

Snacks & Drinks

We don't think you'll have seen such a comprehensive range of snacks & drinks available to order online - a great idea to supplement our other buffet selections.

Salty Dog Crisps £0.85

Hand cooked flavoured potato crisps in 5 flavours.

Mini Muffins £0.60

Mini muffins in blueberry or chocolate flavours.

Classic Flowerpot Muffins £1.40

Classic flowerpot - choose from blueberry or double chocolate muffin.

Home Baked Cookies £0.40

Freshly baked cookies in two flavours.

Biscuits Selection £0.40

A selection of quality plain and chocolate biscuits to accompany your meeting.

Individual Fruit £0.60

Whole pieces of fresh fruit. Variety will include banana, red or green apple, satsuma and pear.

Cold Drinks

There's a comprehensive range of drinks, available to order online - a great idea to supplement our other buffet selections. All drinks are served chilled overnight and there's a range of larger sizes (1 and 1½ litre) for groups and smaller sizes (330ml to 500ml) for individuals.

Large Still or Sparkling Water £2.00

Chilled water (1½ litres).

Small Still or Sparkling Water £1.00

Chilled water (500ml).

Juice Orange, Pineapple or Apple £2.25

Recommended between 3/4 people (1 litre carton).

Cans £0.80

Cans of chilled branded fizzy drink (330ml) in a variety of flavours and brands - we'll provide a selection from Coke, Diet Coke, Dr Pepper, RIO and Tango.

Fizzy Bottles £1.20

Bottles of chilled fizzy drink (500ml) in a variety of flavours and brands - we'll provide a selection from Coke, Diet Coke, Fanta and Sprite.

www.trenchers-midlands.co.uk

Hot Drinks

We can bring tea & coffee to your office (subject to minimum requirements, no maximum).

Coffee is served in pump-action flasks, made from the same fine ground coffee we use for all our other coffees - the best quality beans. Tea is served using hot water in pump-action flasks and a supply of Fairtrade Tea bags. You will be supplied with enough paper cups, sugar sachets, milk and tea spoons for your event.

We'll deliver everything piping hot, just before your event and we'll clear everything away as soon as possible after your event. If you need supplies several times during the day we'll be happy to work this out for you.

Coffee or Tea £1.75 per head

Flasks serve up to 10 people. Minimum charge per flask £10.

Biscuits Selection £0.40 per head

A selection of quality plain and chocolate biscuits to accompany your meeting.

Fruit Baskets

Fruit baskets are now available to order from Trenchers. A great way to contribute to your 5 a day recommended intake. Our fruit will arrive fresh, there'll be enough for you and your colleagues to eat in just a few days and then all you need do is re-order.

We currently supply baskets for boardroom tables, reception areas, doctor's surgeries and staff rooms.

We select fruit our selves, direct from Birmingham Wholesale market. We'll choose fruit according to what's available and seasonally suitable, but you can expect to receive a selection from bananas, apples, pears, satsumas, nectarines, plums, grapes and strawberries. If you work in a small team, why not think about putting together to order a small basket on Monday and Wednesday? This may save the trip to the supermarket you already make, or why not ask your boss to pay for a basket - this will help staff morale and improve the health of the team!

Basket Option 1 - 20 pieces for £10.50

Basket Option 2 - 30 pieces for £16.00

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Please visit our website for
Terms and Conditions and FAQs.
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Trenchers

SANDWICHES :: COFFEE :: BUFFETS

Buffet and Catering Menu

"Use us for corporate events and meetings, private parties, weddings, funerals and other family events"

New from
September 2012



"Made the Trenchers way just the way you like it"

Call 0121 439 1138
orders@trenchers-midlands.co.uk
www.trenchers-midlands.co.uk

Breakfast

Wake up and start the day with a range of delicious savoury & sweet breakfasts. From simple but tasty Danish pastries, to our thoroughly mouth watering continental & international breakfasts.

If you prefer something hot, we can deliver HOT bacon, sausage or vegetarian sausage sandwiches or baguettes in “keep-warm” thermal bags. We'll send along knives with red & brown sauce in dip pots - and plates and napkins. There is a minimum order of 10 sandwiches or baguettes.

Manhattan Breakfast

£4.15 per head

Savoury filled bagels and croissants (1 bagel or croissant per person). Assorted muffins and Danish pastries (1 muffin or pastry per person)



Danish

Pastries £1.40 each

A selection of Danish pastries including from chocolate twist, almond croissant, pain au chocolat, cinnamon swirl and apricot & raspberry pastries.

French Breakfast £4.15

Assortment of Danish and French pastries, croissant with butter & preserves. (1½ pastry or croissant per person) Seasonal and tropical fruit platter, cut into bite sized pieces.

Hot Baguette £2.95

each
Hot bacon, sausage or vegetarian sausage served in a freshly baked buttered white baguette.



Hot Sandwich

£2.70 each

Hot bacon, sausage or vegetarian sausage served on buttered white or granary bread.

Combi Platters

Our combi platters give you the ultimate in choice - you can choose how you like your sandwich content and, according to how much you'd like to spend, what additional combination items you'd like to have. Only recently introduced to our range, these have become a really popular choice among our customers.

Combi Traditional £5.15

per head
Choose 2 items to go with your choice of sandwich based options.

Select from
crisps tray
2 savouries
mini muffin
cookie
tropical fruit

You can choose between sandwiches, wraps, baguettes or a combination of all 3.



Combi Premium £5.75

per head
Choose 3 items to go with your choice of sandwich based options.

Select from
packet of crisps
3 savouries
muffin
tray slice cake
tropical fruit

You can choose between sandwiches, wraps, baguettes or a combination of all 3.



Visit our website for full details of our buffet combinations, savoury platters, snacks, desserts and drinks.
www.trenchers-midlands.co.uk

Further add ons, desserts and snacks are available to see on the website

All prices are exclusive of VAT

Packed Lunches

These are a great idea for less formal events or days away from the office. We've included a range of meal combinations to suit your budget.

We use a range of basic fillings that your guests will easily identify and enjoy. There'll be a good variety. If you have specific preferences, please tell us. Otherwise, all we need you to do is select the bread type you would like - white or granary. **Served in individual carrier bags**

Working Packed Lunch £4.30

per head
A sandwich on white/granary bread along with a canned drink (5 varieties) and a packet of crisps (5 varieties).

Executive Packed Lunch £6.10

per head
A sandwich on white/granary bread along with a canned drink (5 varieties), a piece of whole fruit, a wrapped tray slice cake and a packet of crisps (5 varieties).



Healthy Packed Lunch £4.20

per head
A sandwich on white/granary bread along with a piece of fresh whole fruit and a bottle (500ml) of still mineral water.

Executive Healthy Packed Lunch £5.85

per head
A sandwich on white/granary bread along with a canned drink (5 varieties), a piece of whole fruit and strawberry yoghurt pot topped with granola.

Sandwich Platters

You can buy sandwiches from Trenchers on platters in a variety of ways.

Basic Sandwiches one round per person
(4 quarters, sandwich only)

Traditional Sandwich 1½ round per person
(6 quarters, just sandwiches)

Classic Sandwich 1½ rounds per person
(a mix of sandwiches, wraps and baguettes)

Premium sandwiches 1½ rounds per person
(premium fillings on a mix of sandwiches, wraps & baguettes)

	per head	platter to share	add whole fruit per head
Basic	£2.80	£19.50 (serves 7)	60p
Traditional	£3.95	£19.50 (serves 5)	60p
Classic	£3.95	£19.50 (serves 5)	60p
Premium	£4.75	£23.50 (serves 5)	60p

Healthy Option Platter £4.05 per head

Healthy option plain wraps with a range of luxury low fat fillings (no mayonnaise). Served 1½ wraps per person.

Bagel & Baguette Platter £4.50 per head

Freshly baked baguettes and various bagels (1½ item per person), all with premium quality fillings. Meat, fish & vegetarian fillings available.



Buffet Combinations

From our vast experience of bringing lunch to the meeting room table, we've put together a comprehensive range of finger buffets - we think they'll suit just about every occasion. There's a range of price and content for you to select from - if you don't see quite what you're looking for, please talk to us as we are sure we can work out a solution for you. Don't forget to order your snacks and drinks to accompany your finger buffet.

Express Lunch £5.00 per head

Just a variety of sandwiches (1 round per person) with cooked savouries (2 per person) and a platter of tortillas with a salsa dip to share. Simple but completely satisfying!

Special Lunch £5.65 per head

Our classic sandwich platter (1½ rounds per person). Assorted muffins, baked cake slices or other cakes and whole fruit (both 1 item per person).

Working Lunch £5.85 per head

Our classic sandwich platter (1½ rounds per person) combined with tray slice cakes, whole seasonal fruit and assorted packets of crisps.

Training Room £5.95 per head

Our classic sandwich platter (1 round per person). Assorted cooked savouries, home-baked cookies or mini muffins and whole fruit.

Hearty Lunch £7.20 per head

Freshly baked baguettes (1 per person) with a variety of generous fillings, with traditional English savouries (sausage rolls, pork pie and quiche), individual packets of crisps and tray slice cakes.

Boardroom Lunch £7.65 per head

Our classic sandwich platter (1 round per person) combined with luxury savouries & dips, with bite-sized mouthwatering cakes, profiteroles, rounded off with tropical & seasonal fruit wedges & yoghurt dip.

Buffet Combinations

NEW - Chairman's Lunch £9.75 per head

Our premium filling sandwich platter served with a luxury savoury selection (4 per person), British & Continental Cheese Board & Biscuits with pickles & grapes and Individual tropical fruit kebabs.

Deli Lunch £7.70 per head

A true do-it-yourself lunch. Sliced meats (from ham, turkey, beef, salami & corned beef) with sliced cheeses (from Cheddar, Swiss & Brie) accompanied by Ballymaloe relish, cranberry & sweet chilli sauce) served with fresh baked baguettes & mini rolls with butter. Your buffet will come with a large tossed mixed salad, a variety of dressings and tasty slices of quiche. Served with knives & forks.

Executive Lunch £9.65 per head

Our classic sandwich platter served with a smoked salmon platter (with soft cheese served on granary bread), cheeseboard & biscuits with pickles, tropical & seasonal fruit and luxury desserts & chocolate dipping sauce.

Continental £7.65 per head

Filled bagels & wraps (¾ bagel & ½ wrap per person) with luxury fillings accompanied by a savoury selection, mini muffins and fruit kebabs with yoghurt dip.

Healthy Options Combo £6.95 per head

Healthy option Wraps in a variety of plain, spinach & tomato flavours, accompanied by tropical & seasonal fruit with chips, dips & crudites.



Savoury Add-Ons

We've put together a range of savoury platters - order as many or as few as you like, to suit the occasion. You'll see a good range for all types of event. You might like to use these to add to a finger buffet, if you want to treat your guests to something extra, over and above the normal menu.

Crisp Platter - Large & Medium

£6.00 per platter large **£3.00** per platter medium

Plain kettle crisps on a large platter to share (for up to 10 people) or medium platter (for up to 5 people).

Cheese & Biscuits - Large or Medium

£22.45 large **£14.45** medium

Traditional and continental cheeseboard with Ballymaloe relish & pickles, seedless grapes and crackers (large serves up to 20 people, medium serves up to 10 people).

Crudites & Dips Platter **£15.00** large

Selected vegetable crudités with olives, guacamole, salsa and houmous served with tortilla chips (serves up to 10 people).

Mixed Savoury Platter

£20.45 large **£12.45** medium

An ethnic, continental and traditional savoury selection, served with dipping sauce (for up to 10 people on the large and for up to 5 people on the medium). Vegetarian option available

Specialist Savoury Platters

choose from the 5 options below

£12.45 each - suitable for 5 people

English Platter

Your favourite traditional English savoury variety - includes pork pie, sausage rolls, sliced quiche and mini eggs. No vegetarian option is available on this menu.

Oriental Platter

Your favourite Oriental savoury variety - includes duck springs rolls, sesame prawn toast, spring rolls & dim sum selection, served with dipping sauce. No vegetarian option is available on this menu.

Indian Platter

Your favourite traditional Indian selection - includes onion bhaji, vegetable pakora and vegetable samosa, served with dipping sauce.

Meat Sticks & Skewers Platter

A mixed platter of savouries on sticks & skewers - includes vegetable & chicken satay sticks, lamb koftas and chicken sticklers in various flavours, served with dipping sauces.

Pastry Savoury Platter

A tasty combination of filo, puff & shortcrust pastry savouries with a mix of meat, fish & vegetarian fillings.

Sweet Add-Ons

Our range of sweet platters will suit any occasion. You'll see a good range for all types of event. You might like to use these to add to a finger buffet, if you want to treat your guests to something extra, over and above the normal menu.

Tropical & Seasonal Fruit

£22.50 large **£14.50** medium

Carefully selected seasonal and tropical fruit cut into bite sized pieces served with yoghurt dip (large serves up to 20 people, medium serves up to 10 people).

Deluxe Mini Cakes

£13.45 medium

Mini muffins, freshly baked cookies, mini donut, profiteroles and strawberries, served with a chocolate dip (serves up to 5 people).



5-A-Day Fruit Platter

£13.00 large

£6.50 medium

A platter of market fresh fruit to help with your 5-a-day plan. As part of our support for a healthy eating initiative, we'll provide fresh fruit on a wrapped platter for sharing.



Trayslice Selection

£15.00 medium

A mixed platter of tray slice cake pieces from cakes such as shortbread, brownie, caramel shortcake & flapjack. Served as triangles suitable for up to 10 people.

"Made the Trenchers way just the way you like it"



Salad Bowls to share

We've created for you a range of salad bowls to share. These are a great idea to add to one of our other menus - a colourful addition to your event and a really tasty and refreshing selection for your delegates.

Mixed Salad Bowl to share **£17.50**

A generous mixed 160oz salad bowl to share, choose from:

Couscous & chick pea with celery, apple & walnut in a light lime dressing on mixed salad

Cherry tomatoes & mozzarella chunks served with spinach & mixed leaves with a basil pesto dressing.

Sliced avocado, chicken breast and sliced bacon bits served with a balsamic dressing on mixed salad leaves

Goats cheese chunks, roasted mixed vegetables on a bed of wild rocket with parmesan shavings & croutons and an olive oil dressing.

Feta cheese chunks, red onion, croutons & pitted olives served on a bed of mixed salad leaves and a low fat dressing

Mixed Salad Platter **£7.95** large

A simple platter of mixed salad, to accompany any other buffet, served with knives and forks. Would be suitable for up to 10 people. Contains a selection from mixed leaves, cucumber, tomato, mixed peppers, cress and sweetcorn.

Individual Salad Bowls

Salad Bowl **£4.25** each

Individual salad bowls are a good idea for delegates and guests with special dietary requirements. You can talk to us about individual needs and we'll be happy to find a solution to almost every dietary requirement.

Recipe Salad Bowls **£4.25** each

- choose from

Chicken Caesar Tossed Salad

Chicken, Bacon, Croutons & Italian Hard Cheese tossed with Mixed Leaves & Caesar dressing.

Tropical Tossed Salad

Chicken, Sultanas, Orange & Cucumber tossed with Mixed Leaves & low fat dressing.

House Tossed Salad

Olives, Italian Hard Cheese, Cucumber, Semi Sun-dried Tomatoes, Mixed Peppers & Red Onion tossed with Mixed Leaves & low fat dressing.

Greek Tossed Salad

Feta cheese, Olives & Red onion tossed with Mixed Leaves & low fat dressing.

Nicoise Tossed Salad

Tuna, Free Range Eggs, Olives, Pine Nuts & Spring Onions tossed with Mixed Leaves & Trenchers House dressing.