_\_\_\_ Full Day \_\_\_\_\_

Referee Shirts will be provided. Please circle size:

**S      M      L      XL      XXL**

Will you be attending the referee seminar?

Yes \_\_\_\_\_ No \_\_\_\_\_

Seminar will be on Friday, October 11, 2019

from 6:00 pm until 9:00 pm at:

The Hilton Hotel Fort Worth

815 Main Street

Fort Worth, TX 76102

Meeting room TBD

Seminar is Free. Pizza will be provided.

First Name

Middle Initial

Last Name

Street Address

State

Zip  
Code

Home Phone

Cell Phone

Email

Date of Birth

Current Age

Please  
Circle**M****F**Martial Arts  
School Name

Website

Instructors  
NameSchool's  
Phone #

Current Rank/Dan

Current Referee Classification and Certification #

***Please note: You must be at least 18 years of age and hold at least a 1st Dan Black Belt to be eligible to referee for the tournament.***

## Liability Waiver

In consideration of your acceptance of my registration, I do hereby, for myself, my heirs, executors and administrators waive, release and forever discharge any and all rights and claims for damages which I may have, or which may accrue to me against Park Taekwondo, the Fort Worth International Championship organizing committee, and all members of the championship, or their

respective officers, agents, representatives, successors, and/or assigns, and against any competitor for any and all damages which may be sustained by me in connections with my association with or entry into the above athletic meet, and in connections with any medical services I may be provided in connection with such injury or illness. I understand that the competition rules are based on the rules

of the WTF; I agree to all the tournament competition rules and understand that if I do not follow these rules, I knowingly forfeit all applicable registration fees. I further understand that any pictures taken of me in connection with the said Taekwondo Championship may be used by the Tournament Director for publicity or promotion with compensation. I hereby agree to all the terms and conditions of the liability waiver above.

Signature

Date



# VOLUNTEER APPLICATION

**Send completed applications by:**

**Email: ftwinternationaltkd@gmail.com**

**Or Mail:**

**Grandmaster Won Chik Park**

**PO Box 121972**

**Fort Worth, TX 76121**

**Applications must be received by October 5, 2019.**

**Will you be working:**

**Half Day \_\_\_\_\_ Full Day \_\_\_\_\_**

Volunteer shirts will be provided. Please circle size:    **S    M    L    XL    XXL**

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First Name

Middle Initial

Last Name

---

Street Address

City

State

Zip Code

---

Home Phone

Cell Phone

Email

---

Date of Birth

Current Age

Please Circle

**M**

**F**

---

Martial Arts School Name

Website

---

Instructors Name

School's Phone #

---

## **Liability Waiver**

In consideration of your acceptance of my registration, I do hereby, for myself, my heirs, executors and administrators waive, release and forever discharge any and all rights and claims for damages which I may have, or which may accrue to me against Park Taekwondo, the Fort Worth International Championship organizing committee, and all members of the championship, or their

respective officers, agents, representatives, successors, and/or assigns, and against any competitor for any and all damages which may be sustained by me in connections with my association with or entry into the above athletic meet, and in connections with any medical services I may be provided in connection with such injury or illness. I understand that the competition rules are based on the rules

of the WTF; I agree to all the tournament competition rules and understand that if I do not follow these rules, I knowingly forfeit all applicable registration fees. I further understand that any pictures taken of me in connection with the said Taekwondo Championship may be used by the Tournament Director for publicity or promotion with compensation. I hereby agree to all the terms and conditions of the liability waiver above.

---

**Signature**

**Date**

## ALL COLOR BELT POOMSAE (FORM) AWARDS

- 1st, 2nd, & TWO 3rd PLACE MEDALS WILL BE AWARDED IN ALL DIVISIONS
- Each division will be divided into groups of 4 competitors
- All Color Belt Poomsae for competition: TaeGeuk Pooms or PalGue Poomse (Black belts see division page for specifics on Poomsae)

## ALL COLOR BELT KYORUGI (SPARRING) AWARDS

- 1st, 2nd, & TWO 3rd PLACE MEDALS WILL BE AWARDED IN ALL DIVISIONS
- Kyorugi competitions immediately following each Poomsae divisions & at same ring
- Protective equipment is mandatory. All competitors must wear approved chest protector, mouthpiece, headgear, shin and instep protectors (white or foam pad) and forearm protector (white or foam pad). Males and females are required to wear a protective cup inside the uniform.
- Daedo electronic scoring will be used for Black Belt competitors 12 years through 32 years. Electronic hogus and headgear will be provided for these divisions.

*Best Wishes  
To All Competitors*



# **Rules for Breaking Events**

## **Based on Official Hanmadang Rule Book**

### **High Jump Kick Event**

Jumping Kick Breaking refers to breaking targets positioned as high as possible.

1. Method of contest: The contestant who breaks the target at the greatest height without penalty shall be declared the winner. 2<sup>nd</sup> and 3<sup>rd</sup> place awards will be given to those who are runner-up in each division.
2. Contest time: 30 seconds
3. Attire: Approved Dobok
4. Technical regulations:
  - a. Equipment assisting in the jump is not allowed. (Jumping off something or someone)
  - b. Running approach is more or less than seven meters.
  - c. The first height is set by the contest regulations; however, the ascending height increments are decided by the Referee.
  - d. Contestants who do not break the target cannot attempt to break the next target height.
  - e. Disqualification penalties will be given to the following acts:
  - f. The contestant's name is different than what is on the Contestants List.
  - g. The contestant touches the ground with her/his hand or falls over.

### **Knife Hand Breaking Event**

Knife Hand breaking technique should be followed as in the Kukkiwon textbook.

1. Method of contest: Contestant who breaks the greatest number of targets without penalty will be declared the winner. 2<sup>nd</sup> and 3<sup>rd</sup> place awards will be given to those who are runner-up. Ranking system (More targets attempted gets higher rank)
2. Contest time: 30 seconds or less
3. Attire: Approved Dobok
4. Compulsory Provisions
  - a. Targets used in breaking events must be those authorized by the Organizing Committee.
  - b. In principle, the Knife Hand and wrist cannot be covered by bandages or any other materials.
  - c. Use of any materials covering the Knife Hand and wrist due to injury must be approved by the Referee.
  - d. Knife Hand breaking must be done with the part between the side of the first knuckle of the little finger and side of the wrist.
  - e. Fingers must be extended straight out from the hand palm area. The tips of all four fingers may be bent at the most distal knuckle.
  - f. Breaking is conducted only once.
5. Technique will be allowed for the following acts:
  - a. Contestants are permitted to lift one foot off of the ground while applying their technique.
6. Warning penalties are given for the following acts:
  - a. Disturbing another contestant's performance
  - b. Disobeying the Referee's instruction
7. Deduction penalties are given for the following acts:
  - a. Touching the ground with any body part other than the foot after breaking.
  - b. Exceeding the contest time: Deduct one point for each ten seconds.
  - c. Undesirable acts
8. Disqualification penalties are given to the following acts:
  - a. The competitor's name is different than what is on the Contestants List.
  - b. Pushing down with the body or breaking twice
  - c. Falling down after breaking
  - d. Use of only the wrist to break.
  - e. Breaking in any dishonest way

# ALL AGES AND ALL RANKS WEAPONS CREATIVE POOMSAE

## DIVISIONS

5 & under	6 & 7	8 & 9	10 & 11	12 & 13	14 & 15	16 & 17
White/Yellow	White/Yellow	White/Yellow	White/Yellow	White/Yellow	White/Yellow	White/Yellow
Green	Green	Green	Green	Green	Green	Green
Blue	Blue	Blue	Blue	Blue	Blue	Blue
Red	Red	Red	Red	Red	Red	Red
		1 <sup>st</sup> Poom Black	1 <sup>st</sup> Poom Black	1 <sup>st</sup> Poom Black	1 <sup>st</sup> Poom Black	1 <sup>st</sup> Dan Black
		2 <sup>nd</sup> Poom	2 <sup>nd</sup> Poom	2 <sup>nd</sup> Poom	2 <sup>nd</sup> Poom	2 <sup>nd</sup> Dan
				3rd Poom	3 <sup>rd</sup> Poom	3 <sup>rd</sup> Dan
18 – 32		33 - 45		46 & up		
White/Yellow	2 <sup>nd</sup> Dan	White/Yellow	2 <sup>nd</sup> Dan	White/Yellow		2 <sup>nd</sup> Dan
Green	3 <sup>rd</sup> Dan	Green	3 <sup>rd</sup> Dan	Green		3 <sup>rd</sup> Dan
Blue	4 <sup>th</sup> Dan	Blue	4 <sup>th</sup> Dan	Blue		4 <sup>th</sup> Dan
Red	5 <sup>th</sup> Dan	Red	5 <sup>th</sup> Dan	Red		5 <sup>th</sup> Dan
1st Dan Black	6 <sup>th</sup> Dan	1st Dan Black	6 <sup>th</sup> Dan	1st Dan Black		6 <sup>th</sup> Dan

## All Kyuk Pa (Breaking) – KNIFE HAND POWER BREAK 14 & UP ONLY

5 & under	6 & 7	8 & 9	10 & 11	12 & 13	14 & 15	16 & 17
White/Yellow	White/Yellow	White/Yellow	White/Yellow	White/Yellow	White/Yellow	White/Yellow
Green	Green	Green	Green	Green	Green	Green
Blue	Blue	Blue	Blue	Blue	Blue	Blue
Red	Red	Red	Red	Red	Red	Red
		1 <sup>st</sup> Poom Black	1 <sup>st</sup> Poom Black	1 <sup>st</sup> Poom Black	1 <sup>st</sup> Poom Black	1 <sup>st</sup> Dan Black
		2 <sup>nd</sup> Poom	2 <sup>nd</sup> Poom	2 <sup>nd</sup> Poom	2 <sup>nd</sup> Poom	2 <sup>nd</sup> Dan
				3rd Poom	3 <sup>rd</sup> Poom	3 <sup>rd</sup> Dan
18 – 32		33 - 45		46 & up		
White/Yellow	2 <sup>nd</sup> Dan	White/Yellow	2 <sup>nd</sup> Dan	White/Yellow		2 <sup>nd</sup> Dan
Green	3 <sup>rd</sup> Dan	Green	3 <sup>rd</sup> Dan	Green		3 <sup>rd</sup> Dan
Blue	4 <sup>th</sup> Dan	Blue	4 <sup>th</sup> Dan	Blue		4 <sup>th</sup> Dan
Red	5 <sup>th</sup> Dan	Red	5 <sup>th</sup> Dan	Red		5 <sup>th</sup> Dan
1st Dan Black	6 <sup>th</sup> Dan	1st Dan Black	6 <sup>th</sup> Dan	1st Dan Black		6 <sup>th</sup> Dan



## **Side Kick and Back turning Kick (Back Kick) Breaking Event**

Kicking technique should be followed as in the Kukkiwon textbook.

1. Method of contest: Ranking system (More breaking gets higher rank.)
2. Contest time: 30 seconds or less
3. Attire: Approved Dobok
4. Compulsory Provisions
5. Technique will be allowed for the following acts:
  - a. Contestants are permitted to lift one foot off of the ground while applying their technique.
  - b. Contestants are permitted to apply their technique using either their front foot or back foot.
6. Warning penalties are given to the following acts:
  - a. Disturbing another contestant's performance
  - b. Disobeying the Referee's instruction
7. Deduction penalties are given to the following acts:
  - a. Touching the ground with any part other than the foot after breaking
  - b. Exceeding the contest time: Deduct one point for each ten seconds.
8. Disqualification penalties are given to the following acts:
  - a. The competitor's name is different than what is on the Contestants List.
  - b. Falling down after breaking
  - c. Breaking in any dishonest way

## **Individual Creative Breaking**

1. Method of contest: Ranking system based on scoring criteria below.
2. Contest time: 60 seconds for preparation and 60 seconds for execution when referee states Shi-jak
3. Attire: Approved Dobok
4. Maximum amount of boards is 10. The minimum is 1.
5. Boards will be provided by tournament committee
6. No alterations are allowed. Such as adding a board fragment.
7. No props may be used
8. Each board may be attempted to break three times.
9. Scoring criteria:
  - a. Every contestant starts with 50 base points
  - b. 10 points for creativity and difficulty
  - c. 10 points for execution
  - d. 10 points for presentation
  - e. 10 points for Taekwondo spirit
10. Deductions
  - a. 1-point penalty for every second exceeding the time limit in either preparation or performance
  - b. 1-point penalty for every attempt after the first
  - c. 1-point penalty for going out of bounds
  - d. 1 point for unsportsmanlike conduct





## Philosophical Principles of Taekwondo

The philosophy of Taekwondo is very special, but what makes it so special? If we learn philosophy from books, we tend to forget it as soon as we leave them, because it is not related to our actual lives. But since Taekwondo is connected with our lives like every movement of ours is, we can never forget its philosophy.

That is the philosophy is one of actions that can be learned from other actions, and our everyday lives. Taekwondo philosophy represents the principles of the changes and movements in human beings. It also represents the principles of our lives, since life consists of our movements. Therefore, we can say Taekwondo is a philosophy in itself. We can understand the philosophy of Taekwondo by doing Taekwondo, and this understanding should lead to better understanding and enhancement of our life.

The principles of Taekwondo can be explained in several ways but here we will explain it simply with the principle of "Sam Jae" [Three Elements] and that of "Eum" [The Negative or Darkness] and "Yang" [The Positive or Brightness]. "Sam Jae" refers to "Cheon" [the Heaven], "Ji" [the Earth] and "In" [the Man] and the principles concerning them. In oriental countries, it has been recognized as the central principle that explains the changes of everything in the world. "Sam Jae" and the changes of "Eum" and "Yang" constitute the "Eight Trigrams for Divination" in the "Book of Changes." The principle of "Sam Jae" has been emphasized in oriental countries, especially in Korea. If you understand Taekwondo's principle, you could understand all the skills and spiritual depth of Taekwondo.

The principle of "Eum" and "Yang" has also been emphasized in oriental countries as the central principle of life. It maintains that everything has an opposite side. This principle explains various forms of changes, but it comes from "Taegeuk" [The Great Absolute], which represents the ultimate claim that "Eum" and "Yang" was the one and the same thing. If we understand Taekwondo according to this principle, we will find a solution, and by continuously changing skills, we will never get stuck, in any situation. After we understand these philosophical principles of Taekwondo, we can find proper ways to understand and develop our lives.





## FORT WORTH INTERNATIONAL HANMADANG TAEKWONDO CHAMPIONSHIPS



OCTOBER 27, 2018





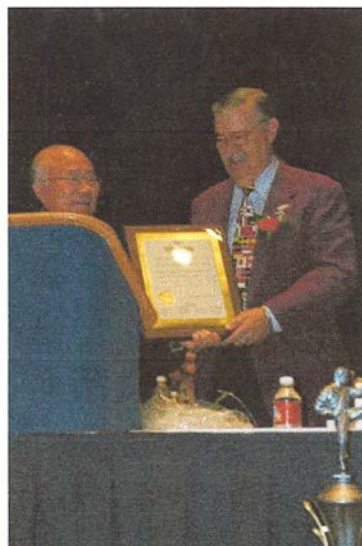
October 15th

## “GRANDMASTER WON CHIK PARK DAY”

### PROCLAMATION by City of Fort Worth

박 원 직 의 날 선포

미국 텍사스주 포트워스시



## About Grandmaster Won Chik Park

Grandmaster Won Chik Park began his Taekwondo training at Ji Do Kwan Pusan Do Jang in 1954 under Grandmaster Hyon Jong Park in Pusan, Korea. He has over 50 years' experience teaching Taekwondo and holds the rank of 9th Degree Black Belt (Dec 15, 1993) by Kukkiwon and World Taekwondo Federation in Seoul, Korea. This is one of highest rankings in the World.

Grandmaster Park founded his own Dojang in Seoul, Korea, 1968, moved to the United States in 1972 to establish a school in Detroit, MI. In 1978, he moved to the Dallas-Fort Worth area to open the dojang that he continues to teach at today.



Grandmaster Park is also the founder of the United States Taekwondo Grandmasters Society, a non-profit organization working to establish the United States Taekwondo Museum and Hall of Fame, among other missions; a facility which will examine and reveal the history of the ancient martial art of Taekwondo, as well as the Korean culture from which it emerged.

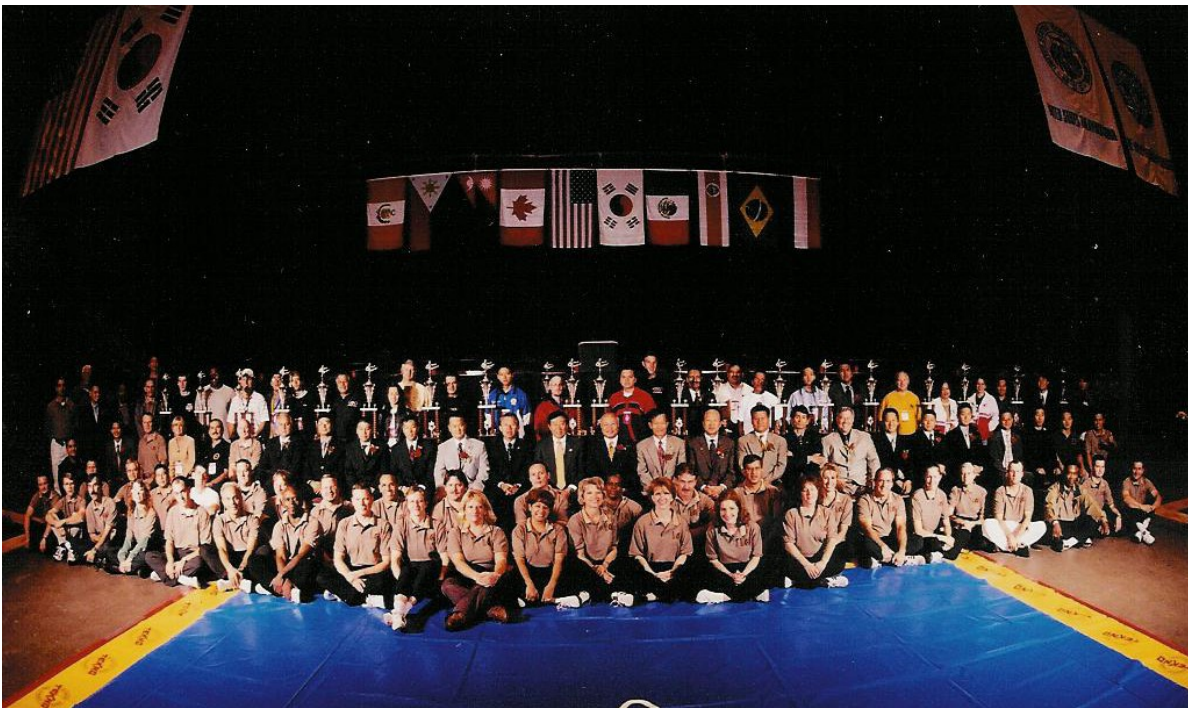
The Dallas-Fort Worth community find us particularly fortunate to have Grandmaster Park, with his vast experience and wisdom, in our midst. He has given his life to Taekwondo and hopes that he leaves a legacy to the art he loves.





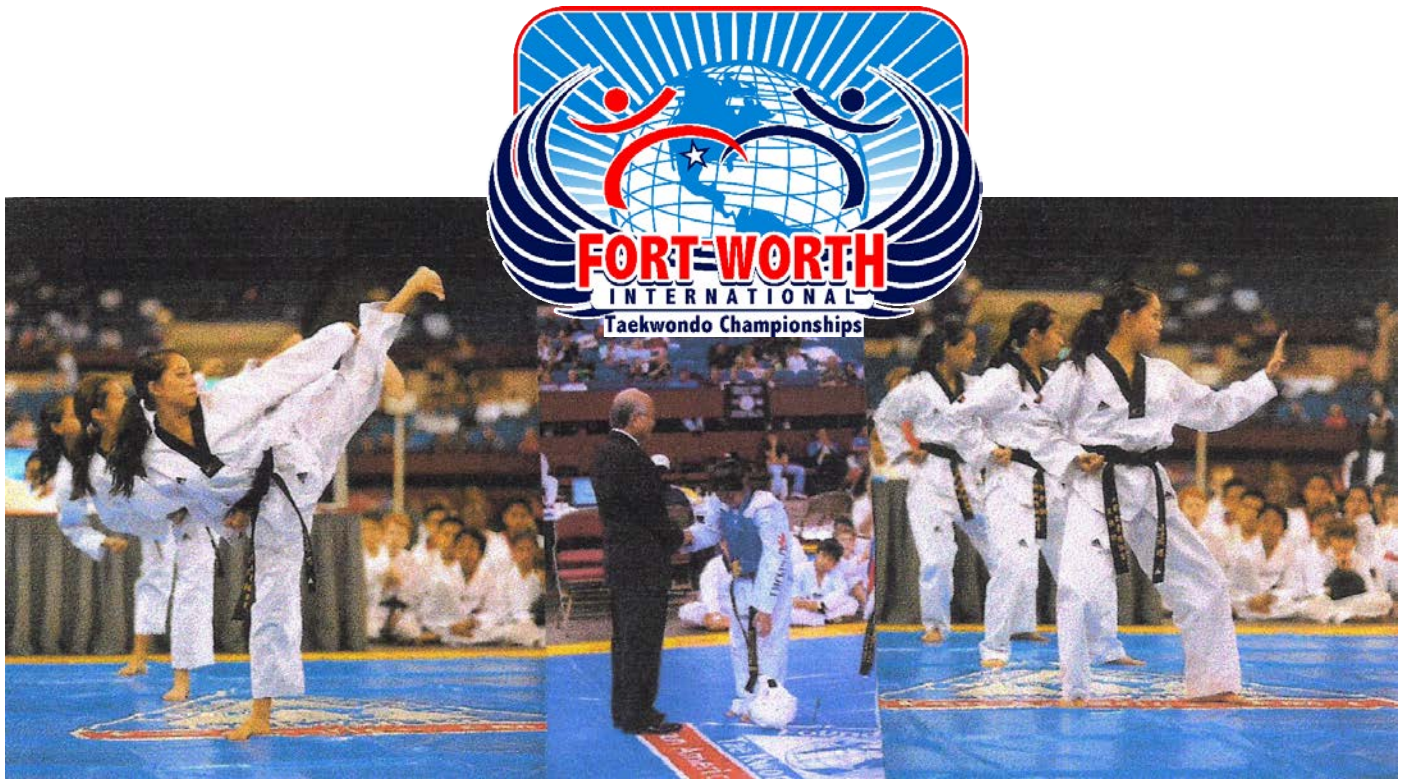


**25th Annual Fort Worth International Championship Opening Ceremony  
2005**

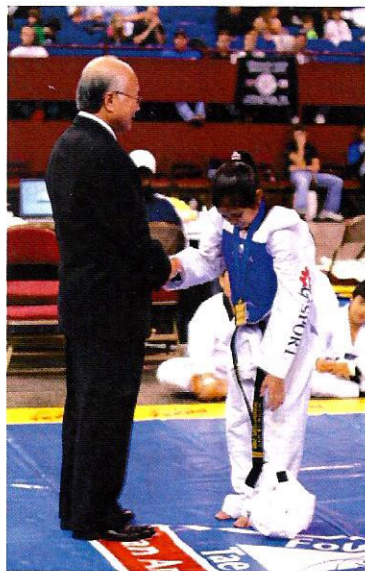
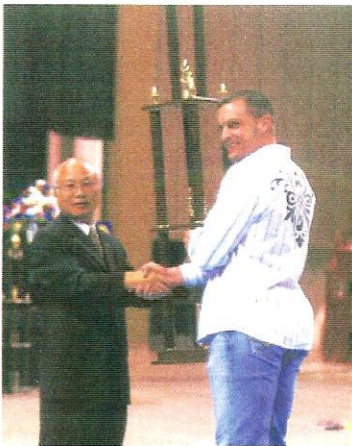
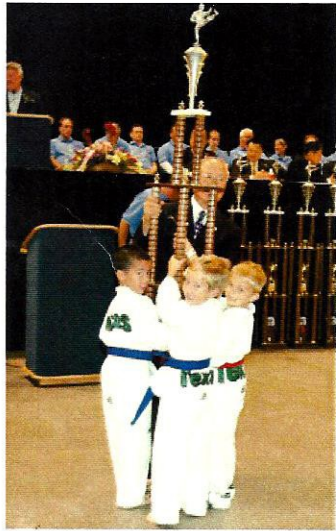


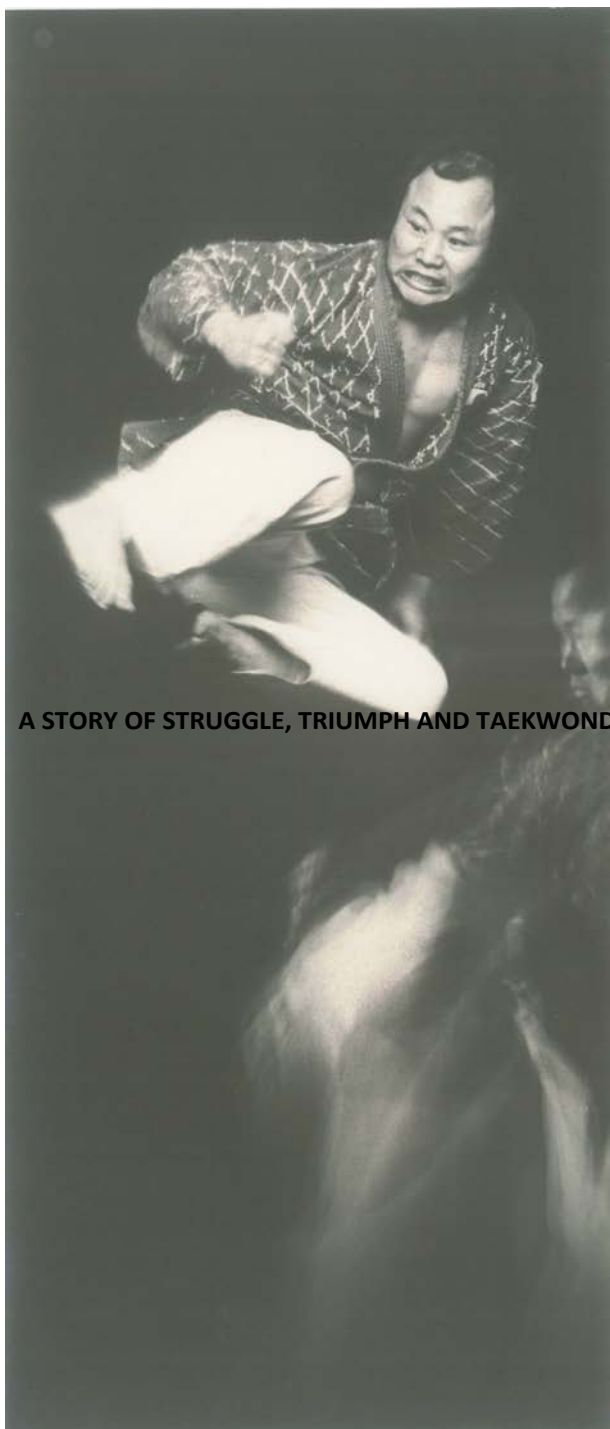
**Opening ceremony of Fort Worth International Championship 2003**



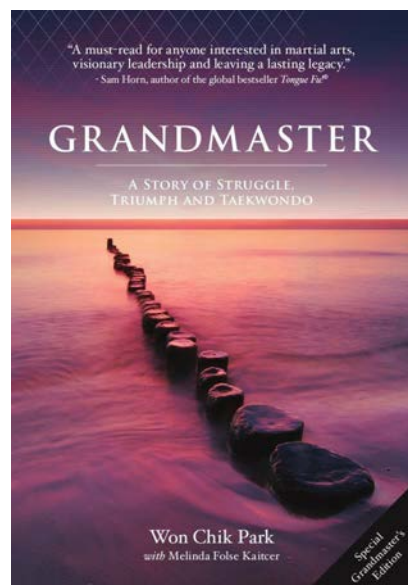








A STORY OF STRUGGLE, TRIUMPH AND TAEKWONDO



## 禮始禮終

*"Enrich your life by respecting yourself  
and having a deep respect for others."*

**GRANDMASTER WON CHIK PARK**  
9th Dan Black Belt  
by Kukkiwon